

# The Ark of the New Covenant



**Revelations of Our Lord Jesus Christ  
and the Blessed Virgin Mary**

# **THE ARK OF THE NEW COVENANT**

**Revelations of Our Lord Jesus Christ  
and the Blessed Virgin Mary  
to a laborer of God.**

COCHABAMBA — BOLIVIA  
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***Imprimatur:***  
*Mons. René Fernández Apaza*  
*Archbishop of Cochabamba, Bolivia,*  
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*The following is a translation from the original Imprimatur written in Spanish:*

Arzobispado de Cochabamba Telfs: 042-56562 / 3  
Fax 042-50522  
Casilia 129  
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### **IMPRIMATUR:**

We have read Catalina's books and we are sure that their only objective is to guide us all on a journey of authentic spirituality, founded on the Gospel of Christ. The books likewise highlight the special place occupied by the Blessed Virgin Mary, our role model in loving and following Jesus Christ, our Mother to whom we should offer our complete trust and love.

In renewing the love and devotion to the Holy Catholic Church, the books enlighten us on the actions that should characterize a truly committed Christian.

For all this, I authorize their edition and distribution, and recommend them as texts of meditation and spiritual orientation, with the purpose of answering Our Lord's calling to save many souls, showing them that He is a living God, full of love and mercy.

+ Mons. Rene Fernandez Apaza  
Archbishop of Cochabamba  
April 2, 1998

# Table of Contents

Presentation .....	1
Foreword.....	4
The Messages .....	12
Rest in Me .....	12
I Listen And Bless You .....	13
Abandon Yourselves .....	14
I Am the Daily Bread.....	15
Blessed Are They Who Believe Without Seeing .....	16
Love and Fidelity .....	17
Time of Conversion .....	18
The Church, Kingdom of God .....	18
Abortion.....	19
In Communion with the Saints.....	21
Perseverance.....	22
Confidence in God.....	23
Wear the Scapular.....	23
Consecrate Yourselves to the Holy Spirit.....	25
Satan - Confusion.....	26
Live the Messages.....	27
Consecrate Yourselves! .....	28
Come to Me .....	31
Say Yes to My Love .....	32
Please Be My Army .....	33
Frequent the Sacraments.....	34
I Call All of My Children.....	35
I Announce My return .....	36
Pray with the Heart! .....	37
I Invite You to Seek Holiness .....	38
Remain with the Church.....	39
Lord, I Give You My Country!.....	40
I Only Look for Your Love .....	42
It Is the Hour of Mercy: Pray for Your Country!.....	43
Jesus: Son of the Living God .....	44
Follow the Footprints of Jesus.....	47

Diffuse My Message .....	48
Work for the Father .....	50
Jesus Is the Hope.....	51
Make Reparation.....	52
You Are My Apostles of the “New Covenant” .....	53
Search for the Spirit .....	55
I Give You My Body So You Can Be Holy .....	56
Together with Me, Kiss Jesus Crucified .....	58
You Are Temples of the Holy Trinity .....	58
Be Witnesses of Christ.....	60
I Look for Purity in You.....	61
Accompany Jesus in His Suffering.....	62
I Desire a Holy Lent.....	63
May My Priests Make Sacrifices .....	64
I Call My Priest-Sons .....	65
For My Priests .....	66
For My Priests .....	67
Symbols for Men.....	68
Unite Yourselves with Me in the Eucharist .....	70
Love and Freedom.....	72
Feel the Desire to Pray .....	72
Ask for a Merciful Angel .....	74
Welcome My Cross.....	75
Eucharist .....	75
A Divided Person Cannot Serve Me .....	76
You Have Been Created for Greater Good.....	78
That Your Heart Imitates Mine.....	79
I Look for Pure Hearts.....	80
I Am the Way, the Truth and the Life.....	81
I Humiliated Myself for You .....	83
Live in My Presence .....	83
My Name is Charity .....	84
Look for the Holy Spirit!.....	86
Approach My Cross .....	87
You Find My Consolation in Prayer .....	89
The Beauty of Virtue .....	91

Take Up Your Cross and Follow Me!.....	92
The Sacrament of Penance.....	94
The Sacrament of the Eucharist .....	95
Here is the Sanctuary .....	98
The Church is My Mystical Body .....	100
The Biggest of All Treasures: My Mother .....	102
Clean My Face.....	104
This Country So Divided.....	105
Eternity is Your House.....	107
Keep My Commandments .....	109
Hope .....	112
The Most Blessed Sacrament.....	113
Chastity: Perfect Figure of Heaven .....	114
Consecrate Yourselves to My Service .....	115
Love Me as I Love You! .....	116
I Cry and Bleed for You .....	118
Gratitude: The Noble Feeling of the Soul.....	119
The Holy Mass .....	122
The Eucharist: Contact with Me .....	124
I Am the Bread .....	125
Forgive Them! ... Because They Do Not Know What They Do.....	126
Mercy.....	127
Love Me! ... You Need Nothing More.....	127
Love and Suffering .....	128
I Sustain You .....	128
I Want a Courageous Church.....	129
Sincerity and Purity.....	130
I Want You Alone, Hidden.....	131
Pray and Trust.....	131
Abandon Yourself to Me! .....	132
Let Us Pray to the Father! .....	132
The Days of the World Are Becoming Short.....	133
You Are My Skin .....	135
Act Like Me! .....	137
For Those Priests Who Exchanged the Life.....	138
That Their Virtues Are Not Pretentious Virtues .....	139

My Friendship with You.....	140
My Title is Charity: The Apostolate of the New Covenant .....	143
Eucharistic Union .....	146
I Am Alive in the Eucharist.....	147
The Devotion to My Sacred Heart.....	148
My Mother Is Always with Me.....	153
Go Out to Spread My Love .....	157
Message to the Youth.....	158
How Much I Love You!.....	160
Pray for Those Who Do Not Know Me .....	161
Short Prayer to Be Repeated at Every Communion.....	163
Nurture Yourselves with My Word.....	163
Do Not Refuse My Help .....	164
The Queen of Peace .....	165
Why Does Christ Cry? .....	167
I Invite You to Unite Yourself with Me .....	168
Look at Your King! .....	168
Wounds, Blood and Love .....	169
Personal Messages .....	169
Prayers to the Lord and to the Blessed Mother .....	180

Appendix A: Church Decree Commissioning the Apostolate of the New Evangelization (ANE)

Appendix B: What is the ANE and its Ministries?

Appendix C: Note from the ANE

Appendix D: Help the ANE to Help

Appendix E: Available Books and Videos

# Presentation

We are pleased to present Springs of Mercy II, "The Ark of the Covenant".

The first edition, published [in Spanish] in 1994, under the title "Springs of Mercy", has had a very special reception. We received testimonies from people saying that they had found a true spring of grace upon reading the book. A letter from a Miami reader expressed the feelings of many: "I find peace when I read it." By the same token, we thank God for the numerous testimonials of conversion after the reading of these Messages.

The content of this new volume is fresh, filled with love, a true song of mercy. A priest told us: "I have read the preliminary version of the "Ark of the Covenant" and I have not encountered a single theological or Biblical contradiction".

The messages that we present here have been received by a great number of people that felt motivated to apply them in their daily lives. The significant fruits obtained are proof of the power of the messages that today are seen in terms of conversion, spiritual growth, compromise and a greater bringing together of the knowledge of God and of His Word in the Bible.

We believe that the reader will also benefit by internalizing these messages, because they

bring us closer to the “alive” Christ present in the Eucharist, which is the true presence of Jesus among us.

We pray to our Mother the Blessed Virgin Mary so that it will be so.

Mary Queen of Peace Center  
Cochabamba – Bolivia

## **Dedication: To You...**

To you, who have begun to walk upon the road of faith.

To you, who look for answers in the darkness.

To you, who believe that yours is the right way and do not feel the need for conversion.

To you, who feel sorry for others in this world.

To you, who believe your pain is the most profound.

To you, who suffer the injustice and indifference of mankind.

To you, who fear coming closer because you do not want to abandon the comfort of the present life.

To you, who decided to give to the Lord all the days of your life and have consecrated yourselves.

To you, who looked for truth with patience.

To you, who still wonder: Is Jesus truly present in every consecrated Host?

To you, I want to say that you and I are the value of blood... that Jesus is alive and present in every Tabernacle, waiting for us... As you come closer to Him, listen to His words and rejoice in them.

*Catalina*



“God listens to us when nothing responds to us. He is with us when we feel alone. He calls us when He withdraws from us.”

**St. Augustine**



## Foreword

One bright morning on June 25, 1994, I visited the city of Cochabamba to interview a married woman with two children. Many people already knew her exceptional story. A priest was the first person to tell me about her. Later, hundreds of people were moved when they read her writings.

What is so special about this person? Nothing apparently, but there is something special in the content of her assertions. She says that she “receives messages from Jesus, the Son of the Living God, and from Mary, His Mother” ...

Two years ago such a statement surely would have provoked in me a clinical position regarding a casual psychopathologic manifestation. But that did not seem the case in this instance.

I meet with Catalina. Her face is agreeable with an expressive look; her conduct is spontaneous and warm, and she does not show the signs of neurosis or hysteria typical in individuals looking for notoriety. She had shown such signs in the past, and for that reason many resist believing that she has “mystical experiences.”

She indicates that she was an occasional Catholic, but never a committed member. She tells me that in the last few years she recognized the importance of an interior and spiritual life, but great was her surprise on September 8, 1993, as she was painting roses on a blanket and thinking of a trip that she wanted to take with her mother, when all of a sudden she felt that her heartbeat began to accelerate and she had the impression of hearing a woman’s sweet voice that said to her:

*“Do not worry, My daughter, you are giving her the best trip of her life” ...*

Spontaneously she asked: What trip?... She heard again:

*“You are bringing her nearer to the Lord, My daughter.”*

Catalina continues her narrative with vehemence: “I got scared, stopped painting, I did not know what was happening. It was like a voice entered in my chest and at the same time the voice would be coming from inside me...” I went back to my painting and again I heard that sweet voice say:

*“The blanket came out beautiful, but you painted the drops the opposite way...”*

She affirms that when observing her work she recognized that some drops from the painting were reversed... and she got really scared because the voice that she thought she had heard was making note of something concrete and real, a fact that she had not notice while painting. She got scared, stopped painting and again she heard:

*“Do not fear; we will be together many days... you will go to the hospital but you will not be alone... My maternal love will accompany you always.”*

According to Catalina, the room was flooded with an intense smell of roses. The maid and another person who entered the room recognized the same perfume. She thought that it all was an illusion, particularly when she thought: “What am I going to do at the hospital if I am healthy...!”

But on the 14th she began to suffer minor outbursts of coughing and on the 15th she was admitted in the hospital with pneumonia.

The appointment is fulfilled, and she again “hears” a woman’s voice:

*“My daughter, here I am. Just the two of us will stay some days in union with My Son; we will pray together; you will see how many unite with our prayers. What a pleasure that they have left us far from everything! Right? Let us began the Chaplet of Divine Mercy.”*

At that moment, she emerges from her state of confusion to ask:

“Is it You Virgin Mary?”, Who responds:

*“Humbly, in the presence of the Father, the Son and the Holy Spirit, I bless you. Your faith and the devotion that you propagate about the Miraculous Medal have allowed My Son to let these conversations be frequent between us... Pray that I am with you...!”* The room filled with the scent of roses that some of the nurses sensed and were amazed since there was not one flower in the room to justify the fact.

She related that on November 20, 1993, she finished praying and felt a terrible pain in her chest, “... as if something was going to break inside of me. I began to cry and immediately I felt a beautiful presence. I thought that it was the Mother and I prepared to write, when I heard a different voice of a male:

*“Do not reject each other...”*

*“Oh my God, who is this, I asked.”*

*“Do not be afraid! Pray the Our Father; I will accompany you!”*

She relates that they prayed together, in a very special way, with intervals longer than the usual. “I dared to ask, because I was sure that I was talking with someone:

*“What do you want from me, Lord?”*

*“That you love Me; that you prepare for the coming of many messages; that you change your life and be an example... I welcomed all, without rejecting what appears to be unpleasant. I alone know; be patient, take My example and the serenity of My Mother which I have given to you.”*

Catalina finishes saying the pain that she felt passed gradually, while her face was awashed with tears...

The story is impressive. She did not appear to be a person close to mythomania, nor was there any recognizable motive to resort to such an inquiry. She is happy with her husband; she had a discrete social life and she has a serene and tranquil life. Should she be considered a “thematic” mystic of the twentieth century?

The experience that she claims to have is known as an “interior locution”, common in certain mystics who claim to hear a voice inside them. People like Nancy Fowler in the United States, Patricia Talbot in Ecuador and Father Steffano Gobbi in Italy, to mention the more representative, who affirm that they have similar experiences. They listen to a voice that dictates topics or messages to be written.

Sciences should help identify if they are thoughts that emanate from the person herself or peculiar psychological states. The verbal content of the messages is so noteworthy that it is very difficult to relate it with the creativity of the person in question. Many “dictations” are prophetic and they are regularly fulfilled. Their bodies have neurological, physical and psychological variations which science registers but cannot explain with present-day knowledge. During these locutions their gaze, sensations, weight, even the energy concentration of the room change, a fact related with the presence of a person

who speaks but who cannot be seen. The study of Patricia Talbot showed that during prayer the electrical activity of her body changed according to the function of the words that were spoken, particularly when the names of Jesus or Mary were pronounced and there were signs of changes in the energy content of the room.

Since June 1992, I have studied dozens of cases like these in different countries of the world, making available to the international scientific world and to the authorities of the Church the results of the investigations that I conducted together with colleagues from multidisciplinary professions from the International Group for Peace with headquarters in New Orleans (U.S.A.) and offices in different continents.

The investigations that we carry out must rule out the possible neurological, physical and physiological pathologies, particularly psychotic and epileptic mental states. I conducted preliminary studies to evaluate if the team of nuclear physicists, neurologists and psychologists should intervene in a successive phase, as we did in cases of worldwide importance.

The interview with Catalina was an open and sincere dialog where the psychological data, besides showing the normality of her functions, did not demonstrate any special highlights. I should clarify to the reader, that when the mystics “live” an experience that is “supernatural” for them (“extraordinary” for the scientist), it sometimes happens that the [monitoring device] does not register the brains usual activity. For example, delta waves can appear (which is impossible in a person who is awake and active and who interacts with the specialist), or even the typical electrical signals of the peripheral electrical flow can

disappear or diminish in intensity to levels so low that are inexplicable for science.

On this occasion the normal results did not experience any modification at prayer time. During the interview, she did not have these locutions and that is the reason why we could not register energy variations in the environment like we obtained in locutions of seers recognized by science as authentic, in Medjugorje, Conyers, Cuenca and other places.

The analysis of the messages did not show contradictions or plagiarism. Instead they showed a beautiful literary and spiritual content. Neither did the [scientific] instruments used show any data that attracted our attention in a special way.

For the scientist, the subjective opinion of evaluating an event as good or bad is not a sufficient criteria for conclusive judgment, be it a message or a spiritual attitude. In these cases, the investigation “should record extraordinary events that are repeated, are measurable, and are seen over and over again by different observers.”

The conclusion of the first study of Catalina had the following content:

1. “The physiological state of the interviewee confirms the normality of the functions.
2. The psychological aspect reveals neither behavioral nor psychic pathologies. Thus we can say that she is a well-adapted person.
3. The analysis of the alleged messages dictated by nobility reflects that they invite love and conversion, but they are not enough to stimulate a conclusive response in a group of scientists whose area of expertise is technical and

instrumental, leaving the conceptual labor to the hierarchy of the Catholic Church and to the theologians.

4. The tests with electrical instruments, including sensors, electromyography and conductors, did not registered unusual data.

## CONCLUSION:

The data obtained is not sufficient to confirm or to deny the alleged dialog with the supernatural.

Given the mental health of the person, her good intentions, honesty and prestige, as well as her conversion towards greater spiritual values, which translate into an exemplary life, UNTIL FURTHER OBSERVABLE AND DEMONSTRABLE RESULTS ARE OBTAINED, we only can conclude that the lady has INSPIRATIONS of great spiritual content as could happen to any other person who is interested in this superior dimension.

While it is very clear that no one doubts the sincerity of Catalina, the simple fact is that on this occasion we did not obtained the required technical results.

Nevertheless, we know that, given the number of similar cases studied, that if this case should expand as a public and scientific reality, the phenomenon will be repeated in the future, providing the necessary proof.

In the passage of time, the investigations into this area were enlarged, providing more cases, including in May 1995 when I was able to study a religious nun with experiences in the very center of Catholicism: Rome.

In February of the same year, an image of the Virgin of Medjugorje (Queen of Peace) had effusions of blood in Civitavecchia (Italy) which the local Bishop, Mons. Grillo,

confirmed. The German press, so skeptic and distant to similar news, disclosed cases of bloody images in Saarbrücken. The same thing occurred in other countries such as Argentina, Ecuador, Korea, Italy, etc.

In Cochabamba a bust of Christ began to bleed on March 9, 1995. Together with the “International Group for Peace” team, we demonstrated that the blood was authentic and contained strands of human genes. The final report was well received by Archbishop, Mons. Rene Fernandez and the Commission of Study which he created, and he authorized the veneration of the image on September 30, 1995.

Catalina lives for God; she is a member of a very active prayer group. Several priests have come close to her; they believe in her messages; they follow them and spread them with love and respect, avoiding all speculation and sensationalism. It is another extraordinary experience that happens in this city, where Christ weeps while extending His arms of harmony to the whole country and His Mother receives Her children every August 15<sup>th</sup>.

I ought not to examine anything further; nobody would be interested that more may be investigated about Catalina. Many have observed her exemplary life and they have seen her prophetic words fulfilled... She is there, in the darkness, anonymous... alone with the Lord because He has requested that way for her... He loves simplicity, virtues without spotlights or resounding publicity... She, joining the pains of Jesus with her own, only writes and she does it for you...

Dr. Ricardo Castanón-Gomez  
*Researcher for the “International Group for Peace”*

*Director of the "International Center of Human Studies"  
(La Paz – Bolivia)*

*Cochabamba, August 15<sup>th</sup> , 1996*



## **The Messages**

### **REST IN ME**

**ARK-1a**

9-Oct-94

The Lord

<sup>1)</sup> I call out from My altars, to all who are burdened and tired, in order that they may come to Me so I can give them rest. Here, I again sacrifice Myself to the Father for you. I feed you with My Body. I work an infinite amount of wonders to manifest Myself in order that you can receive Me. Must I do all this in vain?

<sup>2)</sup> My design is to remedy your hurts, fill you with My treasures: My Blood will reconcile you with the Father and will obtain the pardon for your sins. My Body will cure you of all your illnesses and spiritual weaknesses. It will convey to you His Holiness, which will be a river of grace, of light, of love and of strength. It will serve you as a shield and defense against your enemies. And it will happily take you to the port of salvation.

**ARK-1b**

10-Oct-94

The Lord

<sup>1)</sup> A little while ago, I told you that you should be more careful with those who display special gifts because that is an insult to My humility. You must learn to look after yourself, to discern, to study My Words.

**ARK-1c**

13-Oct-94  
Conyers, Georgia – USA

The Blessed  
Mother

1) Little one, I too love you. Here, in front of My Son, I feel content because of your effort... Each rose that forms the crown that surrounds My head represents each one of you...

2) Return to the place where you were, I will be very close to you, at every moment experience Me this way. Thank My children for the sacrifice that will be rewarded. The Lord has heard your petitions. All your objects will be blessed. Take care of all the pictures you take. Protect yourselves, for they are continuously setting a trap for you because you are Mine...

### **I LISTEN AND BLESS YOU**

**ARK-2**

14-Oct-94  
Conyers, Georgia – USA

The Blessed  
Mother

1) *(In the bus at our return.)*

2) All your supplications have been attended to, by My Son... All of you are taking a special blessing... Transmit it to all people, repeating each one's name: "I transmit the blessing of the Virgin Mary!" And then make the sign of the cross on their forehead. Even at a distance, having the picture of the person in your mind and repeating their name, *you will give My special blessing.*

3) They will no longer see Me in this place, they did not listened to My messages... Pray, little Children, multiply the prayer groups. There is almost no time left and there is much work... I will manifest Myself in a very special way among you. I love you very much...

4) *(I wonder if all the things in Conyers are really true)*

5) You will be able to tell the truth from the false, when the fruits come. He who does not have the truth, will be destroyed. I will demonstrate this to you. The truth will grow and will show good fruits: spiritual growth, greater numbers of people, truthfulness. What is not clear, will fall apart; do not allow yourselves to be confused.

6) (*How will I know what is true or not?*)

7) Do you have need to search for other signs, other things? Do not look for more refuges. Why do you want to force Me to be silent with you? Read My messages, study them in depth; do not live searching for other things. All that you have in your hands was made for you...

8) I have chosen you, one by one. Do not allow the cunning of the enemy to destroy, with pretty words, this work of My love... Trust Me, pray for yourselves and for your families who are being attacked. Dedicate more time to them... I bless you.

### ABANDON YOURSELVES

**ARK-3**

15-Oct-94

The Blessed

Orlando, Florida – USA

Mother

1) I will be with you and each one will feel My presence. Jesus is the great victor, have confidence. You will see the triumph of My Immaculate Heart.

2) Do not allow the oil of your lamps to run out, because you have no idea how near is the new era, the reign of the Sacred Heart.

3) Listen to My pleas and do all that My Son tells you. Free yourselves of the world and be like children, totally abandoned to God. This is the only thing that will serve as refuge in the terrible times that draw near.

4) Proclaim Jesus as King of all times and pray, pray children.

## I AM THE DAILY BREAD

**ARK-4**

20-Oct-94

The Lord

1) In any place that there is a body, the eagles return and gather there to sustain themselves. If I am a mystic eagle by the elevation of My desires and generosity, all of you by your spirits and love should fly towards My body and always be near Me, to feed of My Body and My Blood...

2) What a shame to see men so hungry of corruptible delicacies that can only cause them brutal and sensual pleasures, that can only prolong a life full of afflictions and miseries! What pain to see them at the same time so far away from the only incorruptible food that procures for them an immortal and blessed life.

3) The carnal man sighs without ceasing for those totally terrestrial foods, till he lives only for the brutal pleasure that he finds in feeding upon them.

4) I desire that you keep Me in your breasts and your hearts. Why do you close your doors to Me and deny Me entry into your homes, without fear of declaring yourselves My enemies and being worthy of excluding yourselves forever from My celestial home...?

5) The religious zeal that brings you near the Mystery of Communion, glorifies the Holy Trinity, honors Me, rejoices the angels and saints, alleviates the souls in Purgatory, attracts new graces to the Church, and acquires new graces for you. Why, for such a vain pretext, do you want to detain the flow of all this goodness?

6) If you find yourselves unworthy, can you not cover yourselves with the mandate that I have given you, of presenting yourselves as imperfect as you are: "He has commanded us; to us is left but to obey".

7) Among the Romans, the title of Consul gave much glory. Nonetheless, to be named Consul twice did not add power or glory. One of you who has taken Communion twice in Christian grace, will exceed in glory in Heaven the one who would have taken Communion but once. Do you not want to seek glory here?

### **BLESSED ARE THEY WHO BELIEVE WITHOUT SEEING**

**ARK-5**

22-Oct-94

The Blessed Mother

San Jose, Costa Rica

1) Why are you always seeking signs in pictures? Did I not tell you to be careful with them? Little children, can you not feel My presence in each instance of your lives?

2) *(Forgive me My Mother, it is not lack of faith, it is love, the necessity of You)*

3) I know and I have always allowed there to be a small sign for all of you. Nonetheless, you must not be disillusioned when you are not able to see something out of the ordinary... You have the immense joy of loving the Rosary, of finding Me in it... I recite it together with you, with each of My children... You have the gift of counting yourselves among My most beloved children. You have the reward of My permanent intervention in your favor. Take many pictures but do not be like those that only go to the prayer sites in order to obtain photos. Blessed are they who believe without seeing! Have I not given true signs that I am near you?

4) Personal: At the conference, speak of a way to dress which should distinguish all the Marian Groups. It is time that you put aside fashion, which only serves to foment the spirit of vanity. Live with more humility, dress more modestly... I am your Mother, I ask of you a special consecration to My Immaculate Heart, fasting and sacrifices. Please ask the Lord that He soon grant the triumph of My Immaculate Heart. This is the way to save the world. Help Me in this Conference, little children.

5) The water that you drank from the well, was it not a sign? Very soon you shall be witnesses of extra ordinary things. Wait in prayer.

6) Get together tonight for the Rosary. I too love all of you very much. Gather more water and give it to the sick...

### LOVE AND FIDELITY

**ARK-6**

23-Oct-94

The Lord

San Jose, Costa Rica

1) (During the Marian Centers Encounter)

2) In the small kingdom of each of your hearts that My enemies have plundered, can be seen only the miserable remains of fires, ruins and solitude.

3) When requested to help, My love has built trophies over their ruins. I have dissipated the efforts of our adversaries to reign in your hearts, in your intellects, in your senses.

4) I want to make My glory and magnificence shine in you. I want to publish My laws in your kingdoms. My laws are: love, obedience, humility, patience... I ask of you, fidelity and the tribute of your thoughts, desires and actions. My most beloved children, abandon yourselves in Me.

## TIME OF CONVERSION

**ARK-7**

24-Oct-94

The Blessed Mother

<sup>1)</sup> This is still the time that the Lord has granted to men for their conversion and repentance. In order to save you, Jesus immolated Himself as a victim of love.

<sup>2)</sup> Love your brothers in the heart of My Son. Be the living Gospel. I am among you to gather a bit of compassion and love, something that will alleviate the Lord's great thirst.

<sup>3)</sup> Your Centers are Cenacles, where the Apostles of the End Times dwell. You are the most brilliant stars of My crown.

### THE SAME DAY

<sup>4)</sup> With the strength of your prayers, intercede to alleviate that which awaits you in the time of trial.

<sup>5)</sup> Live My same spirit, with disdain of the world, in poverty, in silence, in continual prayer, in charity... I am pouring out extraordinary graces over you, as a rain of hope in the desert of the end times. I have cultivated you as My finest roses, hidden and silent. From today forward, you shall bloom, as the most fragrant and colorful, to announce the new season...

## THE CHURCH, KINGDOM OF GOD

**ARK-7a**

26-Oct-94

The Blessed Mother

<sup>1)</sup> Try to live always in the exercise of a more perfect charity so that your love, together with the triumph of My Immaculate Heart, will be the cradle that shelters the glory of His return.

<sup>2)</sup> It is time to lead the Church towards her true splendor. Your response this past year of seeking to live in sanctifying grace has enabled My heart to change you.

3) At this precise moment, the Holy Spirit communicates to you His Holy gifts, infusing in those very same gifts the power to increase your virtues. I bless you with love...

## **THE SAME DAY**

The Lord

4) My power and My wealth reigning in you, make you participants in My kingdom. In a word, I Myself, make Me your kingdom, your crown, your power, your good and your treasure.

5) Aside from you, I have other kingdoms. The Church is My Kingdom, all the nations on earth are My Kingdom. Each one in particular is also My Kingdom, although there are very few who render Me the love that I ask.

6) Commend to Me those kingdoms. Ask for the conversion and the surrender of all those kingdoms to My Heart.

7) Personal: Your fight will be a solitary one now. My love accompanies you and your love remains with Me... You already know what I want of you. Can you accept it?... That is why you are here...

## **ABORTION**

**ARK-8**

11-Nov-94

The Blessed Mother

1) Little daughter, I am here to fortify your mission and to bless the small sacrifices that you offer My Son at this time.

2) I am the Immaculate Tabernacle and I mourn, little children, because I feel in My heart the agonizing murder of the unborn. I ask that you all pray on your knees before God, so that this crime ceases... It is necessary that you unite in mind and heart, through the grace of the Holy Spirit, crying out in one voice, "Lord God, put an end to this senseless slaughter, that all men

may do Your Divine Will". Ask from the depths of your hearts and Jesus will listen and respond.

3) I only desire to cover all of My children with My mantle and that everyone may feel the stream of grace, that the all powerful God wants to pour over all the earth, through My intercession.

4) This country has been endowed with many resources, but you have abused them. If you truly lived as the Apostles of the end times, then learn well to live an interior life totally in the Holy Spirit. Make the commitment to belong only to God. Obey Him in everything, because He is going to guide each one of your steps. Trust that He will give you the grace to take steps of faith.

5) I am your Mother and My only desire is to take you to My Son. You have entered into very serious times. All kinds of chastisements will come. At all moments the anti-Christ will work tirelessly to be able to dominate the world. He is astute, subtle and will not divulge his true identity until he knows you are his victims. He desires to create confusion, division among you, who are gathered under My mantle, leading you to belong to many groups. That is not what I ask, when I say to pray more. You become prey to Satan, when you search only for consolation and confirmation in each of these groups. The sole consolation and confirmation should come and will come only from God Himself, who will confirm the individual mission of each one and will give His Peace.

6) I will help you. I will take you to the true and sacred sacrament of the Mass and the obedience to the Vicar of Christ on earth. Do not be deceived by those who are in positions of authority, distorting the words of the Pope, separating themselves from the true Church.

7) Venerate My Son; do so in each temple. And do not fear any persecution, because I will protect you until the triumph of My Immaculate Heart, and then the Divine Justice will be quick and merciful.

8) It is time for Mercy to be poured over humanity, as never before. Once again I ask you to pray so that the Lord pours the Chalice of Mercy, at the moment in which Divine Justice draws near.

### IN COMMUNION WITH THE SAINTS

**ARK-9**

13-Nov-94

The Lord

1) Love of My pain, I am with you to tell you to go to the Saints, to all the Celestial Court. You do not know how passionately the Saints desire to intercede for you, so that you can obtain enormous graces and so that each one of you perseveres in earthly exile... These graces, for which the Saints now intercede in Heaven, are much more powerful when you attend Holy Mass.

2) I suffer much because I see empty churches in this and other countries. Where are you, My children?... Are you so weak that you can not sacrifice your time to assist at Mass and receive the graces that will bless you...

3) Do not permit the lukewarm voices of those who have infiltrated My Church, to keep you away from Holy Mass and the Sacraments. Each day must be sanctified and you can make it holy by assisting at Mass and receiving Me with love and respect in the Eucharist.

4) In these times, the number will be high of those who, for love of Me, will suffer greatly for their faith. It is not necessary to loose your life as a martyr. For I implore you to take advantage of all

the opportunities to grow in a firm faith, in absolute trust and in divine love.

5) The moment is now, be Holy. Abandon sin. Return to Me, because My kingdom comes. Fight to return the Eucharist to its [rightful] place. My children, do not abandon Me...

## PERSEVERANCE

**ARK-10**

14-Nov-94

The Blessed Mother

1) Little daughter, be always strong. You must be firm when it deals with your faith. Speak with humility and charity and the Holy Spirit will be your fire and your strength.

2) Little ones, the world has been deceived by the evil one. I ask for intense prayers from your heart, so that you may be infused with the Spirit of God and, thus, have the courage to be upright and firm in your true faith because Satan has infiltrated in My Son's Church. Your Mother assures you that the battle is in progress. The light of the truth grows dimmer by the minute, because of the seductive allurements of the evil one, whose words speak to the limited logic of man. But the logic does not come from the heart, wherein dwells God.

3) Little children, faith has been dispersed, as the dry leaves of autumn. How superficial is their hope if it is centered only in the tangible things of the world. You, My little ones, were created for eternal life with God in Heaven. Lift your eyes to My Son and leave them fixed upon Him, for the line has been drawn. You must be for God. Give Him all of yourselves, so that you will not perish in the spiritual darkness...

4) I love you and bless you...

## CONFIDENCE IN GOD

**ARK-11**

15-Nov-94

The Blessed Mother

<sup>1)</sup> Beloved daughter, peace... Know the true Peace of My adored Son, look always for His Divine Will. I desire to attract all of you to Jesus. I plead with you that you keep nothing for yourselves. Surrender all to God. He is the one who gave you everything. Can you not repay with love the One who knows you from all eternity?

<sup>2)</sup> I suffer greatly because the offenses to God by My children multiply daily. Please pray for more strength and depth in your faith. Do not look for signs - neither of the glories of God nor His Divine Justice. Allow that your eyes of faith guide you on the way to the Truth. Work hard to become holy by means of daily Holy Mass, the Sacraments. Understand that all are called to be Apostles of the end times, so that the world be purified... Unite yourselves with Me, in fervent prayers.

## WEAR THE SCAPULAR

**ARK-12**

15-Nov-94

The Blessed Mother

<sup>1)</sup> My daughter, you must tell all My children that I suffer because of the lukewarmness of their souls and that half-heartedness which does not allow them to shine as lighthouses that illuminate the limits of the world.

<sup>2)</sup> Little children, the evil one, who is spoken about in Scriptures, is now destroying all of humanity. Together with his legions, he suffocates the life in you. He deceives you with false promises and with the splendor of material things. How

vulnerable you are, at trading the magnificence of your immortal souls for some attractive material things!

3) I come to plead with My faithful ones that you continue using My Scapular. Yes, for now you can continue to use the small one. But soon the time will come in which all who are faithful to Me, will dress with a full-length scapular. You should use it and on top of it, wear a crucifix – symbol of your commitment. They are your protection, for Satan can not enter when My children are dressed in humility and obedience.

4) Pay attention, God is already permitting many disasters to lash the earth. He allows these disasters as signs, so that the rest of mankind may return to Him and give Him, His deserved homage. The signs will continue to increase in number and strength. Men shall find themselves in the midst of a battle against themselves. All this is plotted by the evil one, so that the world, through its economic collapse, will be ruled by one world economy and one world religion. The true faith will be clandestine and underground.

5) For this very reason, consecrate yourselves to the Sacred Heart of My Son, through My Immaculate Heart and love Jesus. Pray and ask Him that My Heart triumph now, and that all those who are consecrated once again dress in the habit and return to the true religious life. Ask that each one of you be a sacred tabernacle, that receives My beloved Son worthily. If you are not obedient, if you are not humble, you cannot receive Him properly... Ask the Holy Spirit that He illuminate you so that you will understand the times that are coming...

## CONSECRATE YOURSELVES TO THE HOLY SPIRIT

**ARK-13**

**16-Nov-94**

**The Blessed Mother**

1) Dear Children, understand that each one of your hearts is burning with passion for My Son, who calls everyone to take refuge in His Sacred Heart.

2) Consecrate yourselves daily to the Holy Spirit. At being possessed, you will be illuminated with the Will of God. This is necessary because now heresies are everywhere and the dangers rampant.

3) God has ordered that I be with you to announce to you that My Son will reclaim His kingdom and, then, there will be one flock and one Shepherd.

4) The tribulations will intensify. Confusion will level earth and if you are not full of the Holy Spirit, if you are not united to My Son's Sacred Passion, you will be dragged along by confusion.

5) I plead with you to listen to My warnings. The chastisement is here; it increases daily. The Divine Justice of God will come and the world will be purified of all evil. Wait, be vigilant and pray incessantly for yourselves and your families, because Justice will lash out when least expected.

6) Many people will criticize you for your new way of dressing; this should not matter to you. Ignore the voices of the world. The time to define yourselves has arrived. Through you, My daughter, I speak to My other children.

7) Little ones, I desire to give you great graces. Ask for them. Have much faith and do not waver. I, the Mother of Jesus, the Immaculate Conception, tell you that many who previously awoke and converted have now calmed and even have fallen

asleep again. The trumpets of the angels are already sounding the Justice of God...

8) For this reason, do not wait for signs. I have given you many already. Believe and trust. Allow your hearts to bloom with love, because this is the sure way to holiness.

9) I give you the Peace of My Son. Unite yourselves to Heaven and pray much more.

10) Thank you for your sacrifices and prayers in these times.

## SATAN - CONFUSION

**ARK-14**

17-Nov-94

The Blessed Mother

1) Beloved little daughter, do not get disheartened, lean on My Jesus who is pure Light.

2) Today, I want all of My children to understand that Satan has emptied Hell of all the devils whose objectives are to create doubts, confusion, fear and despair.

3) I assure those who have listened to My Words and are fighting for holiness, not to fear. Confusion will hurt, just as My Immaculate Heart was pierced. Be content when you are persecuted, for God only extracts good fruit from all that occurs to us when we have faith and trust Him.

4) Many have seen the signs that have already been given. Many are still to come. Do not become discouraged, My little children. Pray always with and from your heart. The evil one controls so many of My little ones; I need your prayers. If you are not in prayer, supporting each other with mercy, even the strongest and wisest will be deceived.

5) Murmuring and slander are not only faults, but are the root of many sins. Guard well your tongue, for everything will be known on the last day. I do not want you to be prisoners of

Satan. Maintain your guard for the welfare of your children. Love them and consecrate them to My Son. Learn from Him, who is the fountain of Mercy. Do not fear, for sinners are the ones who have the privilege to be first in receiving His infinite Mercy.

<sup>6)</sup> There are many places where I have given this same message, a warning yet at the same time one of hope. Abandon yourselves totally to God and allow the Holy Spirit to take complete possession of you.

### LIVE THE MESSAGES

**ARK-15**

17-Nov-94

The Lord

<sup>1)</sup> As your Lord and Savior, I beg you to believe and trust in the messages of My Mother, in Her apparitions throughout the world. Her warnings must be heeded and diffused, since they come authorized by God. Many are those who are hungry only for words, but do not modify their lives. These souls give Me great suffering. They were the cause of much of My agony in Gethsemane.

<sup>2)</sup> Therefore, when you prepare to honor the Feast of the Immaculate Conception, I tell you the time is not far off, when My Vicar on earth will proclaim My Mother as Co-Redemptrix and mediator of all the graces.

<sup>3)</sup> I extend My Arms in order to receive into My Heart all of My children because I love all of you and I offered My life for all. I await in the Tabernacle, but you do not come. I await for you in the Holy Sacrifice of the Mass in order to come to you in Holy Communion. Where, today, can I find one who believes in My true Presence and honors Me?... I look, call, search and knock at the door, but I continue alone, sometimes abused and

abandoned... Console My Sacred Heart and offer Me your lives completely through the intercession of the Immaculate Heart of My Mother.

<sup>4)</sup> Soon, dear children, My Blessed Mother will not be with you in the extraordinary way that She has been for many years. Listen to Her and allow Her to draw you unto Me because the time has come that humanity will reject Me again, while My enemy assumes control of the world. Do not fear; do not become anxious! I do not abandon anyone who sincerely searches for Me.

### CONSECRATE YOURSELVES!

**ARK-16**

17-Nov-94

The Lord

<sup>1)</sup> Love of My sorrows, voice of My voice... daughter most loved, who lives attentively to My voice. Do not tire; do not be surprised by the continuity of these messages... The time has come that everyone should permit that I be Everything and that I reign in the lives and the world of My children...

<sup>2)</sup> Today I call each one of My children by name. Come to Me, consecrate yourselves and dedicate yourselves for love to My Sacred Heart, because it is your true refuge. Here, I shall teach you to love as I love. Here I shall console you; I will comfort you and will counsel you. Here, in the bonfire of love, you will be purified in such a way that, when I call you to My house, I Myself will receive you in the eternal embrace of the Trinity.

<sup>3)</sup> If you could possess My Peace, you would come as humble little children, to give Me everything. Am I not your God? Do I not provide everything for you in each circumstance?... For this reason, may everyone listen to Me and renew their fervor to My devotion. May each home have an image of My Sacred

Heart. I promised My beloved Margaret Mary, to be with those who venerate that image.

4) May everyone come to Me, and may every knee bend before God. Then the heart of My Mother shall triumph, shortening the chastisement and mitigating the Divine Justice of the Father... Men do not understand - because the evil one deceives them. No one can share the Glory unless he has also walked the path of the Cross with Me.

5) Today, I have poured out on to the world a torrent of graces, because of the prayers that have been offered by those who are gathered under the Immaculate mantle of My Mother. She is as much in their hearts as She is in the chosen places where She appears. This is My Mercy, given at My Mother's request so that you will awaken to Her prayer and open your hearts.

6) I wish to do great things through My Church, but I do not sense interest... All who walk on the path of truth and light will be persecuted... They will be slandered, will be accused of deception. Many will be taken away from their communities because of people who have closed their hearts to the truth, who reject it and will see you as a menace.

7) Justice will be sudden and it will bring to My faithful the knowledge of what must happen because My Will shall be done on earth.

8) Many times the seductions of the world influence the upright souls. This is the reason why you must seek the direction of the Holy Spirit. While you hold on to Me, through My Cross, while you take care to see My true presence in the Eucharist, you must not fear anything and yes, rejoice in the providence of God for all that is created.

9) Renounce, deprive yourselves of all that could cause you an excessive joy on earth. Give love for love at each instant and wisdom shall be given to you.... Grow in interior silence, for there is where I speak to all My children. Come closer to My Mother, for She is the new Eve, and allow yourselves to be brought to My refuge.

### **The Same Day**

10) My beloved, hidden in My Sacred Wounds, get My Word out to your brothers in faith... Come to Me, I await for you with infinite love... Come, do not fear... I am the Savior of the world; I gave My life so that you could have eternal life with Me.

11) Heresy is becoming a catastrophe. Great is the painful reality of the evil that torments the world. It is necessary that mankind understand the value of the Gift of God and His efficient ways with souls. For those who feel My call and want to come closer to Me, do not fear that you be opposed, because there are many wolves dressed as sheep. Do not fear their criticism; they too are My children.

12) All My signs will continue to increase, minute by minute. The earth shall suffer in many ways until the wheat and the weeds are separated.

13) Be humble and in this way you will not need to fear nor tremble. Pray, because the hour of sadness arrives... Blessed are those who believe! Blessed are those who search for Me yet do not find Me, due to the apostasy, division and heresies that are in the Church! My Church!

14) These years shall not pass before only a few remain to maintain Me in the Holy Sacrament, My Sacrament of love. Because of this, be prepared. Give example, testimony of life in

union with the Eucharist; because in truth I tell you, I will soon need all of your preparation and fidelity.

<sup>15)</sup> I am your nourishment and your light; do not be lukewarm, proud or false... Learn to search for tenderness in little souls...

## COME TO ME

**ARK-17**

18-Nov-94

The Lord

<sup>1)</sup> My heart is consoled by the souls that trust in Me and beg for My Mercy. It is through Her [the Lord's Mercy], that I permit you to go through all this suffering, for in this way I draw you closer to Me and make you love Me with all of your being.

<sup>2)</sup> I became man in the always Immaculate womb of Mary and in My obedience, I subjected Myself to all human pains and sufferings. My crucifixion began in that moment and culminated at Calvary.

<sup>3)</sup> Learn from Me. You must walk as I walked, a life of loving obedience intertwined with suffering and perfect love. Why, then, do you tire of listening to My Mother's messages? Why do you search for more than what is given to you?

<sup>4)</sup> Come to Me. Drink liberally of the Spring of the Divine Mercy and do not tire. Maintain your eyes on Me and seek the Holy Spirit so that you can live the messages of My Mother. All that has been revealed to you will come to pass... Do not worry about the temporal things. Take care of your souls, because justice will come soon.

<sup>5)</sup> Trust in Me. All that you truly need, I will give you. Enter into the refuge of My Sacred Heart and cry for joy, because the moment of Satan's defeat has begun.

6) Permit all those who have been called, to live as the first Christians did. I search for quiet hearts, whose only joy is in consoling Me. I pour My gifts in abundance over these souls.

7) Pray and be vigilant, because the time to proclaim has arrived and the angels will pronounce the Will of the Father.

## SAY YES TO MY LOVE

**ARK-18**

18-Nov-94

The Lord

1) How I long to embrace all of My children. I have sent My Mother to look for you, to call you and prepare you. But I feel that there are so few who wish to love Me, confide in Me and follow Me until they meet with Me in the Kingdom of My Father.

2) This is a Sacred time. If you do what Nineva did at the time of Jonah, Divine Justice will be mitigated.

3) Do not reject Me; do not speak just to speak without meaning. I see your hearts. I search for hearts capable of loving Me. I find so few, because they are lukewarm in their faith. Awake in the faith, which is the gift of your God for you. Walk always towards holiness, because soon evil will be taken out of the world. Then My flock will unite.

4) Be vigilant and wait; pray and work in My vineyard. I beseech all who are called, to join together as the first Christians did. Live in humility, simplicity and obedience, and then come in the unity of the Holy Spirit and accompany Me on the cross. Trust in Me, console Me, love Me... I shall come to reclaim My kingdom.

## PLEASE BE MY ARMY

**ARK-19**

19-Nov-94

The Blessed Mother

1) Tell My little children that they are truly fighting to live My messages, which are the cause of great joy to Me, and of comfort to My Son. Nonetheless, there are still many that hear and read My messages and do not live them, because their faith is weak and they are still attached to the things of the world.

2) My little children, soon My apparitions and messages will cease. In many places, they will know that the moment is about to arrive. I have said all that God has wanted and you have not listened to Me. Your hearts are like stone!

3) You must believe Me; the chastisements and trials will grow. Each nation will suffer greatly for their sins and lack of reparation. But in His Mercy, God will give His children signs and, then, the moment of the warning will soon occur. Obey Me and pray.

4) Please, be My army. A beautiful army purified in the heart of My Jesus. Help each other to comply with all that I have asked of you, so that all the Eucharistic Communities be formed in their totality and the true faith be maintained. Believe and trust, and God will give you the necessary help.

5) My little children shall be fed and will receive the strength to persevere in the places where the Holy Sacrifice of the Mass and all honor, reverence, adoration and glory to My Son are maintained. I will come in silence. Listen inside of your hearts, and permit the Holy Spirit to guide you in all things.

6) Unite yourselves to Me in constant and continuous prayer, because the world has entered into Calvary and many are the

souls who are near perdition. I love all My children. Pray and sacrifice yourselves; love My Jesus...

7) Parents: be more valiant in life and watch over your children, who are vulnerable targets for Satan. Pray for them and pray with them. Unite yourselves in love through the infinite love of the Father and do not permit that any discord reign among you. Make of your love something tender and compassionate.

8) Children, adolescents: pray much because the evil one searches for your souls with eagerness. Allow your parents to be your guides and do not cause discord in your homes. Open your hearts to Me because it is the only way that you will be able to rest safely in My sacred refuge. Pray everyday and consecrate yourselves to the Holy Spirit since this is the only way of keeping the enemy under control. Pray, fast, be humble because the river of sadness has begun...

### FREQUENT THE SACRAMENTS

**ARK-20**

20-Nov-94

The Blessed Mother

1) Beloved daughter, I am with you. Do not fear. It is your smallness which invites Mercy. It is your humble heart which attracts My Son to live in you... I wish that all My little ones would understand that they should live a holy life, full of God, in penance and in reparation for the sins of the whole world.

2) I want that My dear sons, the Priests, to know that the worst hunger that exists today, is not of the body but rather of the soul. Hunger to hear, to live, to receive the truth, the Word of God. It is for this reason that I gather many throughout the world so as to form communities where the faith can be strengthened, their confidence becomes absolute and their love overcomes all human emotions....

3) Assist frequently at Mass and receive My Son worthily. Go to confession every week and study My words carefully, because the time is short.

## I CALL ALL OF MY CHILDREN

**ARK-21**

20-Nov-94

The Lord

1) Beloved daughter hidden in the heart of My Mother, My peace is with you... Do not fear, I will not abandon you because you are My little one. That is where the secret of My presence lies... in the people who remain hidden. Learn to discern. Do not allow confusion to enter within you because now the disguise of the evil one is confusion. Pray to the Holy Spirit to take away the terrible doubts from your heart.

2) I want all of My children to know that My desire is to flood their souls with My Mercy and I am searching for souls to take this Mercy for the salvation of many. I do not reject anyone with a humble and contrite heart. I extend My arms and seek to bring them towards My Sacred Heart and purify them in the fire and fountain of My love.

3) I give you many signs and warnings. I only seek your union with Me. Why do you fear and doubt Me? Why do you prefer worldly pleasures, when I am everything? Would you remain hard of heart allowing your egos, so weak, to lead you?

4) If you had peace, you would not pass judgment and you would be silent. Come to Me and be healed; allow the Holy Spirit, the divine host of your souls, to discover the flowering of your hearts in a glorious tabernacle.

5) Remain clean through the Sacrament of Confession. Nourish yourselves in purity with Holy Communion. Sanctify yourselves and all of your works each day in the Holy Sacrifice

of the Mass. Spend time with Me in prayer and learn what silence of the body and soul is. Only then will you be able to break the chains of the evil one and strive for the heavenly light.

6) The warnings and punishments are sent by Mercy. Recognize the signs I am giving you. You have My Mother to guide you to Me. Do not reject Her words, however listen to them and consider them. Be humble and obedient, imitate Me in everything and fear nothing. You cannot do anything by yourselves but with Me everything is possible.

7) I await your FIAT [yes]. Allow that this time be one of complete conversion.

## I ANNOUNCE MY RETURN

**ARK-22**

21-Nov-94

The Lord

1) I bless you. I come to tell My faithful that My enemy, Lucifer, attacks the hearts of the ones you most love: your families, especially your children. You should be in constant vigil so they do not fall into his traps like prey because it is in this way that he withdraws them from Me.

2) Have absolute faith in Me and consecrate yourselves totally to Me. Consecrate your children and all of your families. Give them to the maternal care of My Mother. Above all, have faith, the faith that is born from a praying heart.

3) I announce to you: I am returning; yes, My beloved children, much time will not pass before I come to reclaim My kingdom, while My Immaculate Mother destroys the head of the serpent.

4) Wake up! Make holiness your goal. I am always with you. Behold, I have given you My Mother. Therefore, carry your crosses and walk with Me, for the era which is about to come, will come sooner than any mind can imagine.

## Same Day

5) I desire that all of you understand that you live these days in a spiritual desert. Many have already entered this path of suffering. Many will begin to enter shortly. My children, with this suffering I allow you to experience in a small degree, the bitter cup of My sacred Passion.

6) I desire for all to know the weight of My Cross so by My Merciful love, conceived by the Holy Spirit, you may become pure like gold perfected in the bonfire of My love.

7) How great is My love. For this reason, do not fear when you feel that you have been totally abandoned. I am with you in a very intimate way, even if I am silent and you cannot see Me.

8) The hour of great justice is detained and will not happen until My Mercy has been completely poured out upon the world.

### PRAY WITH THE HEART!

**ARK-23**

22-Nov-94

The Blessed Mother

1) You do not understand the great sorrow of God when a soul loses itself by its own will and condemns itself forever in the abyss of Hell.

2) Dear children, Satan's claws have grasped the world tightly. He is looking to strangle your hearts and will be able to do it because you do not pray with your hearts daily.

3) God is all goodness. He the Creator of all, has given humanity signs of His love, His mercy and His justice, but humanity has chosen the path of the evil one, and justice is beginning to strike.

4) I urge all of My children to prepare themselves. You never can love and surrender to God enough; nevertheless, the evil one seduces and deceives the world. Oh the pride of man!

5) I plead with all of My children to subject your pride and abandon your will to My Son. He, as savior of the world, will take all of your faults and weaknesses and replace them with the Divine Will. In this way, the time of darkness will be shortened and the My Heart will triumph, crushing the head of the serpent.

6) Pray children, truly convert with your hearts. This is the year of tears; a sad year of sorrows has begun for you. Please, willingly seek the Holy Spirit so you may praise with Me to the end of time, "My soul praises the Lord!" Join your voices in the eternal echo of this prayer and God will allow My Immaculate Heart to triumph over the one who is now ruling the world.

### I INVITE YOU TO SEEK HOLINESS

**ARK-24**

23-Nov-94

The Blessed Mother

1) It is good to have great confidence in God, as well as fear. Why do you cry for signs and wonders when your hearts wander from one worldly diversion to another? Why do you receive My words and then throw them aside?

2) Only God knows the future. By His Divine Mercy He sends Me to call you to Holiness, to the virtues, to live the fullness of the Gospel... Everything that you have needed, My Son has given to you.

3) If you could understand how wonderful it is to love the Passion of My Son and be a victim, alive and loving, offered to the Eternal Father!

4) This, little children, is a year which has been identified as the torrent of sorrows. Prepare your hearts and souls with profound love, trust and indestructible faith.

## REMAIN WITH THE CHURCH

**ARK-25**

24-Nov-94

The Blessed Mother

1) My little children, I, your Mother have come preparing you during all this time for a special grace allowed by the Lord, to bring forward His reign, to free you from the influences of the evil one so that nothing evil contaminates this group that I formed with love...

2) Be faithful to the Word of the Lord. Remain united in prayer, penance, fasting and mortifications to help Me save many souls... Do not allow yourselves to be deceived. Many great miracles are going to occur and other unimaginable events, as a last call from the Lord. Be attentive, but do not pay attention when dates are given. It is Satan who will try to confuse you.

3) I want you to know that I will always be with you. That is why you should be an example with your lives and have Me see Myself reflected in each one of you. Remain with the Church, participate more with your priests, help one another with generosity. Defend and spread the Word of God. You have the means. You have the capacity to do it. Lead this flock which I have united with love, with courage.

4) There will be no more messages in this city. The end is approaching for apparitions and messages, because now you should begin to live in faith. Fill yourselves with it, nourish it. Pray much, asking that your faith be strengthened by the Holy Spirit and that with your faith you may nourish others. Empty your hearts so you can accept with love the calling of My Son.

5) Be modest in your lives, mortify yourselves by being modest in your behavior, in your dress, in your way of speaking. Be charitable with others, mortify yourselves in this way. Do not speak against your brother.

6) I pour out special graces upon you, asking the Lord for the protection of your families. Do not stop working for the Divine Kingdom. Be a guide and a light to your brothers, a very personal gift for each one through out his day. Do not forget that the future is built by nourishing the present.

7) Pray very much and do not allow yourselves to be confused. Peace is very important, but begins by feeling it in your hearts, so that you may convey it. Do not think about material goods. Do not torture yourselves and your families with quarrels over material values. Accumulate the spiritual ones, which will buy your passage to tomorrow... Consecrate yourselves daily to the Holy Spirit, to the innocent Heart of My Son and My Immaculate Heart.

8) Thank you for your love and generosity during this time. I am with you.

## **LORD, I GIVE YOU MY COUNTRY!**

**ARK-26**

25-Nov-94

The Blessed Mother

1) Little daughter, I am with you. I want to thank you for your obedience and your love. Everyday you will take the Holy Scriptures and will contemplate the Passion of My Son. You will take your Rosary and will use it with much more frequency. Poor, My daughter, with the little time that you have, still you should be concerned. I, your mother, will arrange it in such a way that you will not be tired and you can offer your prayers to the Lord. Always pray in this way, with and from the heart.

2) Allow it to be your heart that governs, not your mind, because I assure you that Satan controls your mind through the: TV, radio, the communication media.

3) I will not leave you. You will find many ways of finding Me, but above all else in your prayer... The time granted by God for your country is finished. The messages have come to an end and I too must obey the Almighty.

4) Give thanks in a very special way for all this year of graces! Now live those messages. Please do not allow yourselves to be deceived by other people, who could confuse you and who are only looking for popularity... Please be careful not to discredit My work nor allow that the priests be manipulated.

5) The trials of all My dear little ones increases because there are so many who have chosen the path of darkness. I suffer, crying for your families, of which I am the Patron... Cry with Me and learn from Me. Do I abandon My children when they misbehave and sin much? Do you not see that I pray for you? That I protect you and call you, humbling Myself and lavishing all My time for you...?

6) Do not allow the evil one to destroy your lives; talk openly with your families and pray much: "Lord Jesus, come. Come soon, because we are Your children, and evil is everywhere. I give You my children; Lord, save them. I give You my family; Lord, heal them. I give You my country; Lord, bathe it with Your Holy Blood. I give to You the Church; Lord, save her..."

7) Hold on to the Cross of Jesus. Do not permit that any person or any material things be more important than My Son... My blessings stay with you.

## I ONLY LOOK FOR YOUR LOVE

ARK-27

26-Nov-94

The Lord

<sup>1)</sup> Beloved, you do not know with what patience I await for My dear children, thinking of those who will come to give Me their hearts.

<sup>2)</sup> Little daughter, all of you have not understood My Gospel. You really have not learned the messages of My Mother. I do not expect great exploits from you. Instead, I look for your love, love for Me and love for your children. (Type in bold:) **Love makes ordinary things, extraordinarily good. It allows the practice of virtues which consoles and touches My Heart so much...** Could you be like the shepherds were? Small, humble, but full of faith and charity for their loved ones.

<sup>3)</sup> How can you say you love Me and not love the children which I have lent you? What accounting of them, their education, their lives are you going to give Me? Will you be able to hear the angels sing, "Glory to God in the highest and peace to people of good will..."?

<sup>4)</sup> I tell you that in this season of Advent, you not only prepare yourselves for My Divine birth, but also prepare My Way in order to return and reclaim My Kingdom. The hour of My return comes closer... Kneel down humbly with your families in front of My manger... I give My own Mother as a beacon of light in the dark world. Awaken from your spiritual darkness. Do you want to see your children lost, far from My Glory?... I search for your hearts. Are you going to deny them to Me...?

## IT IS THE HOUR OF MERCY: PRAY FOR YOUR COUNTRY!

ARK-28

28-Nov-94

The Blessed Mother

1) Beloved little daughter, how I love and appreciate you... I greatly thank you for your sacrifices and surrender. I bless you especially on this day. I want you to thoroughly read the message that My Son sent for you on November 19<sup>th</sup>.

2) My Daughter; to be a mother implies to make time to talk with your children, to pray with them, to share their problems and their anxieties, their fears and their failures... Take care of your families, who are being terribly attacked by the forces of evil.

3) Be alert. Be firm in your faith. Because by the heresies and blasphemies that are committed each day, more and more children fall as prisoners of the great apostasy and division. Each day the dragon sweeps innumerable stars that are My beloved children, the priests, who being in the heavens fall clamorously into the abyss.

4) Pray for all the priests, for the consecrated religious. Offer to the Father the Hour of Mercy so that My Heart will hasten its triumph. This is Mercy; there are too many who could be lost eternally.

5) **I wish you to offer, together with as many people as possible, a day of fasting for your Nation.** This one has chosen the path of eternal perdition. Now the Almighty Trine God will permit your country to walk alone. All the underlings of the evil one will push the forces of evil towards the icy hearts of men... Oh, how much does My heart suffer for you!

6) Celebrate a Mass, as an offering in reparation for the sins of your people so that God may have Mercy on your country...

Concentrate on your prayers, on your fasting and sacrifices, offering them to the Lord for your country in order that God will mitigate the punishment.

7) And all of you, little daughter, do not preach what is not part of your lives. How many times have I told you to give example by your lives?... Have patience and love for your children. Give yourselves time to be with them. Make them participants in your anxieties, with love, with patience, with true surrender...

8) My love for all of you is very great; you are My beloved little children. I want to prevent for you greater pains... There are very bad people who only try to discredit your work. Do not give them the satisfaction with your attitude. You are creating the conditions for them to attack you even more... Return to family life; return to your children.

9) *I give you a special blessing this day.* Much suffering awaits you; take refuge in the wisdom of the Lord... I await your Rosary. Tonight your parents will be present. I embrace you and cradle you on My lap, My little one. *(On a special day for a certain person.)*

## JESUS: SON OF THE LIVING GOD

**ARK-29**

30-Nov-94

The Blessed Mother

1) My little children, consider Jesus as God and tell Him as the Prophet King: "You are My God". Your people did not want to receive Him in that status. To make reparation for that insult, receive Him under that title in the Eucharist.

2) Together with Peter and Martha, declare that He is the Son of the living God. Adore His Divinity with profound respect. Lift up your adoration together with those of the angels who are there present. Meditate on: His Power, His Wisdom, His

Kindness, His Justice, His Mercy, His Holiness and other perfections which are infinite.

3) Recognize Him as the Creator of all things. Give Him thanks for the life He has given you. Ask Him to forgive you for having stained the work of His Hands, with so much sin. Plead with Him to reform your lives making you into new creatures so that within you a temple be built, a throne be elevated and ceiling be raised so that He can make His home in it.

4) Consider Jesus as Pontiff, who represents God. His Victim is He, Himself. He is: holy, innocent, spotless, separated from sinners, higher than the heavens, perfectly pleasing to God, and full of charity for all of you... Penetrate into His Heart, with a living faith, in order to notice the zeal with which He offers to God, for your salvation, His own Person, His works, His death and His Blood.

5) My little children, Jesus is there to receive everything. Also talk to Him... Offer yourselves to the Father with Jesus, asking Him to offer Himself with you and all that belongs to you. Promise Him, ahead of time, that you will lead a life of a victim – dying to all that is not of God...

6) Recognize Him as a Friend. Contemplate: His grandeur, His richness, His generosity and the love that He manifests for us. He is there to gladden you and alleviate you from the things that hurt you. Thank Him for His kindness. Open your hearts and tell Him all your needs. Pleading with Him to help you... You have no idea of the desire that He has to help you!... Consecrate all the affections of your hearts and send to Him the greatest acts of love that are possible.

7) Look at Him as Leader. Recognize His excellence, the charity and the ability of this leader who teaches you the paths of life.

He walks them with you. He smoothes the way; He carries you in His arms. He feeds you with His Body and Blood and protects you against all your enemies.

8) Thank Him and ask pardon for having abandoned His paths so many times to walk those of the enemy. Promise Him that from now on you will follow very faithfully. Ask for the continuation of His charity. Unite yourselves to Him so as not to be misled and get lost. He is not only the leader who guides you, but also the light that illuminates your steps, the path that you walk and your final destination which is eternal life.

9) Contemplate Him as Comforter. See the greatness and the power of this Divine Comforter. His kindness allows Him to feel vividly all your misfortunes and obligates Him to descend specifically from Heaven to the altar, in order to come and console you. Not in a dry and sterile way, as men do, but rather in a powerful and effective way, giving everyone all the help that they want.

10) His power does not recognize anything that is in excess and He has no need to say more than a word to put an end to all the miseries... \* Feel them vividly; know your infirmities, the wounds that your enemies have given you. The poverty and the disabilities that you have... Ask Him for help and place in Him all your hope. Await His divine consolations with a humble confidence and beseech Him to pour into your hearts His joy, His peace and His love.

[\* Note: The text from this point to the end of the paragraph was duplicated in ARK #33 ¶2-3 in the original Spanish version.]

## FOLLOW THE FOOTPRINTS OF JESUS

**ARK-30**

**30-Nov-94**

**The Blessed Mother**

<sup>1)</sup> My children, return to the Eucharistic Tabernacle. Consider Jesus as your Leader. He is your Leader in this terrible war that you have to sustain against Hell. Look at the multitude, the power and the rage of your enemies, who breathe only for your perdition. Look at the impossibility of your resisting them. Look at the importance of the victory... the necessity that you have of help from this Divine Leader.

<sup>2)</sup> Contemplate His wisdom that dispels all the advice of your enemies, His power that annihilates all their efforts and His charity that obligates Him to come down from Heaven to rescue you. He is the One, who gives His soldiers the weapons for combat, the victory in the battle and the crown after having conquered.

<sup>3)</sup> Beg Him that He cover you with the arms of justice and that He give you the victory over your bad habits and passions, over your other enemies... Ask Him to forgive you for having abandoned Him so many times and taken part against Him. Promise Him that from now on, you will faithfully and valiantly fight under His banner and for His interests.

<sup>4)</sup> I will not be with you here too much longer; therefore, contemplate Him as a Model. He is the model of all the predestined. Notice the excellence of this divine model, whose perfections are superior to all ideas. Observe the virtues that He practices on the altars: His charity, His obedience, His humility, His patience, His unselfishness. Thank Him for the good example that He gives you.

5) Ask Him for forgiveness for having imitated Him so badly, for having worked only to disfigure His image more in yourselves... Promise Him to imitate Him from now on, pleading with Him to imprint Himself with a divine seal, in your hearts and on your arms, so as to communicate the traits of all His virtues and enable you to practice them interiorly and exteriorly. Ask especially for the ones that are more necessary.

6) Finally, contemplate Jesus as Judge... He has established in His altar, the tribunal of His Mercy. Go and prostrate yourselves at His feet. Confess to Him with sincere repentance, all your sins. Ask Him to pardon you for them... Give Him proof of your acknowledgement of His not having already condemned and chastised you, as others less culpable than yourselves...

7) Finally, little children, give thanks to the Father for having given you as a Judge, Jesus, the best of your friends. Recognize His authority and submit yourselves in advance to all His decrees. Beg that the sentence may be decisively favorable to your eternal destiny. Set out to gain His favor and condemn, together with Jesus, the world that offers you a life opposed to His Divine Will.

8) **I am the Mother of the Eucharist and I ask you to return to Jesus.**

### DIFFUSE MY MESSAGE

**ARK-31**

2-Dec-94

The Lord

1) *(During the Holy Mass)*

2) Thank you for this manifestation of reparation that has come from you, to pray, to make reparation for the injustices of the

world, of your country and of the men who govern your country...

3) Ah, My children, pray without ceasing, because it has so greatly pleased and consoled My Heart that I have accepted My Mother's request and you will once again receive Her words of encouragement... I will personally take joy in instructing My small flock... Pray and receive Me, little daughter, give Me your heart full of love once again and receive Mine.

### **The Same Day**

4) Little children, the moment is very grave and little time is left to help many souls... Ask, publish, go on radio and TV, the newspapers... run to ask the people to pray much, so very much to My Father, in order that your country may be saved... You have no idea of the danger that the youth is under because of Satan's thirst for destruction.

5) Call the people. Publish our messages... You must do reparation; you must pray incessantly. From here will go forth the new evangelization and the triumph of My Mother... Your country can be saved and the continent can also be saved with your prayers, your fasting, with a great force of reparation... Do not lose heart; start the battle... understand the great love that I have for you... It is so great that I have put a guardian angel at the side of each person to protect you, to care for you. Give them strength by praying. If you could see those beings of light, if you could see how their spirits shine in the midst of all the darkness that surrounds you...

6) Make the Sign of the Cross many times a day. Cross yourselves in the proper way. Repeat the Gloria; invoke My Mother. It is not fear that you should feel but rather the strength necessary to make the decisions that you must take.

7) Pray for the Pope so that he is able to discern in the moments that await him...

8) Thank those who bring this about. My blessings are with you. Accompany Me in My second Agony...

## WORK FOR THE FATHER

**ARK-32**

4-Dec-94

The Lord

1) You have no idea how much comfort My pain finds in all of you. You are returning the dignity back to My Altars... You are returning Me to the place from which My sons distanced Me...

2) You must know that those hungry people, who followed the Son of God in the desert, were not satiated after the first day when they decided to follow Him. The five loaves of barley bread that were miraculously multiplied were not distributed until the third day. I had wanted this trial to prepare them to be worthy to eat this bread.

3) A father of a family does not start the day by giving his workers food to eat, but rather he requires them to work first, for some time... Likewise, it is necessary to do work for the Father of evangelical families, before drawing close to eat His bread. It is necessary to earn it, before receiving it.

4) Thus today, many children, in broadcasting the importance and the value of the Eucharist, will undergo work and hunger to receive it, in order to appreciate My sacrifice which was done solely for **LOVE**.

5) Now I wish to tell you about a daughter of Mine. Just as the angels of Heaven are beings of light, on earth there exists angels that, without having achieved perfection, they are beings of light and whose mission is to transmit the joy, the light of My

love... She is one of those beings. I sent her to you, so that she could be the instrument to promote the request that I gave you repeatedly - that you fight for the Eucharist...

6) You must not feel bad, there are decisions you can not make to please Me, because of humility in remaining hidden. Voice of My voice, defender of the Eucharist, little soul consecrated to Me, the love that I have for you is very great. I love all My children and to each one I give his share of the fight in this final battle.

7) There are still too many remnants; there are still many interests; you still think about material goods. Soon you will learn that, if one does not eat, the others will be unable to swallow... you will eventually feel as one.

8) This daughter of Mine [referring to a lady who arrived from Brazil] has been chosen to spread My Mercy. This Mercy, the same one that in My name, will come out from her lips which I have permanently placed rested on the torrents of living water that springs from My side... It is one of the driving forces that you are missing. I am very tired. Only the constant prayer of My Mother is detaining the fury of justice.

## JESUS IS THE HOPE

**ARK-33**

25-Dec-94

The Blessed Mother

1) Little children, contemplate the power of Jesus. His power does not recognize anything that is excessive and has only to say a word to put an end to all the miseries....

2) Feel them vividly; know your infirmities, the wounds that your enemies have given you, the poverty and the disabilities that you have.

3) Ask for help and, putting in Him all your hope. Await for His divine consolations with a humble confidence. Plead with Him that His joy, His peace and His love be poured out in your hearts.

Note: In the original Spanish version of this book, most of the text in the above message was the same as ARK-29, paragraph 10.

## MAKE REPARATION

**ARK-34**

28-Dec-94

The Blessed Mother

1) Little daughter, what I ask of all of you, is much prayer and reparation for all that the heretics always try to do against Jesus in the Sacrament of the Eucharist.

2) This is because of: their obstinacy in refusing to believe the truth of the mystery; their bloody mockery that they have done of Him; their horrible blasphemies that they say against His Holy Name, and for their dreadful attempts that are committed against His Sacred Body. They throw It into the mud, bury It in filth and give It to the dogs for food. They pierce It with daggers and knives, throw It into the fire and water and expose It to the insults of the winds. They knock down and bombard His altars, kill His priests, mixing their blood with that of Jesus, and thousands of other abominations.

3) Please pray constantly. May your rosaries always be in your hands. Pray even when you think you can no longer do so. Pray for reparation in your country; pray so that the hatred and vengeance may end. Pray so that the sects do not destroy the Church of Christ. Pray for your own families. Make reparation for the sins of your dear ones.

## YOU ARE MY APOSTLES OF THE "NEW COVENANT"

ARK-35

5-Jan-95

The Lord

1) My daughter, how you console My pain...! How much I need this balm...! How much good for Me, is the love of My children!

2) *(What do you want of me, Lord?)*

3) Love, much love and sacrifices, much prayer. **All of you all must start to organize the apostolate of the New Covenant.** This covenant can be the Passover of humanity; do not take it lightly. You must even fight against the obstacles of the Church itself.

4) Do not cast aside the significance nor allow that this extraordinary grace becomes sterile, which has been given to you so that you could be the apostles of the New Covenant. Truly I tell you that many just people of the earth would like to have this privilege to fight boldly.

5) Through an event, you will be given the opportunity to do much reparation. This is what you should promote, the hours of reparation for the offenses that are committed against the Trinity and against My Mother.

6) **When will humanity understand, that only with the Eucharist will they obtain all the virtues that may make them fertile in good works?** Oh, of My Priests who take this Sacrament for granted...! Oh, of those who do not teach its true value...!

7) The Israelites entered into a type of eternity through the manna, because it conserved life independently of earthly nourishment. Neither their clothing nor their shoes wore out during the time with which they fed upon the manna. This was

no more than a prefiguration of how the Divine Manna works in you. It allows you entry beforehand, into a type of eternity. Helping you live on earth, the life of the blessed ones in Heaven.

8) You no longer live on earth when you eat of It worthily, because you do not feed upon the vanities of the age, nor live a life of earthly animals. You do not live but of Heaven, because in it you look for your consolation and living a life of the blessed and the interior clothing of people, which are their virtues, no longer waste away when they continue to constantly practice them all their lives.

9) Among the Israeli people there were no sick persons after they ate the paschal lamb. Everyone had enough strength to leave the Pharaoh's empire. Neither should there be illnesses nor weakness among the faithful, after having the joy of eating My Sacrifice of Love.

10) The strong woman did not idly eat her bread. After having nourished herself, she put forth her efforts in all the business of her house and the obligations of her state. This is how each one of you needs to work on the business of his salvation and to carry out your obligations. After having eaten the Eucharistic Bread, each one becomes culpable for any idleness. What excuse will you give when you have done nothing for the salvation of your brothers, to induce them to receive their passports to the eternal Kingdom?

11) One of the reasons why this great, nourishing delicacy is not taken advantage of, is due to one not having enough ardor, nor making enough of an effort in preparing for and absorbing It. Another reason why this nourishment is not taken advantage of by some people, is because they do not have enough passionate

charity for the practice of good works. Great love is necessary, especially when we partake of It frequently, so that continuous and vigorous work does not to aggravate nor corrupt us.

*12) Through Communion you drink from the ocean of all graces and yet, when you leave, you have barely taken a small drop to alleviate your thirst. From where do you get this? Is it perhaps because the glass that you have is full? It is already full, because it is full of worldly afflictions. It is of small capacity because you have no desire for celestial things.*

[Note: The Apostolate of the New Covenant referenced above was later renamed and commissioned as the Apostolate of the New Evangelization by the Archbishop of Cochabamba in 1999]

## SEARCH FOR THE SPIRIT

**ARK-36**

**6-Jan-95**

**The Lord**

*1) From the Altars, I always have the eyes of My Spirit, directed towards you. I always have you present, offering you to My Father, so as to get favors for you. In the countless habitable places on earth, where I am multiplied by My Real Presence, there is none in which I do not continually think about each one of you. I occupy Myself, together with My Father, in the great work of salvation. Should you not always be occupied with Me? Multiply yourselves in such a manner, by desire and in spirit, so that in all places of the world, which I honor with My presence, you shall render to Me the most reverent worship that you can.*

*2) Little children, renew the memory of all that I suffered for love of you, the pain and humiliation that I received when they dragged Me from tribunal to tribunal, to be examined and*

judged by wicked judges. Is it not an ineffable love that induced Me to suffer so much to save you?

3) It depends on you that you gain new favors as the Ark did for the house of Obededon, when it entered it. Or when it brings new misfortunes as the same Ark did on the Philistines, when it was transported to their country... Make your communions be glorious to My Name and advantageous for your salvation. Ask to be filled with My Spirit before nourishing yourselves with My Body...

4) I will dress you with the nuptial robes of charity before letting you enter into the wedding party; I will purify you before making you eat of My Flesh. I will separate you from the creatures before uniting and joining you to Me, your Creator. Make yourselves temples of the Most Holy Trinity when you receive Me.

5) I shall place My eyes of Mercy on you, to clean and sanctify you in order to make worthy My dwelling place.

## I GIVE YOU MY BODY SO YOU CAN BE HOLY

**ARK-37**

7-Jan-95

The Lord

1) One of the greatest reasons of fearing for your salvation, is when you take little advantage of the Sacrament of the Eucharist. If you know that the grace of charity and other virtues which are inseparable, are augmented every time you receive the Eucharist worthily, a thousand communions consequently should increase in you a thousand times all these qualities and allow you to achieve a degree of admirable perfection. Consider the infinite number which you do possess and the small fruit that you have obtained... Do not forget that

the useless servant was condemned by his lord, for burying his talent.

2) To whom do you think you would be obligated, if I would have become man and would have died on the cross for only one of you? Well you are to feel no less obligated than would a great saint, when I give you My Blood in the chalice as if I would have given it for only one person at the Cross. So that you will not be ungrateful, now reflect upon: what does this grace obligate you to do and what heroic actions of virtue do I ask of you.

3) I give you to eat of My Body, in order to communicate to you My Spirit and also to inspire in you a holy passion for the more perfect of virtues, even through only one Communion. How much more for those who have participated many times.

4) Truly I tell you, you should find nothing in the world that should inspire you with greater yearning. Having Me before your eyes, inviting you to follow in My footsteps, there should be no one who could make excuses for not following Me, imitating Me and aspiring to the highest of virtues. It is there where you receive infinite help to advance in the path of grace and elevate to the most sublime perfection and the most perfect sanctity.

5) **Understand that the excess of generosity and love which I use in this Sacrament, confers the obligation of surpassing the angels and archangels in virtue and sanctity. Because it fills you with more dignity and graces that never before have I given to these blessed spirits. It showers you with more honor because never has it been given to angels in such a way that it would be so glorious, without enhancing their nature so strongly. It fills you with more graces. First because My grace, which is redeeming grace, is more powerful and perfect**

than that of the first man and of the angels because it is the fruit of My Blood.

**6) The Angels have received but just a part, like a little stream of grace. But man receives here the whole spring and, therefore, he is more obligated to reach higher sanctity.**

### **TOGETHER WITH ME, KISS JESUS CRUCIFIED**

**ARK-38**

9-Jan-95

The Blessed Mother

<sup>1)</sup> My wish is to unite, not divide, nor confuse... Ask for pardon for all sinners. You have in your hands the keys that open the doors of God's love... Together with Me, kiss the crucified Jesus. In that way you may know the love of God, who gave Himself for all men.

<sup>2)</sup> You know what I want from you. You must not get discouraged because in all places on earth, I confirm what I tell you now, tirelessly, giving My love, calling you. Live in silence, in simplicity and unselfish service. I do not want that the wolves dressed in lambs clothing, scare My sheep away with false bleating. Work in perfect harmony under the celestial light and wisdom of the Holy Spirit.

<sup>3)</sup> You will receive revelations in their proper time. I Myself will reveal the way to unmask the wolves... Ask the Holy Spirit for discernment. It never ignores the outcry of a soul, who makes the effort for holiness. I bless you always...

### **YOU ARE TEMPLES OF THE HOLY TRINITY**

**ARK-39**

11-Jan-95

The Lord

<sup>1)</sup> It is not necessary that you expect much from humans who act egotistically and put in doubt My calls from Heaven. Listen to what I ask of you and put it into practice so that the light is

seen in you. May you be reflections of your Father. May radiant love be clearly seen among yourselves. May your perseverance be seen as the foundation of the community of love, which will be formed and in which not all can belong because the state of grace will be essential.

2) Do not search for problems. Do not ever allow outsiders to divide you. You have been called by My Mother, one by one, formed in pain, in love, in faith. Each one has a different charisma so that you can grow united and so that you may be able to work true miracles with love and faith... You are not at peace. Live in peace without comments, without distancing yourselves from your families and even less amongst yourselves. Blessed are the peacemakers because they are sons of God.

3) My little children, you are unaware of what I give you, of how much I suffer for you, mankind. Outside of the path of peace, you would be lost. You are temples of the Holy Trinity. You must remain open to the grace that sanctifies and not be open to anguish, to disobedience and despair.

4) I want, I need souls to be the endless life and voices of My word. How many of them desist at the moment of trial. Be always authentic souls of God, dedicated to your apostolate without giving way to the murmuring that contaminates hearts. May nothing perturb nor confuse you. You must reach joy in the small things, so as to freely be true children of the Father and My brothers.

## BE WITNESSES OF CHRIST

**ARK-40**

12-Jan-95

The Blessed Mother

<sup>1)</sup> Beloved little daughter, I want you to pray the Holy Rosary, kneeling down for one hour. Blessed are those who are humble in the name of Jesus, because they will be called sons of the Most High... Purify yourselves in the perfectly clear waters of the Heart of Jesus. The works of the devil do not let go of their prey easily. You will know them by their duality and their expectations, by their wish to figure prominently, which destroys the peace wherever they go. Do not let your peace be destroyed...

<sup>2)</sup> Unite yourselves in the Gospel and be witnesses of Christ Jesus. Do not be afraid to show holiness. Be supportive of the afflicted... Make prayer chains for the intentions of the needy. Nothing can succeed over the power of prayer. Return to the sacramentals...

<sup>3)</sup> Imprint in your hearts the true love that can only be found in My Son. Holiness is contagious. This must function amongst all of you. It is the only way for the light to transform the life of your families and give them peace... Understand that you are bastions, and if such a fortified place is weak, whoever relies on it will be unable to sustain themselves. And if it be stained, whoever touches it will get soiled. However the one which is strong and clean, anyone can lean on it.

<sup>4)</sup> You are not praying as you should. And the commitment that you have taken is very great. The meetings that I ask of you, are not social gatherings; they are for profound and calm prayers. You are to do them in your homes, alone or with your families. How many hours of the day do you sleep? How many do you

eat, and how many do you pray?... Do a little sacrifice and penance. I want to convert contrite and wounded spirits, in order to turn them into the most pure water for the roots of Jesus. He needs to plant them through you... Pray; make reparation.

## I LOOK FOR PURITY IN YOU

**ARK-41**

14-Jan-95

The Lord

<sup>1)</sup> I want you to pray, meditating on the Divine Word and I want you to go to reconciliation more often. Only the repentant and those who guard purity will reach the contemplation which I ask of you... Many things are predestined for this time that I call the time of grace.

<sup>2)</sup> In these days, My Holy Mother, will help unite together and heal all holy hearts, because that is what I want. Nonetheless, the complete purity of your being is necessary. Beloved children, I need you submerged in the wonder of the Mystery. I want you soaked in grace in such a profound spirituality that it irradiates light and will bring about pure attitudes, loving actions and holy sentiments, impregnated with faith. Put your faith in the only God who is life and wellness. You must be light to the world but do not feel that you are the owners of that light.

<sup>3)</sup> In this very special day, I exhort you to pray that the true Mercy fill your holy people with peace, who were chosen from all times, and thus avoiding that your land being stained with blood. Do not fall asleep in the storm. This is not a social group; it is a prayer group...

## ACCOMPANY JESUS IN HIS SUFFERING

**ARK-42**

22-Jan-95

The Blessed Mother

1) Dear children, you must make every effort to share in the sentiments of Jesus during His Passion. Arrive at the Mount of Olives to know His suffering, even onto the agonizing pain of exclaiming that all is consummated.

2) When He selects certain souls, He shares with them His sufferings for the greater glory of the Father, in order that none should be lost. Jesus finds His joy in those who know how to love.

3) One of these souls fulfills the work of redeeming, cooperating with the conversion of sinners, with the relief of the sick and with the salvation of the dying. If only once in their lifetime, they may make an offering of their life, they have sealed it for always with the seal of love.

4) When you receive with love a suffering of the body or spirit, you pay for the sins of all your life and cancel all your debt, saving many souls...

5) Little children, rejoice when you are suffering, because further on there is a beautiful world that the Lord has prepared for you, where you will receive the embrace of the Holy Trinity.

6) I ask you that this Lent you become a stoic apostolate in order to endure with love the spiritual martyrdom for the sins of men.

7) Think at all times that those who suffer are our most beloved children and that in them, the Lord seeks His companions. Know that with your sufferings you can save many souls, making reparation for your own sins and those of others and even attain many and holy religious vocations.

8) If you prepare a place for Me in your hearts, committing yourselves to carry out My teachings, I will always return. Your obligation is to pray and trust. I am near with My power and My help.

9) Now go to the convents and ask that an hour of nocturnal reparation be made for the sins committed in the houses of immorality that proliferate in the world...

## I DESIRE A HOLY LENT

**ARK-43**

28-Feb-95

The Lord

1) Those who want to continue with self-pity, follow their own way. Those who continue trapped in their fears, remain far from this path. Those who are ready to raise walls against instincts, desires and comfort and who are ready to lift lovingly on their shoulders, the heavy burdens of incomprehension, injustice, solitude, and poverty, come follow Me.

2) Pray next to your brother Jesus, asking the Eternal Father for the necessary strength to make beautiful lakes, out of the now, stagnated ponds. Pray that He may put in your hands sufficient love, so that each word of yours be like a piece of fresh bread in the stomachs of the poor who await salvation.

3) Love Me. Bless Me. Ask that I be in you at each moment of your lives and in every word you pronounce so that it is Me, the final goal toward which you can ascend.

4) During this Lent, live in silence, as much in body as in soul. Give Me your total purity, so that My love be glorified in it. Live a holy life. Love My Divinity... Pray at night for the dying so that they may attain grace.

5) I desire a Holy Lent. Go beside the sick and dying, pray with them. Bandage the hearts that are hurt, proclaim this time of grace...

**PRAYER:**

6) *"My Father, I need to breathe with Your breath over this sick person and that the shadow of Your Soul cross over mine. You, who felt tenderness for the lilies and the fireflies, put your consoling hand on your child, so that your Kingdom of Love and Mercy be filled with glory... Snatch this sick one from death and cover him (her) with Your Grace. Amen."*

**MAY MY PRIESTS MAKE SACRIFICES**

**ARK-44**

4-Mar-95

The Lord

1) You will tell your (spiritual) Director that I accomplished what the Father entrusted to Me with prayers and sacrifices. I underwent much hunger and thirst; I underwent much bitterness and fatigue. I prayed at length during the nights, accepting all kinds of sufferings, to obtain the power to cure, resuscitate the dead, and expel demons. I do not dictate nor direct. I only ask with humility to My Church, through your confessor, that it bring together all the priests who can make sacrifices, and by means of them, to accomplish the desire of My heart.

2) The priests should not think about what could happen in the future. While there is still time, they must speak, work and write. May they do it while the light is with them. Because when the light darkens, there will be crying and the gnashing of teeth...

3) You must always make a frontal attack. Do not think about your life, your death, or even about the results. Everything is in My hands that will be your treasure and your glory.

4) I am happy when I verify that obedience, humility, love and all the other virtues are flowering.

5) If a soul does not purify itself in My Love, its attitudes do not have much merit before Me. The soul must do its work for My Glory. Only thus will its sacrifice be fruitful.

## I CALL MY PRIEST-SONS

**ARK-45**

5-Mar-95

The Lord

1) Tell My sons, the priests, that I want their lives to be serene and peaceful, that they love contemplative prayer and tranquil places without distractions. In the stillness may they observe how grace works in their souls. May they love to think of Me, to tell Me their sorrows and concerns and that they keep Me company and converse with Me. That during the holy moment of mystical grace, they rest in Me and will notice the graces thus gained.

2) Tell them that I desire to join them, not only at the moment of the Sacrifice on the Altar, but also in tedious daily life when, because of Me, they are unjustly attacked.

3) Tell them to learn to live in freedom because from a person who is free, a willingly available person will be born. From detachment will be born generosity and from poverty grows love. In summary, when they have freed themselves from all the energies chained to egotism, they are free for service to neighbor. They know that there is no greater glory than to give one's life, with love, for a brother...

4) What does Mercy mean? To feel with the heart and to help with all that you possess.

5) You cannot remain sitting in the shade of tranquility because love that is not constantly given, dies slowly... I commend you

to start up the instruments of kindness and charity, because the world will only be saved with a deluge of love.

6) I came preferably for the lost and the outcasts, the alienated, the oppressed and the broken... How many hospitals, jails, and houses of ill repute have you visited in the last year? I do not want that, for their sake, the poor be limited to reaping the crumbs left over from the harvest.

7) And so that they may recognize Me, you will tell them that the infinite longing for adoration will once again unite the dust and the spray together to raise not temples of stone, but of silence in the depths of oneself, in the remote parts of the spirit.

8) I live in you mystically so that the glory of My Father can be revealed. The hearts of men die from thirst but nonetheless, the spring gushes forth from the deepest part of their spirits...

### FOR MY PRIESTS

**ARK-46**

6-Mar-95

The Lord

1) My Sons, fall in love with poverty, littleness and patience. Become saints in the totality of your being.

2) The spilled blood speaks out to you, to save the souls that are in your care. This blood also purifies and sanctifies you. Thus in the same way, it should purify the souls that I placed in your hands at the moment of your priestly consecration. Communicate to them the secret of their redemption so that they can come toward Me, the One who is waiting for them.

3) I ask you that you do not allow the souls confided to your care to be lost. You must offer them the water that gives life, since they thirst for Me... You must offer the Bread of Life, since they hunger for Me... You must give them rest, since they are tired because of their search for Me... You must give them

words of comfort, since the world tortures them... You must teach them to pray, since they are dry as the desert... You must cure them with the medicine of Paradise, since sin has hurt them... You must show them the way of freedom, since the evil one has them prisoners.

<sup>4)</sup> My Priests, to save one soul, you must renounce the world with all its passing goods. Renounce yourselves. Return to Me full of hope. At the moment of a soul's departure, I listen to your faithful call and our united efforts can defeat the infernal beast... Trust Me, even those who at the moment of death are on the way to perdition, can achieve eternal life with the strength of your prayers. *If they call you to the death bed of a dying person, do not be bothered nor complain. Leave everything aside and run to save that soul.*

<sup>5)</sup> *The economic world collapse is present, observe the current signs... The battle is unleashed. My Mother protects My people. Take refuge in Her...!*

## FOR MY PRIESTS

**ARK-47**

7-Mar-95

The Lord

<sup>1)</sup> My daughter, tell My Priests that now My heart directs itself to their hearts. A time will come in the not too distant future, like has never been seen before. Tell them to pray without ceasing for souls and for themselves as well, so that the Celestial Father shortens even more these sufferings, and does not permit to perish those whose pleadings and sacrifices sustain the world. Plead for Mercy!

<sup>2)</sup> They can not delay in their work. With each passing minute the sufferings of souls are lengthen. But on the other hand, each conversion in time is a victory for Heaven...

3) (*I ask: Why do I have to give them the messages?*)

4) You have not chosen Me, but rather I have chosen you... Your unconditional offering and your love, made My selection quicker... You are like a microphone, so that many will be able to hear Me, so that they understand My words and do My will... If the Church does not humble itself before the Divine grandeur and before the poverty of men, its crisis will worsen. They must be more docile to the Holy Spirit and be thankful for the powers that have been given to them and that are only for the service of men...

## SYMBOLS FOR MEN

**ARK-48**

8-Mar-95

The Lord

1) The world is a turbid river through which many fall into sin and die in ignorance... If they would unite their sin to the pardon that I offer, they would find peace.

2) There exists things that are foundations over which I can easily construct My throne in a soul. I would like for My Priests to speak about this.

3) The *wings*, that is to say, what they symbolize is the *soul* which has to be free from the body, from love of creatures, from worldly things, and at the same time, filled with holy things. It must liberate itself even of the desire to conduct itself, since I alone can elevate it.

4) The *glass* symbolizes *the cleanliness of body and soul*... they should be clean of all sin, of all bad intention and even of negligence. Do not forget that infidelity – even in small things – also soils the soul. How to cleanse it? By denying the body what are disorderly pleasures and removing from the heart all that is an attachment to the things which do not come from

Heaven so as to move away from earthly thoughts, from the preoccupations of the present, past and future, because this muddies the soul and prevents it from uniting itself to Me and, for Me, to unite Myself to her...

5) The *dust particle* symbolizes *humility*... It is necessary that a soul recognize who it is without its God. It is necessary that it humble itself. If a soul recognizes its misery, its nothingness, if it asks for pardon, if it rejoices in the fact that it is not of any value, it is because the soul is very close to Me.

6) Thus, this soul will not feel hurt if I call its attention to the faults committed because it knows that sanctity is not in the falling, but rather in the rising again... Once it is well positioned in the full knowledge of its littleness, it will confidently come to Me with love, so much as to receive My graces as to make reparation for its sins and to be able to console Me. And this soul continues building with its humbleness, a brilliant ladder, upon which My Throne will inexorably descend to its heart.

7) Finally, the *bread* symbolizes *poverty*. The person, who believes that he is poor because he only possesses a room where he finds shelter, is mistaken. What is important is that he not be attached to the worldly matters, whether they be things or persons. He who puts Me before anything, can live in a palace or be poor. If he has much, he gives thanks. If he loses it, he still thanks his God... The reality of poverty is that your spirit is not consumed by worldly matters but rather it allows you to run freely towards your Lord... The essence of poverty is to know how to be happy with what you have but to give it back to your God at whatever hour, since the gifts are His...

8) It is difficult to renounce things that you imagine you cannot live without. However, when that sacrifice has been made, the soul feels true joy for this freedom. You have already heard, “Do not look for comfort in material things, but rather in Me. Serve Me in joy and peace” ... (Write the last thing in quotation marks)

## UNITE YOURSELVES WITH ME IN THE EUCHARIST

**ARK-48a**

9-Mar-95

The Lord

1) Here I am, My daughter, in the Eucharistic Sacrament. The Sacrament conceived by My love before all times, realized by My Infinite Omnipotence in time, predicted to all nations and comfort to the world, which gets the hearts of men intoxicated with its sweetness.

2) The most high Mystery that exceeds all created nature and by which, after ascending to the Heavens, I wanted to remain with you until the consummation of the ages.

3) Because My love could not permit it, I could not endure having those, whom I loved, remain orphans.

4) Here is the new heaven, created and adorned with divine art, so that My Heart would be pleased all the days. Here I educate the faithful and I form them in My image, as My beloved children... Of Me they nourish themselves and with Me, they take pleasure in themselves. They drink the generosity and fortitude of My love. They perk up to practice My virtues. They learn to delight in and be glorified by the same things that I delight and glorify in.

5) Oh, if you would understand My daughter! Oh, how much consolation you enjoy in this Sacrament of your Jesus, by the

devotion, by the love of so many souls who live affectionately united with Me!

6) Although weak by their nature, these generous souls make strong resolutions, almost heroic ones for Me. Thus, they recompense with their sentiments and their works the sacrifices of My love, consecrating themselves to My Will.

7) Should I not delight Myself with such pure and sweet love? Should I not pour into them My Mercy?

8) My delights are most pure, because My love does not rest but rather gives itself and unites itself with the loved object...

9) Thus, as there is nothing in life that unites so much as the nourishment and the one who nourishes, in the same way in the spiritual life, by the gift of My love this is realized by a very close union between the soul and Myself.

10) This is the sanctifying and divine union with which I make each of the souls joyful. It is the work of My boundless love... Try, My daughter, to remain in Me, not only because of faith, hope and charity, but by the most perfect union carried out in this Sacrament. Because to live united with Me is for you the only important and necessary thing and because in this union you will always find life, strength, perfection and sanctity...

11) In the same way in which fire conveys its heat and color to iron, I convey My love and My Kingdom to mankind. And in the same manner as when mixing two pieces of wax they become one, in like manner you, when receiving Communion, unite yourself to Me. You are in Me and I am in you.

12) Thus is the magnificent mystery of love. Its strength and power reside in My Heart in such a way that you are granted it to not only to participate in My body but also in My soul and

for you to unite yourself intimately with the Divinity and delight sweetly in it.

Note: As in the original Spanish version, the preceding ARC-48a is repeated word for word in ARC-68 except that there are additional paragraphs (§13-15) in ARC-68.

## LOVE AND FREEDOM

**ARK-49**

12-Mar-95

The Lord

<sup>1)</sup> Unity in the same spirit is perhaps the most sublime means of praying. Be very docile because in this way I will work in you marvelous things, blessed children created with the same infinite love.

<sup>2)</sup> When the forces of evil surround your minds, bind up those powers with the power of My name because My name is the light that shines with eternity and the water that washes away death and recovers life.

<sup>3)</sup> Live in freedom based upon love. Meditate on the requirements of the state of grace and you shall see the splendor of My love towards mankind, the Gift of My hand and the Mercy of My heart. Observe My power and make it yours with humility.

## FEEL THE DESIRE TO PRAY

**ARK-50**

13-Mar-95

The Lord

<sup>1)</sup> Beloved little daughter, allow Me with the Spirit of love to prune your branches. Learn to coexist with sin, with the worldly sentiments, so that you can learn to discriminate between the wheat and the weeds. Rest in the fresh grass that your God has put before you. You know that in your heart,

there is a marvelous place, a place of rest for you which is hidden from the eyes of the world.

2) Love intensely and place your trust in Me... I want you to pray in a special way for My favorite children. They become cool in their fervent desire to love God.

3) My children, you know that you must die to live. I give you life in abundance. The world is out of control. The virtue of chastity is crushed... I ask that you be aware of the tremendous thing that this is.

4) Remember that fruitfulness should always be at the center of the entire family and not simply the pleasure... When you pray, ask that the world created by your Lord, does not perish in its own evil... I am so burdened, so hurt as yesterday, as always... Help Me remove the thorns from My Heart. Help Me stop the unmeasured fury of the tyrant of the world.

5) Feel the desire to pray in your hearts. Feel the echo of the power of this, your master within you... Thank you for loving My appearance in the Eucharist. Thank you because I came to the world and you knew Me... Rid yourselves of everything so that you can belong to the Everything...

## **SAME DAY**

6) Maturity does not consist in the pursuit of an idea, no matter how elevated and saintly it should be but rather in the humble and joyful acceptance of what is. The person, who is lacking in silence, lacks the power to foster.

7) When one thinks of the grain of wheat, no one considers how, from one season to another, it grows silently. The same thing occurs with My word. Someone sows it, but I silently go forth transforming it into a work that is worthwhile, into a testimony of light (underline this).

8) My daughter, raise yourself, not by stepping strongly, but rather lovingly, silently. Not to the tune of trumpets, but rather with the rags of beggars. You will not find Me on the roads of the luxurious, but rather on the paths of the works of mercy...

### ASK FOR A MERCIFUL ANGEL

**ARK-51**

14-Mar-95

The Lord

1) Praise and glorify the Father. He makes the sun rise every day to give you light and heat. He makes the stars come out at night to dispel your fear of darkness.

2) To all who cry, I tell you that not even a mother would be able to silence the cry of her children with as much tenderness as shall the Father with those in distress.

3) To all those who suffer hunger, I tell them for certain, there is no mind that might be able to imagine the banquet that awaits them in the house of My Father.

4) Blessed be those who are persecuted for justice, because that is the path taken by the prophets and those who were sent by God. One day I will tell them: "Go and take a seat at the head of the table.

5) Fight but with peace. Work but with a healthy joy, without anxieties, without worries... True happiness is not in having nor in not having, but in accepting everything with peace...

6) Do not enter into the sacred temple of your neighbor's intentions. Do not always be looking at the other person's sins. Return good for bad.

7) When a soul decides to return to Me, I feel raised above the pressure of the bitter lament from all the broken illusions of all humanity and feel the warmest compassion that makes My Mercy bloom. And there, I proclaim that soul to be a good soul,

a noble soul and rightly so, a soul belonging entirely to celestial royalty.

<sup>8)</sup> Pray each morning, asking that the Father may send you a merciful angel so that the angel may pull off your nettles and thistles that during the night the enemy could have planted.

<sup>9)</sup> Ask Him to never let go of your hand and that never may you be without His Son looking upon you nor be without the love of the Holy Spirit...

### WELCOME MY CROSS

**ARK-52**

15-Mar-95

The Lord

<sup>1)</sup> How much pain at seeing how the Cross, upon which I gave Myself for you, is scorned. Its redeeming value unknown... Contemplate My wounds, soaked in the aroma of life. See how My Blood flows, staining My Body which was immolated for you. Open your hearts and receive: My fatigue, My breath, My sweat, My enormous agitation, My tears...

<sup>2)</sup> I died on the wood of a blessed Cross, with arms extended. I prayed more than any other time, while hanging upon it... Help Me accomplish My work! May that solidarity be a sign of this time.

<sup>3)</sup> Submerge your hearts in My love. Surrender yourselves to silence and meditate upon the words that are life and light...

### EUCCHARIST

**ARK-53**

19-Mar-95

The Lord

<sup>1)</sup> I am with you in presence and in essence. A Christ who humbly bends to tell you that the world has the right to the peace that I brought you with My birth. God infuses you with His own

spirit and He cannot be deceived. Live the Sermon on the Mount; we are living the resurrection of the dead... I come to resurrect you, to save the flesh from eternal death, to raise it up new, pure, beautiful; as My Father created it.

2) I have put into action the most effective instrument of grace, the Eucharist. In it I immolate Myself in all the temples of the world, only to save you, to bring you back to life and to guard your eternal life... I want to be the inseparable companion of all human loneliness until the end of time.

3) A man makes himself available the moment that he accepts not to depend on himself, since human existence has the tendency to a disturbing circle of egoism.

4) I could not give Myself to be consumed by all humanity without allowing them to grind Me as a grain of wheat; learn from your Teacher and your friend.

5) I want to enter the poor places inhabited by pain and to keep watch over the sleeping orphans of the entire world, and to be the crutch for all those who carry the weight of the age... I want to be for all the presence in the bread and wine; help Me in My delirium of love...!

6) If every one of you sets out to save a soul, we will advance along the quickest path towards salvation. Do not allow My sheep to be lost in the ravine of the mountain; do not open your windows to sadness and grief... I am among you...!

### **A DIVIDED PERSON CANNOT SERVE ME**

**ARK-54**

**20-Mar-95**

**The Lord**

1) Woe to the world, My daughter! And, also woe to those who attach themselves to its attractions and vanities!

2) What is the world? The perverse and disorderly love of pleasures and riches with which the worshippers corrupt and are corrupted.

3) Devoted to wickedness, you cannot possess My Spirit, the same way that the life cannot be the sister of the lie, nor can corruption go hand-in-hand with purity... What can there be in common between the world and I? The world is conspiring always with its prince: Satan looks for the eternal damnation of souls and My heart wishes the salvation of them. It is impossible to serve both at the same time, because if you consecrate yourself to the world, you are not a Christian and you tear up every privilege inherent to that elevated title.

4) In Baptism, in front of Heaven and earth, you renounced the world and all evil. Without this promise from your parents and your godparents, I would not have felt that you were My daughter. If after this you subscribe to the flags of the world, you not only committed perjury, but you are even worse than the pagan who made no such a promise...

5) Use the things of the world as if you do not possess them and while you walk on the earth, have your heart in Heaven.

6) The more you separate yourself from creatures, the more closer you will be to your Creator and the better disposed you will be to receive the celestial graces...

7) Trust, My daughter. I overcame the world; if you want, you also will overcome it and if you do so, I will give you a beautiful dwelling...

## YOU HAVE BEEN CREATED FOR GREATER GOOD

**ARK-55**

21-Mar-95

The Lord

<sup>1)</sup> Love of My pains, voice of My voice, you have been created for blessedness. This proves the reason,; this teaches the faith.

<sup>2)</sup> Look for happiness without rest and it is good to do so. But, stop looking for it in creatures because you will not find it in them. Nothing in this world is capable of filling your hearts and even if you posses all created things, your hearts would still be empty and miserable.

<sup>3)</sup> The earthly things excite the thirst of the heart, but cannot quench it. Do you think you will find in creatures what does not exist in them? Even though you possess in the world whatever you can desire, afterwards you will discover that you have found nothing more than vanity and affliction of the spirit... All that is in the world is unworthy of your noble destiny and of the love of your heart... You have been created for greater good; you were born for eternal riches, you are destined to infinite treasures. Do not stay in the mud, when you have been created to reign perpetually.

<sup>4)</sup> If you want to find true happiness, devote your hearts to the imitation of Mine. If you enter only once in its interior, you will see from there the way the world really is, not the way it is judged by foolish worshipers of the world.

<sup>5)</sup> Safe in the union of My heart, as in a safe harbor, you would like to stay, living always in it, being missed and defended from every move...

<sup>6)</sup> I hope that you know the value of this Divine grace. I hope that you understand how many are the goods contained in it.

Peace, total tranquility, unruffled security, happiness and true joy for everyone who loves My heart and lives within it...

*7) (My Jesus, joy of the Holy Trinity, happiness of the Angels and the Saints, paradise of souls, what do we look for outside of You, when in You there is all that we can and should desire to have?)*

## THAT YOUR HEART IMITATES MINE

**ARK-56**

22-Mar-95

The Lord

*1) Daughter, little daughter, of all things, only one is necessary: to save your soul for all eternity. If you lose it, everything is lost; if you save it, everything else is saved. Only by imitating your Jesus will you attain eternal salvation...*

*2) Not everyone can follow Me by the way of My exterior life. Regardless, all can and should imitate My interior feelings.*

*3) Even though you distribute all your goods to the poor, even though you give your body to an extremely austere penitence, if your heart does not resemble Mine, you have nothing and it does not give you any advantage for eternity... You will be judged according to the resemblance of your heart to Mine and accordingly, you will receive the eternal reward.*

*4) For the many apparent virtues you have, no matter how much you present them with a devout exterior, if your heart does not imitate Mine, all your virtues will not be more than a scruffy composure of the face.*

*5) In the old Law it was prophesized how I was going to be in My heart, and no one was inscribed in the number of the elected, except he who had engraved on his heart the qualities of My future heart... From the institution of the Church until today, My heart has always been the sanctification of the apostles, the strength of the martyrs, the constancy of the confessors, the*

purity of the virgins, the perseverance of the just, the perfection of all the Saints.

<sup>6)</sup> Courage, My children, follow Me wherever My Mother takes you; the closer you follow Her, the closer you get to consummate perfection...

## I LOOK FOR PURE HEARTS

**ARK-57**

23-Mar-95

The Lord

<sup>1)</sup> My daughter, if you want to give yourself and to savor God's ineffable sweetness, purify your heart with care...

<sup>2)</sup> See how your hearts are, born in sin, dirty and disfigured with so many stains, inclined to what is bad, promoting and nurturing so many disorderly passions, filled with the world and of themselves... How can I enjoy Myself and to inhabit a heart like that? I look for pure hearts and all My delights are in living in them and enjoying Myself in them like among lilies.

<sup>3)</sup> Some avoid the mortal sins and admit the venial without scruples, such an evident sign that more than for My love, they govern themselves according to self love.

<sup>4)</sup> Be careful of venial sins, if you do not want to commit mortal sin. The more indulgent you are of small faults, the more you expose your salvation to danger, because venial sin diminishes charity, instills lukewarmness, corrupts acts of virtue, blocks the spring of graces and little by little leaves the soul totally empty.

<sup>5)</sup> Purify your hearts, My children, and nothing will stop you from sweetly reaching the interior union with Me, and thus to experience to fullness the tenderness that I want to give you...

<sup>6)</sup> Let it not be enough to free your hearts from the sin of the world; you must also free them from yourselves. As the complete renunciation of sin establishes the divine friendship and

the detachment from the vain superficialities of the world makes you well disposed to the interior life, so also when man abandons himself for My sake, that leads to union with Me... It is necessary that you give Me all your heart if you want to enjoy supreme happiness in this life.

*7) Your hearts are Mine, because when they did not exist, I created them. When lost, I looked for them and redeemed them; when exposed to be snatched by the enemy, I protected them and kept them. By giving Me your hearts, you give Me what belongs to Me.*

*8) Many have the unfortunate habit of dividing for self-love and under other pretexts, their affection between Me and any other created thing... It is frequent but dangerous and fatal.*

*9) Little children, I want to possess your hearts. I am its only owner, I, your jealous God, I, your only end and your only blessing. Amen, My children, love is necessary, for this your hearts have been created, but, to love what must be loved (to love Me) and if you are inclined to love any other thing, you must love only out of love for Me... And when outside of Me you love nothing except for the love of Me, and when you admit nothing in your hearts but Me and for the love of Me, it will be then that you are found purified...*

## **I AM THE WAY, THE TRUTH AND THE LIFE**

**ARK-58**

**25-Mar-95**

**The Lord**

*1) There is only one good being, God, the supreme goodness, the wisdom, the power and the infinite perfection. What could be better than to follow and to imitate God?*

*2) Being as God is not within reach of man's senses, and man being of very limited senses, it was necessary that I, a divine person, become man, manifesting Myself and taking exterior*

form and senses, so that with greater ease and gentleness man could imitate God.

3) Taking on flesh, I brought together in Me the utmost of the divine human grandeur, so that as many as wanted could arrive to God through Me and attain supreme happiness... From Heaven I came and to Heaven I return, teaching to all the way that leads to it, so that where I am, there may also be those who follow Me in this present life.

4) I am the truth and I appeared in the midst of the darkness of the world in order to illuminate every man that comes to the world, so that each might follow the correct and secure path.

5) I am the life and I came to the world so that the dead could have life and life in abundance; a true life of grace in its pilgrimage, and life of glory in the celestial motherland.

6) I am the way, the truth and the life. Without a way there is nowhere to walk, without truth you cannot know yourself, without life you cannot exist. I am the way that you must follow, the truth that you must believe, the life that you must hope for.

7) I am the inviolable path, the infallible truth, and the unending life. The straightest way, the supreme truth, the true life... If you stay in My path, you will get to know the truth, it will make you free and you will reach eternal life...

8) If you want to enter into life, keep My laws; if you want to know the truth, believe Me; if you want to be perfect, renounce the world; if you want to be My disciple, deny yourself, learn in My school. If you want to know the blessed life, despise the present life; if you want to be praised in Heaven, humiliate yourself on earth; if you want to reign with Me, carry the Cross

with Me, because only the servants of the Cross will find the way of blessedness and of the light...

## I HUMILIATED MYSELF FOR YOU

**ARK-59**

26-Mar-95

The Lord

1) Pride was, is and will always be the origin of every malady, the same way as humility is the beginning of every good.

2) Humility is that which puts you in your proper place, to give to God what belongs to Him, the thanksgiving, the honor and the glory and *you attribute to yourself what is yours: nothing.*

3) My little daughter, contemplate the love of My heart. I made mankind for it to take comfort, to be extolled. I humiliated Myself for you and I assigned you a better and more honorable place. Since then, your place is with Me.

4) *Where will you find Me? A Child in the manger, exiled and unknown in Egypt; hidden in Nazareth, working in public and suffering. Occupying always the last place and dying in it.*

5) With Me you will be far away from pride, which is loathed by God and by men, which engenders all sin, which deprives of merits, which accumulates punishment. Loathe My example and you will follow in the footsteps of Satan...

## LIVE IN MY PRESENCE

**ARK-60**

31-Mar-95

The Lord

1) My daughter, I want to teach you how to live in the Divine presence and for that, make an effort to enjoy it so as to live with Me...

2) There is no creature invisible to My eyes because they penetrate everyone's heart. If a man might enclose himself amidst darkness, if he hides himself in the middle of the desert, if

he buries himself in the core of the earth, everywhere his eyes will encounter Mine.

3) So as I may always be present in you and you will never sin, remember Me and love Me. The memory of My presence is an efficacious means to avoid sin. Without the exercise of the Divine presence, solitude is dangerous and human interaction is frequently harmful.

4) Even though you are of a weak nature and are inclined to fall, the divine vision does not permit you to be deceived, nor does the divine love allow you to fall.

5) Then, My daughter, acquire the habit to live in My presence and try to preserve it with care. Once you acquire it, it will be protection in danger, light in darkness, consolation in solitude, safeguard in the world and everywhere, divine communication...

## MY NAME IS CHARITY

**ARK-61**

2-Apr-95

The Lord

1) Come to Me all who are weary... The just, to justify yourself more; the lukewarm, come closer to fill yourself with faith, the sinner, come to purify and sanctify yourself.

2) Let no one be frightened by the gravity of his sins nor by the grandeur of My majesty; I did not come to look for the just, but to call the sinners to penance.

3) My children, the bigger the misery that enslaves you, the more pity I will feel for you and, the sicker you are, the more you are in need of a doctor. Your miseries do not surprise Me; I know their origin. I understand your hearts. What astonishes Me is that when I offer to cure you, you do not want to be healed or, if you want to, it is as if you doubt My goodness.

4) Where will you find a heart that loves more than Mine? No man has more charity than the one who gives his life for his friends; and I, the Son of God, have even more charity, since I give life for My enemies...

5) If you understood My charity perfectly, you could understand the tenderness with which it loves the faithful souls and with which it obliges the sinners. Because: Does not My heart pity the one who suffers? Does not My heart become afflicted for the one who sins? Does not My heart give medicine to the one who gets sick? Does not My heart feel for the one who recognizes his misery? And finally, has not My heart filled the one who exists in the world with benefits?

6) With all My love and with My heart perpetually open to them, I am a Father who embraces His children engendered on the tree of the Cross so that at all times they may have a refuge, and not just any refuge, but the center itself of My divine affection...

7) They sleep and My heart watches over them; they watch and My heart guards their conservation. If any of them, seduced by the enemy, gets separated from Me, My heart saddens like in the death of an only child. I follow the one who runs away; with divine love I invite him, I urge him, I promise him. And if he does not want to listen to Me, I have patience, I stay at the door of his heart, I call frequently... And when he decides to come back to Me, I turn to meet him, I hug him with joy against My chest because I see already alive and safe the son whom I mourned as dead.

8) Whomever you are, sinner, come to My heart and there you will find a refuge for your soul, medicine for all your diseases.

Trust and do not fear. I call you, not to confound you, but to dispel all your restlessness.

<sup>9)</sup> Come, My children, come: Here I am waiting for you with open arms and My heart burning with love for all humanity...

### **LOOK FOR THE HOLY SPIRIT!**

**ARK-62**

**3-Apr-95**

**The Lord**

<sup>1)</sup> Spirit of Wisdom and Understanding, Spirit of Counsel and Strength, Spirit of Science and Piety, Spirit of Fear of God, Spirit of Grace and Prayer, Spirit of Love, such is, beloved little daughter, the Spirit which rests in Me.

<sup>2)</sup> Supernatural Spirit, divine, which is charity and charity that embraces all other virtues.

<sup>3)</sup> Love inspired, love that guides, gently and with force impels to perfection, that encourages sacrifice and stimulates the heroic.

<sup>4)</sup> Happy is the one who is possessed by the Divine Spirit of My heart! Neither appearances nor occupation but the Spirit is what makes a disciple Mine.

<sup>5)</sup> Without My Spirit, what I do will be disagreeable to you. You will not understand with discretion what I teach, nor will your hearts accept what I dispose. Nevertheless, these things will be agreeable, delicious, the moment they have My Spirit... If you are with Him, My judgments will be your judgments. My feelings will be yours; the life of My heart will be the life of yours.

<sup>6)</sup> This Spirit of Mine animated all the Saints; Its unction taught them; Its virtue fortified them; Its sanctity formed them. What they did not even begin to undertake animated by My Spirit! Depending upon Him, they disposed of all their thoughts,

ordered all their words, directed all their deeds and arranged all their lives.

7) My children, if you want to learn of this Spirit, study My life, penetrate My heart, examine and weigh piously all My feelings, and you will find It working in all, and in every one of the mysteries of My life and everywhere you will know Him by His fruits.

8) **But, of what use will it be to know My Spirit, if you do not receive something from Its fullness? To be animated by Him, pray, My children, pray fervently. The more and the better you implore and meditate, the more easily you will follow Its inspirations...**

### APPROACH MY CROSS

**ARK-63**

5-Apr-95

The Lord

1) Come My child, go up to Calvary and contemplate the cruelly hoisted Cross and I, hanging from it between Heaven and earth, gushing blood from every wound, on one hand, purifying the world, and on the other, crying out to Heaven for the salvation of men.

2) Meditate devoutly and attentively My unprecedented torments and learn well how serious and how horrible are the sins of the world and your own, when you have needed such expiation.

3) Learn also how much is the love of My heart through which, being innocent, I have suffered of good will the punishment of the guilty...

4) I on the Cross amused with bile and vinegar; you looking for food and presents. I crowned with thorns; you taking on a garland of roses to scorn Me. I poor and naked; you so lost

among the things of the world. I having a piece of wood for a bed; you looking for the soft bed and the treats of the body. I on the Cross and on the life that I lived filled with dishonor and pain; you getting lost, always losing your way following honor and delights. I with My side open to give you My heart; you with yours open to vain and dangerous love. And is this how you respond to He who has created you, the One who has redeemed you and the One who has preserved you? What have you done with so many benefits that I have given you, which in thanksgiving you crucify Me again?

5) And you, truly knowing Me better than others with the help of My grace and your experience, and being obliged to correspond with greater gratitude and more tender love, your sin is bigger than that of those who crucified Me... You add more acute pains to the pains of My wounds; you tear My heart, not dead, but alive and you sacrifice with unprecedented cruelty the Author of your life and Judge of your eternal destiny.

6) Certainly, nothing manifests more evidently the malice of sin than in My Passion, nor could you have ever known so clearly its enormity had I not died on the Cross for your cause.

7) Cry for yourself and for your destiny. If the sinners do this to Me, the flowery tree, what will they do to you, a dry and arid trunk, your own innumerable sins? Now I still am your Savior, your Father, willing to receive you in My arms; afterwards you will only find Me as a Judge.

8) Come, My child, come closer to the Cross; here shines the clemency and magnificence of My fatherly feelings. Here My wounds not only move you to repentance and penitence, but they offer pardon and grace; here the voice of My blood

intercedes for you, with a powerful clamor; finally, here My heart burns with the desire for your eternal salvation.

<sup>9)</sup> All of you, the thirsty ones, come; this is that mystic rock, struck by Moses' stick in the desert, from which came out abundant water. Those who desire peace and friendship with God, will find in that rock that which the Patriarch Job sprayed with oil and rose as a bond of friendship and peace between God and men... Those who desire wine to cure their wounds, this is that cluster brought up from the Promised Land to this valley of tears, which is now mashed and reviled in the place of the Cross for your remedy.

<sup>10)</sup> Those who desire the oil of divine grace, this is the precious vessel of the life of Elisha, filled with oil, with which all will have for paying their debts. And even though the vessel appears too small to many, do not see the quantity but the virtue, which is so big that, while there are vessels, the vein of this sacred liquor will always run to be filled.

<sup>11)</sup> Here is planted the tree of life; here is seated the mystical stairway which unites Heaven and earth, through which the Angels go to God.

<sup>12)</sup> Embattled by the devil, nowhere else will you resist the combat better than at the foot of the Cross. Here, stripped of your nobility and strength, you will easily attain victory...

## YOU FIND MY CONSOLATION IN PRAYER

**ARK-64**

**6-Apr-95**

**The Lord**

<sup>1)</sup> Try, My little daughter, to acquire the Spirit of prayer; ask for the holy habit of prayer.

<sup>2)</sup> Pray, not only vocally but also mentally and with the heart. Pray in prosperity to offer Me your thanksgiving and

happiness, in adversity to implore My help and consolation, and in doubt to ask for My advice.

3) In no other place as in prayer, will you find the true knowledge of Me and of yourself; for that reason, without prayer you will never find humility and true charity. You will never know Me well, nor will you possess My Spirit, neither understand the sentiments which cheer Me up in many things...

4) If you have recourse to prayer to ask for material or economic goods, it will happen that you will think of them in a different way than the way you thought of them before, because the light of divine grace which is granted to the soul in prayer, is exceedingly purer than the lights of human understanding.

5) If you have recourse to Me as often as you feel afflicted, you will not need human consolation, because a drop of My consolation is much more efficacious than all the consolation of men.

6) The one who applies himself in prayer unites with Me more intimately. He does not fall, he rises up; he does not get sad, he is cheered up; he does not hesitate, but he acquires more certainty.

7) The soul, accustomed to having recourse to Me everywhere, has its protector, its counselor and its consolation. In prayer a sure hope of perseverance is found... She is the food of those that hunger and thirst for justice, the delight of pure souls, and in her is all that you might desire.

8) While you pray you give Me reverence, you glorify Me and you do on earth what the Angels and Saints do in Heaven and the same thing you will do afterwards, during all eternity...

## THE BEAUTY OF VIRTUE

**ARK-65**

7-Apr-95

The Lord

1) In this life true virtue never ends. No matter how much one has gone ahead in virtue, you can and must advance further.

2) Do not be satisfied only with the natural virtues because they do not gain eternal fruits only temporal ones.

3) Every plant that does not have its origin in divine grace will be uprooted. Perfection and its progress, in the order of grace, cannot be obtained but through previous desires of the heart.

4) Bring often to memory the great and powerful motives that push you to greater advances in perfection. For that, consider who is He to whom you serve, how pleasant are His infinite perfections, and it will encourage you to love.

5) Remember the benefits that I have given you and if your hearts have not completely lost their capacity to feel, you will love Me with a new sentiment of gratitude.

6) Weigh the seriousness and the multitude of the sins that I have pardoned you with a paternal love. Do you believe, by good fortune, that you will do a lot for Me, no matter how much you do?

7) Contemplate the unhappiness of those to whom sin or lukewarmness enslaves and the indescribable happiness of those who, on the contrary, serve Me with a fervent love. In summary, take note of the beauty of virtue and the ugliness of vice... Meditate on the brevity of the present life and the eternity of the future life, the assured death and the uncertainty of the hour of death...

## TAKE UP YOUR CROSS AND FOLLOW ME!

**ARK-66**

7-Apr-95

The Lord

Santa Ana of Cala Cala

<sup>1)</sup> *(On the occasion when the Christ of Limpias cried. \*)*

<sup>2)</sup> My child, the Cross is the banner of My Kingdom against the prince of this world and on it I wanted to write with My own blood the indelible insignia of those who are Mine. My love, sacrificing itself for the love of men against the insignia of the mundane: the love of pleasures, of riches and of the honors of the world.

<sup>3)</sup> With this banner My faithful recognize Me, and burning with My love they follow Me with joy. With it they fight; with it they triumph over Hell, the world and over themselves. With it they conquer the Kingdom.

<sup>4)</sup> Listen! They had pronounced the sentence of death against Me and hurriedly prepared everything needed for My execution on the Cross. She was waiting for Me. Tied up, blood flowing from My wounds caused by the whips, My enemies took Me where she was and when I saw her, with a heart burning with love, I exclaimed: Hail, oh My always beloved Cross, desired without interruption and prepared for Me long ago! For you, oh Holy Cross, I will defeat them! For you I will triumph; for you I will reign!

<sup>5)</sup> And hugging it against Myself, I watered it with My tears and I showered it with My blood. I then put it on My shoulders, while the world watched and Heaven contemplated.

<sup>6)</sup> Thus I walked with great fatigue, surrounded by Jews and gentiles, carrying My own Cross up to the summit.

7) Just as I did, My child, you also must do: take up your Cross, follow Me with your eyes always fixed on Me, and walk with a strong will and with an expanded heart, without inclining to the right, nor to the left.

8) Do not forget My insignia, neither abandon My banner; be ready to triumph or to die under its shadow, sure that if you live or die, you will be a sure partner and participant of My victory.

9) Happy is he who embraces the Cross with love and carries it with fidelity. The Cross puts him next to Me; it does not overwhelm him but upholds him. It is not an obstacle but it opens the way to sanctity and triumph.

10) That is why, My son, if you want to win with Me, you must stay with Me, under the Cross, and to die embracing it... The Cross is the wisdom of the Apostles, the trophy of the Martyrs, the glory of the Confessors, the defense of the Virgins, the sanctification of anxiety, the protection of the youth, the accuser of the mundane, the mirror of the religious, the refuge and counsel of all the unfortunate.

11) On the Cross there is health; on the Cross there is life; on the Cross is the defense against the enemies. In it is found the supreme virtue and the perfection of sanctity. Here, next to the Cross, you will construct a society with angels surrounding you, who will protect you, will fight with you and at the same time will work with you to extend My Kingdom.

12) Do not let your heart dismay when you encounter difficulty. Look at Me, son of God, innocent, carrying My heavy Cross in front of you out of love... Do not deny carrying yours after Me and for My love. The same love, which made sweet to Me such a bitter Cross, will also sweeten yours.

<sup>13)</sup> Pray often, so that with sanctifying grace you will deserve the Cross, which is ignorance for those who die and wisdom for those who are saved... It is a torture for My enemies and for the disciples of My heart, it is a consoling guarantee of eternal blessedness...

[\*Note: The weeping and bleeding statue of the Christ of Limpas in Cochabamba, Bolivia]

## THE SACRAMENT OF PENANCE

**ARK-67**

8-Apr-95

The Lord

<sup>1)</sup> I take pleasure in opening My heart in a special way to all men in the Sacrament of Penance. What is on earth the glory of God, but the conversion of sinners, the resurrection and the salvation of souls?

<sup>2)</sup> From the compassionate throne of patience, ineffable mercies and pardon, My heart lives throbbing in the heart of My Priests, burns with love for poor sinners and devours with eagerness their sins in the divine flames. From here radiates hope; here the blood of redemption flows abundantly.

<sup>3)</sup> Yes, My blood is like the soul of this great Sacrament that is composed of celestial sanctity and consolation and of compassion that moves and softens hearts.

<sup>4)</sup> It is medicine for the soul, with which vices are cured, temptations are repelled, the stalking of Satan is destroyed, new grace is acquired, piety increases and the virtues grow more and more.

<sup>5)</sup> Through the Confession well made, the soul recaptures the rights that it has lost and brings out that beauty which iniquity disfigured.

6) What would be of the majority of men if Confession would not exist? How few would be saved! And how many of those who are in Heaven or some day will go to Heaven would have been condemned!

7) For this reason I have given the Church the power so that the sins of those whom she pardons are forgiven... For his perdition and ruin, unfortunate is the one who hesitates and is ashamed to disclose his conscience to he who has been authorized by Me! Why is he ashamed to confess for his salvation and his glory?

8) Disregard all anxiety because I am not the God of the restlessness, but the God of peace. Do whatever is possible and confess according to what you know and with great ingenuity. Then live in peace and do not be disturbed any longer by the suggestions of the enemy or by the ones of your imagination.

9) My heart is the refuge of sinners. I will not reject nor spurn he who seeks Me with a contrite and humbled heart.

## THE SACRAMENT OF THE EUCHARIST

**ARK-68**

9-Apr-95

The Lord

1) Here I am, My daughter, in the Eucharistic Sacrament. The Sacrament conceived by My love for all time, accomplished by My infinite omnipotence in time, preached to the nations, comfort for the world, which enraptures with its sweetness the hearts of men.

2) A highest Mystery that exceeds all created nature and the one [the Sacrament] in which, after going up to Heaven, I wanted to stay with you until the consummation of the centuries.

3) Because My love would not permit it, I could not stand to leave orphaned those whom I loved more than My life.

4) Here is the new Heaven, created and adorned with divine art for which My heart takes pity in it everyday. Here I teach the faithful and I form them to My measure, as My beloved children... They feed on Me and with Me they take pleasure; they drink the generosity and the strength of My love; they take courage to practice My virtues; they learn to delight and glorify in the same thing with which I delight and glorify.

5) Oh, if you only would understand, My daughter, how much your Jesus takes comfort in this Sacrament, for the devotion, for the love of so many souls that live lovingly united with Me.

6) Even though weak by nature, those generous souls make strong, almost heroic resolutions for Me and in this way, they compensate with their sentiments and actions the sacrifices of My love, consecrating themselves to My will. Should I not take delight with such a pure and sweet love? Should I not pour out all My mercy on them?

7) My delights are the pure souls because My love does not rest without giving itself and uniting itself with the loved object...

8) Just as there is nothing more united in life than the food and the feeder, so it is in the spiritual life, for the gift of My love, a tight union is realized between the soul and Myself.

9) This is the sanctifying and divine union with which I make each soul happy; it is the work of My unlimited love... Try, My daughter, to remain in Me, not only through faith, hope and charity, but through the perfect union achieved in this Sacrament. Because to live united with Me is for you the unique, the most important, the necessary; because in that union you will always find life, strength, perfection and sanctity...

<sup>10)</sup> Just as fire communicates its heat and its color to iron, in that same way I communicate My love and My kingdom to men. And just as when two pieces of wax mixed become one, in the same way when you receive Communion, unite yourself with Me in such a way that you are in Me and I in you.

<sup>11)</sup> Such is the magnificent mystery of love, whose force and power reside in My heart in such a way that it is granted to you, not only to participate of My body, but also of My soul and to unite yourself intimately with the Divinity and to enjoy it sweetly.

<sup>12)</sup> In this sweet partnership, My heart pours out that gentle and precise grace that will make our union lasting... A union the more admirable and happy because it does not consist of pity and the confusion of everyone other than us, but in the complete transformation of one into the other, through which My affection, My love, My desires and My joy become yours. And here you have consummated that union through which I have to be in you in body and soul, and you, human being, will be found in Me in body and soul.

<sup>13)</sup> That is the reason for which the soul is well disposed to live by Me, for Me and in Me in the fellowship frequently fed with this Sacrament, and to live in such a way that resembles Me, that portrays in your life My own life and that wherever My spirit takes it, there it flies happily living in Me always and everywhere.

<sup>14)</sup> The world does not understand; it cannot understand this admirable treatment of My love, this secret and divine communication between the Eucharistic Sacrament and the heart of those who love Me.

*15) But you will understand it, if you preserve the innocence of the body, and keep purity in the heart.*

Note: As in the original Spanish version, ARC-48a is repeated word for word in the preceding ARC-68 except that there are additional paragraphs (§13-15) in ARC-68.

## HERE IS THE SANCTUARY

**ARK-69**

10-Apr-95

The Lord

*1) My daughter, if you really want to know how immense is the love of My heart, how many marvels are enclosed in it, and what goods I offer you in the Sacrament of the Eucharist, contemplate Me here in anyone of the Mysteries or conditions of My life, according to your needs, your usefulness or your comfort.*

*2) As a Savior, it is My desire to save everything that has died and, sitting by the well, I give to every thirsty soul the living water from the fountain of My heart.*

*3) As a Good Shepherd, I look tirelessly for the lost sheep and, once I find it, I put it on My shoulders and I warm it with the warmth of My breast.*

*4) As a Father, full of love, I embrace with joy the prodigal son who returns to the father's house and I communicate to the children who are faithful to Me, what I have and according to their capacity.*

*5) As a Divine Healer, with the gentle unction of My heart I alleviate the pains of those who suffer, and I heal the souls from every ailment and illness.*

*6) As a Teacher, I teach with the example and the inspirations of My Heart that: blessed are the poor in spirit; blessed are the ones who cry for their sins; blessed are the ones who are hungry*

and thirsty for justice; blessed are the merciful, the clean of heart, the peaceful ones, the ones who are persecuted for the sake of justice; finally, blessed are the ones who do the divine will, since they are My brothers and coheirs of the Kingdom with Me.

7) This Sacrament also contains the consoling mysteries of My life:

8) Here is *Bethlehem*: where the faithful souls light up their fervor; where their piety is nurtured and they sanctify themselves; where their hearts are melted and are consecrated; where it is not the angel who offers peace to men of good will, but I Myself who gives it with all the magnificence of My heart.

9) Here is the *Sanctuary*: in which I am presented to God the Father and offered for the health of men; in which I give Myself to the faithful in such a way that they cannot take Me anymore in their arms as Simeon did, but receive Me in their hearts.

10) Here is the destiny of *Egypt*, and not of seven years but of all the centuries; here I am exiled among men who also [like Egypt] are given to adoring as goddesses pleasures, riches and honors; here I am exiled where, known by few, I am for the majority even despised as a foreigner.

11) Here is the *Temple*: where I am still occupying Myself with the things of My Father; where, in the midst of the Doctors that listen to Me, I spread My Spirit, instruct the souls and communicate to them the secrets of the spiritual life; where the ones who love Me look for Me and find Me joyful, rejoicing like My Parents rejoiced in other times.

12) Here is *Nazareth*: where I live a hidden life in God and where, model of spiritual life, I live in a way known only to the souls who aspire to perfection.

<sup>13)</sup> Here is My *Classroom* where the zeal for souls urges and impels without rest to extend the kingdom of divine love in hearts.

<sup>14)</sup> Here is the *Cenacle*: where I celebrate the Passover with My disciples; where I give them My heart; where I leave them My peace.

<sup>15)</sup> Here is *Gethsemane*: here is Jerusalem, theater of My sufferings; here is the Golgotha, bloody witness of My crucifixion.

<sup>16)</sup> Here also is the mystery of *My Resurrection*, since the Church in celebrating this great solemnity is raised in a certain way with Me. And for love the faithful souls, like My Mother, hurry to go to the glorious Sepulcher to see Me glorified by faith, to embrace Me with expectations and to have joy in Me.

<sup>17)</sup> All these mysteries of the love of My heart which I enclose manifestly and in a wonderful way in this Sacrament, remember them frequently, My daughter. Celebrate with the same sentiments of My Church the festivities, in which they are commemorated; come to drink in these springs the plenitude of the graces that My heart offers you in them.

## THE CHURCH IS MY MYSTICAL BODY

**ARK-70**

12-Apr-95

The Lord

<sup>1)</sup> All the creatures give witness that I am God. From the beginning the Patriarchs and the Prophets preached of My coming; hence I was recognized by all the elements of the world: the heavens, when they offered a star at My birth; the sea, when it was made a road for My feet; the earth, when it saw Me suffering it trembled; the sun, when hid its rays on seeing its Maker agonizing.

2) The Angels gave witness of Me when: they announced Me in the Incarnation as the Son of God; in the Nativity proclaiming Me as the Savior of the world; serving Me during life and being witnesses of My Resurrection.

3) My own Father also gave witness of Me, when He declared repeatedly that I was His beloved Son. Likewise when the Holy Spirit gives inspiration and movements of grace and the effusion of His gifts, He attracts the hearts of men towards Me.

4) Finally, My own works give testimony of My Divinity. Because by the virtue of My power, the blind see, the lame walk, the deaf hear, the sick get well and even the dead come back to life...

5) All this, My daughter, and whatever is necessary to reach salvation, is taught to you infallibly by the Church, through whose mouth I speak today with more clarity than when I spoke in other times through the mouth of the Prophets and the Saints. The Holy Church, which I built on a rock, which I made fertile with My blood, in which I live, to which I govern with My Spirit and to which I feed from My own heart.

6) That is why you should submit your understanding with humility and joy in everything that she teaches and commands; to prepare your heart in such a way that you love her as the best of mothers, as the blessed mother of all who are to be saved. It is not to you to judge them, the errors that you might see among her members; all its members must meet with My eyes, with My justice, and I will be He who may decide what was good and what was bad.

7) Faith, in order to be healthy, must be animated by the sanctifying grace without which you neither unite yourself to Me, nor does it make you a living member of the Church that is My

mystical body... If faith languishes in many, it is because they neglect the consideration of the truths of the Faith, being too much occupied with what is of the world and of the flesh.

8) If you meditated well, if the eternal truth were accepted, you would love much more the things that are of God and that lead to salvation; faith would be more resplendent; it would produce more and better flowers and fruits.

9) Preserve, My daughter, the evident divine faith that lives in you by works done in a state of grace and without which your faith would be a languishing faith.

10) Every disciple of My heart has and nourishes this living faith... Then live it, encouraged by hope and burning in charity, walking and ascending in this way from virtue to virtue...

### **THE BIGGEST OF ALL TREASURES: MY MOTHER**

**ARK-71**

13-Apr-95

The Lord

1) When I was close to dying and before entering into My Kingdom, I did not want to leave those who are Mine orphans and without a Mother; so I resolved in the treasures of My love to give them a Mother, the best among all and above all: My own Mother.

2) Recognize, My daughter, the price and the magnificence of this legacy of My heart. What better thing could I give you? There was nothing in the world more loved by My heart, nothing sweeter for you.

3) The maternal heart of Mary abounded in singular tenderness, compassion, love and diligence. Her heart will never forget Her children whom She received from Me, moribund, to feed them.

4) Having formed that heart of Mine, it manifested itself to all under the sweet name of Heart of a Mother so that all who have

recourse to it might have easy access, be received benignly by Her and also be introduced by Her into My heart.

5) Through Mary I came to mankind; through Her also must men come to Me. Entrust to My Mother any grace that you desire to obtain from Me; She shares the concerns of My heart for you and shows that She is your Mother.

6) The one who comes to Me through Her will never be refused, rather he will be received in My heart. Experience will show him how great is the power which My Mother has over Me... Because it is not fair that I turn away My face from Her nor deny My Mother what She is asking of Me. She did not lose in Heaven, where She reigns with Me, the rights that She obtained and exercised on earth.

7) Here is the Mother, My daughter, your Mother whom adopted you, suffered with Me at the foot of the Cross... Offer Her your honor and gifts as your Mother during this life, remembering how much She suffered with Me for your love.

8) If you want to experience Mary as your mother, demonstrate that you are Her child and do not sadden Her heart by afflicting Mine with sin, because damned is the child who bitters his mother's heart.

9) In the same way as the world received salvation through Mary, the captives their redemption, the sinners their hope, the just their glory and the Angeles their happiness, by loving Her and honoring Her, will you have recourse to Her maternal heart to obtain mercy and grace, strength and comfort to defeat your enemies, to be and to persevere with Me, and to arrive at the possession of the eternal blessedness.

## CLEAN MY FACE

ARK-72

14-Apr-95

The Lord

1) For love, you will say that I am Love that wants to grow to infinity to pour out itself on the world... You will say that I am the light that comes to illuminate the darkness, the truth that comes to unveil what is hidden. I am the eternal that comes to destroy the temporary... I Am who I Am, the essence that comes to occupy the matter...

2) **It is My desire that you clean My face\*. You should send that cloth to the Hierarchy of the Church to be analyzed along with the Shroud which already exists... it is time to bury the lies and to reveal the truths.**

3) Fast; pray for the priests who do not live according to the teachings of the faith. *Fast and pray to be able to do miracles in this town on the brink of the precipice.*

4) *If you have a great pain and you cannot pray, if you are hurt, if you are confused and do not have strength, only tell Me, "Jesus", with trust and love. When listening to My Name, the Angels, the Saints and My Mother, prostrate themselves and adore Me; in that moment so sweet, even Hell is closed.*

5) I am with you [Catalina]; I am with all of you. Do not suffer for the errors of those around you; that is not important. Pray and give Me your sufferings; I also suffered alone and wounded; why should not you...?

6) Remember that the essence of the union with Me is to know that I am for the soul and the soul is for Me... Pray much for the religious, because their sins weigh more than those of the laity and they provoke the rage of the Father... Do not fear; do not worry; My peace and My love are with you.

[\*Note: This is in reference to the face of the bleeding statue of the Christ of Limpas in Cochabamba, Bolivia]

## THIS COUNTRY SO DIVIDED

**ARK-73**

15-Apr-95

The Lord

1) For My Priests:

2) It is extremely important, My children, that you contemplate and study My life continuously, to take Me as your model and to imitate Me with joy, loving what I love, detesting what I detest.

3) If you do not try to fill your hearts with all the sentiments that fill Mine, you will not have My Spirit, and therefore you will not be Mine.

4) These sentiments are: in the first place ones of ineffable love that I have for My Father and for His Divine Will; secondly, a sentiment of horror and abomination to sin, a sentiment that made Me prefer all kinds of humiliations and sufferings before letting it reign in the world; thirdly, My sentiments of love for the cross and for suffering. My heart, My children, has been even more crucified than My flesh. My crucified heart is the deepest of the depths of the cross. I do not love sufferings and humiliations because of themselves, but I love them, I look for them and I support them because of the divine effects that they produce.

5) These are the sentiments of love that I have for My loving Mother. They are also the sentiments of charity, of goodness, of compassion that I have for mankind and in a very special way, for the little ones and the humble, the children, the wretched, the poor and the afflicted.

**6) And lastly, faith will discover in My heart a deep sentiment of scorn and hatred: for corruption; for the vanities and insanity of the world; for the injustice that is committed in the world and today, in this country so divided, which seems as if Hell itself has been unleashed to sow pride in the ones in power and intransigence in the destitute.**

7) You are the ones called to talk of peace, of the peace that I wanted to leave you. To teach peace but there cannot be peace where injustice and hunger reigns.

8) You do not need anything else than to love Me and to know Me. If you are united to Me, if you love Me this way, I will lead you, not only to Calvary but also to Mount Tabor. Oh souls! Why are you so empty? Oh Golgotha!... Why so abandoned and Hell so populated?

9) Some of you are so filled with the world that you almost do not have space for Me in your souls... You do not accept the graces that I want to give you. Despising My Mercy, you are happy thinking that it is sufficient if you love Me, but you never think that such love must be like Mine. In this way, you annul My efforts to increase your faith because you replace it with a false love...

10) I am thirsty, give Me souls, give Me clean temples, give Me souls which can feel how good and marvelous it is to live close to Me. Show them how much I love them; how much I desire to look for them; how much I want to be always with them.

11) Many of you do not live according to the teachings of the faith. I observe all your words and works. This is only the beginning of the anguish. If this is only the beginning, what will follow if you do not convert?

12) United to all these sentiments, My sons, also meditate and try to imitate the virtues of My life, all reduced to one

nevertheless remaining separated. Only one is the love that contains them, ennobles them and manifests them.

<sup>13)</sup> Contemplate here the tenderness of My love and the humble gentleness of My heart. The heart of a God, truly hidden, truly speechless and to what extreme!... Also look its profound piety, its exemplary poverty, its brilliant purity, its heroic obedience, its exquisite wisdom, its irreproachable justice, its invincible strength, its ardent zeal, its generosity without measure, its tireless perseverance with which it comes in the Sacrament of the Eucharist, in the same holiness year after year and century after century...

<sup>14)</sup> Here you have the crown of holiness, a crown of twelve major stars that embrace all the stars of the other virtues with which My heart is adorned and, in each one, My love is shown more alive and more resplendent...

## ETERNITY IS YOUR HOUSE

**ARK-74**

16-Apr-95

The Lord

<sup>1)</sup> Who follows Me, does not walk in darkness. If you want to be enlightened by the light of the truth and to be freed from the blindness of the heart, it is necessary that you imitate My life and My habits.

<sup>2)</sup> What makes holy and just men are not sublime words, nor the multitude of knowledge, nor the vane science, nor the perishable goods of the earth, what makes them good in My eyes is the virtuous life.

<sup>3)</sup> Without charity and grace, what is everything else worth?

<sup>4)</sup> Neither look with eagerness for riches that come to an end, nor put your heart in them. Do not pursue honors nor praise yourself arrogantly... Do not go after the appetites of the flesh

nor let yourself be attracted to those things that will bring you severe punishment.

5) Do not wish for a long life, but be careful to use good works in the one that is granted to you... Do not pay attention only to the present life, but get ready for the life to come... Do not love what is ephemeral and transitory, but look with yearning for lasting joy...

6) Think of yourself as a pilgrim and a host on earth, through which you quickly pass to eternity. Eternity is your house; eternity is your native country; eternity is your eternal dwelling.

7) During this brief existence you have to consecrate yourself to innumerable objectives: you have many sins to expiate; you have a soul to sanctify and to save; you have a Hell to run away from, a Purgatory to avoid, a Heaven to conquer; you have a neighbor to edify and to help for eternal life. Finally you have Me, for whose possession you were created and to whom you must give honor and glory in as many ways as possible.

8) Blessed is he who I find praying in this manner when I come. In truth I tell you that I will put him above everything I possess. Meanwhile, shelter yourself in the Eucharist which is the way; following it, you will not go wrong; it is a brief way because it is straight, pleasant and feasible; it is the way of love; it is the way by which, whoever goes through it, will become a saint.

9) The Eucharist will protect you in every occasion and will defend you in every danger. It will feed you with the bread of Angels; it will delight you with the manifestation of the Mystery that will occupy your heart making you a saint, marching from virtue to virtue until you arrive to the kingdom of Heaven... It is a unique door that will admit you to Heaven,

a door through which he who enters will be saved and happy for all eternity.

<sup>10)</sup> This Sacrament of love leads you to the kingdom of love, because the more love with which you receive Me, the more glorious and resplendent will you be in eternity.

## KEEP MY COMMANDMENTS

**ARK-75**

17-Apr-95

The Lord

<sup>1)</sup> My daughter, I want to instruct you about love, but I do not want you to read about it and then turn the page. Analyze it, receive the instruction and become aware of all of this, which is the culmination of the formation that I am giving you.

<sup>2)</sup> You will love the Lord your God with all your heart and with all your strength, this is the first and principal Commandment of the Divine Law. And I am, My daughter, your Lord and God and for Me you have been created and redeemed. Will you find the price of loving Me difficult?

<sup>3)</sup> What thing is easier than to love? Love is the life of the heart and, to love I created yours, but to love Me above all things.

<sup>4)</sup> Can there be found on earth or in Heaven, a sweeter object of love than My heart? You call Me your God, your Father, your Beloved, but if I am your God, what have you done of My good name? If I am your Father, where is your love? If I am your Beloved, where is your affection, your tenderness?

<sup>5)</sup> The first sign of the divine love's life is to love Me with such preferential love that you may keep all My Commandments, without permitting yourself to break them deliberately.

<sup>6)</sup> He who does not love Me this way, lives in death. It is impossible that life and death, divine love and sin live simultaneously in the same heart... Behavior gives testimony of

love, so that he, who keeps My Commandments, loves Me. And in this you will know that you love Me, in that you may protect My feelings.

7) Your love towards Me would be more perfect and meritorious according to your conformance to and consistency with the divine will in all things.

8) This love makes you despise and flee from everything that I despise and flee and that you delight in what pleases Me.

9) Love always desires to direct itself upward; it does not want to be halted by vile things.

10) There is nothing sweeter, nothing stronger, nothing higher, nothing more expansive, nothing more pleasant, or more fulfilling, or better in Heaven and on earth than love; because love was born from Me and it cannot rest in perishable things, but only in Me ...

11) The one who loves runs, flies and is happy; he is free and nothing stops him. He gives for all everything and this he has because he rests on Me who is the Supreme Good above all things and from whom flows and proceeds all good.

12) Love sometimes cannot be measured because it boils above every measure. It does not feel the burden; it does not mind the effort; it wishes more than it can; it does not complain of the impossible, because it is persuaded that it can do all in Me.

13) Love always keeps watch: when fatigued it does not get tired; when anguished it does not get discouraged; when terrified it does not become upset. It is like a lively flame that rises and penetrates without obstacle... Love is swift, prudent, forbearing, heroic, without ever looking out for itself, because in doing so it would stop being love.

<sup>14)</sup> Love is circumspect, humble and upright; it is not sold; it is not frivolous nor does it pay attention to vain things. It is sober, chaste, constant, tranquil and collected in every sense.

<sup>15)</sup> Love is submissive and obedient, devout and grateful to its God and waits with fidelity and trust for its Lord. Even when it experiences the sweetness of My heart, it knows that it cannot live in love without pain.

<sup>16)</sup> Love. My daughter, this holy love being only one, accomplishes all and works marvels with extreme sweetness. This love you learn by loving: love much if you want to advance much in the science of divine love... You will increase this love by praying piously, asking often for the grace of love, communicating with Me more for the result than for the meditation, pouring your heart to Me more than occupying your mind in My presence...

<sup>17)</sup> You will increase this love if your soul shows gratitude for what it possess and has received from Me in life: preservation; all the natural goods; redemption; vocation; grace; all the means of salvation and, lastly, all other supernatural goods.

<sup>18)</sup> You will increase this love by remembering always: how much I have loved you; how much I have done for you; how much I have suffered for you; with how much Mercy and mildness I have always conducted Myself with you; and what I have prepared for you in time and eternity...

## HOPE

**ARK-76**

17-Apr-95

The Lord

<sup>1)</sup> Hope, My daughter, is the anchor of life. In the same way as the anchor steadies the ship in the sea, hope sustains the soul for Me.

<sup>2)</sup> All in the present is done with hope for the future; hope is the food of mankind and stimulates hearts impelling them to generous tasks. Human hope is uncertain and futile, deceitful and brief, where as divine hope is true, immovable and infallible, because it leans on My word and it supports the one who hopes and rewards the perseverant.

<sup>3)</sup> This holy virtue is necessary for you, My daughter, so that with valiant heart you may aspire to the crown and, may obtain it through every difficulty.

<sup>4)</sup> To those who hope in Me and do good to the end, I have promised them as My children eternal life, [doing so] mercifully and as My promised prize that they have to faithfully receive for their merits and good works.

<sup>5)</sup> So that your own miseries will not be enough to diminish your trust in Me, the smaller you recognize yourself to be, the much more motivation you have to trust in Me.

<sup>6)</sup> For your self-doubting to be good, it ought to produce trust in Me. Reject, as dangerous, all mistrust that engenders despondency... Throw yourself into the bosom of My providence. As a child in the lap of his mother, he who rests in his Father's arms will not perish...

## THE MOST BLESSED SACRAMENT

**ARK-77**

18-Apr-95

The Lord

1) My daughter,. My children, My heart which you possess in the Most Blessed Sacrament as a pledge of future glory and which has to be your blessing in Heaven, is also for you while you live on earth.

2) In it you have the open fountain to every good that always flows, of which you can drink and it will never be exhausted.

3) My heart renews in this Sacrament all the marvels of My life, but in a way more useful and perfect, as it is more spiritual and aimed at life...

4) Then I cured the illnesses of the body but here I heal the illnesses, the weaknesses and the miseries of the soul. Then I freed the possessed or those bothered by the devil, here I do more because I protect them from him. Then I cleaned the leper and here I purify the souls and I leave them clean. Then I fed miraculously thousands of men with supernatural food, here I nurture all with My Body. Then I cured those with hemorrhages; today I cure the sores of their spiritual wounds.

5) In the same way that My heart was shown to all to be full of compassion, Mercy and goodness, it is now open for all, even for the unhappy and the desolate.

6) Go to receive Me daily in this Sacrament because it is the only door that the evil one will try to close and you should not allow to be half-closed...

7) Unite, My children, unite around this fountain of love that wants to penetrate your souls and to heal every wound. Come back to Me with courage, without fear, without doubts, with a

strong soul. Let your hands have the firmness that Moses had to take up the staff that would liberate the people of God...

## CHASTITY: PERFECT FIGURE OF HEAVEN

**ARK-78**

18-Apr-95

The Lord

1) My heart is the fountain of holy purity, out of which drink those who want to be loved by Me.

2) What is better than chastity? This is a virtue that transforms mankind into Angels, and even elevates them above the same celestial spirits.

3) Yes, little children, he who is chaste is an Angel and even exceeds the Angel in merit, since what is in the Angel by nature and without effort, is in him virtue and in spite of nature.

4) Chastity is glory of the Church, triumph of grace, flower of life, ornament of body and soul and, perfect figure of Heaven. It is an admirable virtue that communicates its beauty and its vigor, not only to the soul, but also to the body.

5) What the white lily is among the flowers, purity is among the virtues; it delights and gives pleasure with its candor and beauty to the inhabitants of Paradise...

6) Purity protects one from the tyranny of the passions; it provides a gentle peace; it floods all people with celestial joys and adorns them with the badge of the elected.

7) My children, in any state in life in which you find yourself placed, if you want to experience its tenderness totally, to taste copiously its sweetness, be pure in body and soul.

8) You carry this treasure in a very fragile vessel and if you do not look after it with much care, you will lose it easily. Thus, you must first take care of your heart, keeping vigilance of its inclinations and controlling its thoughts... Never be idle;

idleness is certainly the dwelling of the impure spirit. Run away from dangerous occasions; in being far away from how many there are, you are completely free yet in them you will perish miserably... Guard your senses carefully and be modest, because without modesty there is no chastity.

<sup>9)</sup> If you want to be perfect in this virtue, embrace My divine love. No one is perfect in chastity if he is not perfect in My love. Record this secret in your memory; keep it in your hearts...

## CONSECRATE YOURSELVES TO MY SERVICE

**ARK-79**

19-Apr-95

The Lord

<sup>1)</sup> Come, My children and place My yoke upon yourselves. My yoke is truly easy and My burden light. To serve Me is not like serving a tyrant or an arrogant little king, but to serve a loving Father who is always next to His free servants to help them and to please them.

<sup>2)</sup> The spirit of My service is love and love renders all easy... My Commandments are neither heavy nor burdensome. On the contrary, they are soft and sweet for those who love Me. If you look only for delights, you will find them by consecrating yourselves to My service.

<sup>3)</sup> All the delights of the world are frivolous or harmful. But My divine consolations exceed infinitely all the pleasures of earth, seize the heart with its purity and satiate it with the truth.

<sup>4)</sup> All the riches of earth are mud and nothing compared with the ineffable riches in Heaven. And if you look for honors, the greatest is to be with Me, to earn My approval and to be distinguished by My Father.

<sup>5)</sup> The glory of the world is fleeting and despicable, but the glory to serve Me is true and durable for all eternity. Have you

ever encountered a man who at the hour of death was repented of serving Me? And for the worldly, how heavy it is for them at that moment, the services they rendered to the world! And if that does not weight on them, how much more miserable they are!

6) Work, My children. Submit to the yoke that the angels in Heaven and the elected on earth carry, and in which they find their perfect blessing. Receive it happily and carry it with joy... Serve the same Lord whom the inhabitants of the celestial world serve. If you imitate them in their service, you will imitate them in the prize.

7) Serve Me, but do it with pleasure. Cheer up your faces with the happiness that feeds your hearts and show to the world this holy joy. How happy you will feel to serve Me faithfully...

### **LOVE ME AS I LOVE YOU!**

**ARK-80**

23-Apr-95

The Lord

1) For My Priests and Religious:

2) The evil spirit speaks with deception to many of you who want to obtain the truth in order to destroy it in his confronting claws, by searching for contradiction among the good souls.

3) A very big punishment would have to be applied to earth to three quarters of the world, due to the sins of the consecrated souls. And this take seriously... I ask, I almost beg, that you help Me save humanity. I wish to do great things through My Church. But if you do not cooperate with Me with your sacrifices and true devotion, I, the Omnipotent, will not be able to do much for you.

4) Do not live questioning things. Rather, tell the truth with fervor and say that without repentance only destruction awaits

them. If there are conversions, I will pour My graces upon the world and I will grant the promised peace through My Immaculate Mother.

5) Oh blind and ungrateful priests of Mine! Why do you cause Me so much anguish? Why do you wish to hide, to conceal from the people My Omnipotence, My love, My Mercy, while the enemy is using continuously new weapons against Me and against those who love Me?... Love Me as I love you; want only what I want...

6) There, where the abandoned souls cry unceasingly for Mercy, you will receive My peace only through reparation... Salvation is union and dialog with God. If those who tarnished My beauty in their souls recognize their misery and return to Me, they will be pardoned, but it will not be so for those who persevere in their sins.

7) You must inform the people about the way to make reparation and to obey and respond to My call ...

8) The period of peace is not delayed. My Father only wants to give time for conversions. Many will do it, even those who now deny the existence of God. The world has received the grace of an extension of time before punishment, to make reparation and sacrifices of the victim souls. To make reparation has power because I pray with you... Hence, even your breathing should be a prayer of expiation.

9) When My hour arrives, the eyes of all will be open and the veil will disappear and all who suffer and work with Me now will marvel at My masterpiece. Why do you souls to whom I gave light, hardly recognize Me and go away from Me?

10) The reparation must start right now so that I can save consecrated souls... Can the harvest be delayed when the grain

is ripe? If a guest arrives at his house, can they make him to wait at the door? No, because if they do not hurry, the rain and hail will ruin the harvest and the guest will look for another host.

*11) My Church must know that when the spirit of voluntary sacrifice diminishes, sin increases...*

*12) Transform into silence your prayer and be upright with your Church. Bear in mind that the temporary never surpasses the essential... Correct the mistaken ones, encourage the downhearted and give support to the weak.*

*13) The hour of Divine Mercy depends on you.*

## I CRY AND BLEED FOR YOU

**ARK-81**

30-Apr-95

The Lord

*1) Does not the mother feed with her own blood and form with her body the child unborn? I have created and fed mankind. What I have not created is war.*

*2) I bleed because they waste money to kill yet there is stinginess in front of the hunger of thousands.*

*3) I pray because there is such a tremendous amount of armaments in the world that with a fourth of them, humanity can be swept from the earth.*

*4) I bleed for the people who to prove that they have reasoning power, need to waste it with violence.*

*5) I cry for those who, in order to defend the wealth they have acquired, make many poor people fall into poverty while dozens of rich people become millionaires.*

*6) Beyond that, I bleed because they exchange food and petroleum that maintain life to get weapons that annihilate.*

*7) I cry because they spend on nuclear weapons what is necessary for millions of peasants to produce more food for those who are hungry.*

*8) I cry for the defenders who never defend those who truly need to be defended.*

*9) I bleed for the desperate who can only look into other eyes through a weapon.*

*10) I cry for those brothers of blood who, instead of showing charity, show a fist.*

*11) I bleed for those who kill children, the elderly and ill people and then say that it was an involuntary act or an act of justice.*

*12) I cry for the millions of children who are killed without mercy in their mother's womb because of the inability to support them, an evil known as poverty.*

*13) I bleed for the egoism, the lies, the fraud, the disloyalty of men towards men and from the world towards its God.*

*14) I cry for those who sit at a conference table, not before, but after the violence and the damage.*

*15) I bleed for those who kill their brothers only to say afterwards that they established order.*

*16) I cry for those who – on the rubble of many homes – start a new order to satisfy their own ambitions.*

*17) After two thousand years, they still do not recognize Me and they turn their backs on Me in the name of prudence. After two thousand years, I still am crying and bleeding for the pardon of mankind...*

## **GRATITUDE: THE NOBLE FEELING OF THE SOUL**

**ARK-82a**

**2-May-95**

**The Lord**

*1) At the Tabernacle, I give thanks to the Father for you. Read the passage in the Gospel on the healing of the lepers, and meditate on that. Those unfortunate people with their rotting flesh, fouling their own existence with the trail of their own blood, were forced to live in caves, as outcasts removed from human society, while drinking the bitterness of the disgust and*

abandonment of human beings in the chalice of their loneliness. No one dared to approach them for fear of becoming contaminated...

2) They dared to come to Me, begging for a cure. I welcomed them with love and sent them to the priests to present themselves as a sign of having been cured. They became aware of it on the road, but only one returned to give thanks to Me.

3) Consider the fact that gratitude is the noblest sentiment of the human soul. This virtue is so pleasing to My Father that He has scattered it among all human beings.

4) If you will observe, all of creation is grateful. Everything becomes multiplied when praying with gratitude to God. However, mankind, the most beautiful work of His creation is the only one that possesses reason and could possibly comprehend the favor that their God bestowed on them.

5) What is there in existence that has not been received by them from the hand of the Father? What return will they make to Him by their actions, for His having given them spiritual and immortal souls, and the grace to be His children and heirs of His Kingdom?

6) How will they repay Him for having made Heaven, the palace of God, their home for all eternity? And for all that I have done for you?

7) As your brother, I see how many benefits those who are Mine have received from the Most High, and in your name, I offer My merits for the purpose of giving thanks to the Most Holy Trinity for you.

8) It is what I do at daily Mass, because it is the only action that justly compensates for all the benefits you have received.

9) Cain gave the worst of his harvest as an offering. Abel gave the best of his flock. What is your offering of gratitude to My Father?

**ARK-82b**

4-May-95

The Lord

1) *(I was thinking of what advice I might give to any Catholics who begin to abandon the world and to love God in whatever they do...)*

2) Ask them to inject the marvelous substance of good will in all that they do.

3) The fact that human beings discover a reality, a phenomenon, or whether or not they compose a piece of music or make a scientific discovery etc., etc., is of little importance when it comes to eternal life. That is to say, that nothing having to do with those creations or discoveries will play any part in the stones used to construct the New Jerusalem. But to have acted in complete conformity with the will of the Father, that is what will count and will be lasting. The only thing that matters to Him is that free will be used faithfully, with preference given to Him over the objects that surround them.

4) On earth, material things have been given to them for their use. It is a proving ground, and for that reason, their value or what will become of the fruits of the earth is of little importance. The essence of the matter is to discover whether they have made good use of them for the purpose of learning to obey and to love.

5) Therefore, let them not become attached to the crude wrapping of the works of human beings. They are nothing but straw or combustibles or clay.

6) Rather, let them consider the fact that from each of those humble vessels, it is possible to decant, as it were, sap, a precious liquid, the spirit of obedience and union with God.

7) So if earthly goals are worth nothing in themselves, nevertheless, they may be objects of love since they offer the chance for giving proofs of your faithfulness to the Most High.

8) It is already a great thing for them to be able to think that by glorifying God through their effort, something of their inner spiritual activity will not be wasted because of the value implicit in their intention.

9) Therefore, begin to teach that it is a great thing to begin the day by offering it to God. It is at that level of communication that they must work, with a brief daily message that reaches into human consciousness, so that by hearing it, reading it and seeing it so often, it will become one day a part of their existence and then, little by little, it will go on advancing their spiritual growth...

## THE HOLY MASS

**ARK-83**

6-May-95

The Lord

1) Through the Holy Mass I approach mankind, since the Altar is the true crib of the Eucharist where I make Myself present just as I did in the manger in Bethlehem.

2) This should be the first devotion, the supreme devotion and the compendium of every Christian practice since the sacrifice of the Cross, whose repetition is the Mass. It exceeds any other sacrifice or work of mercy just as the sun exceeds the light of a candle... It is the compendium because through it, you complete in the most sublime form the sacred duties of the human soul: to adore the Father, to give Him thanks, to ask for His forgiveness and to request new graces.

3) I Myself am the Holy Mass, prolonging My life and My sacrifice of the Cross among you. Without the merits of My life

and My blood, what do you have before God the Father? Nothing and sin.

*4) My daughter, understand that the Mass is the only work on earth that glorifies God in all His majesty. A Mass that is celebrated by the youngest priest in the most humble and hidden place, gives more glory to My Father than the praise and prayers of all the faithful (millions of people on earth) and even more than the merit of the millions of martyrs that have given their lives and even more than all the virtues that can be practiced from the beginning to the end of humanity.*

5) Remember that one Mass gives more glory to the Most High than the praises of the choirs of Angels through the centuries... If you do not go to Mass often, you do not love Me completely... How can you love Me if I am the Mass? It is My body, My blood, My soul inseparable from My body and My blood...!

6) The Mass is My divinity. I am the principal Priest who celebrates the Mass which in and of itself is why I am offended by anyone who does not celebrate the Mass purely... I am the true victim who offers Himself as in Calvary. The heart gives life, a body cannot live without it. In the same way, the heart that gives life to the Church is the Holy Mass.

7) It is related: if the sun stopped shining, it would take away all life on earth; if the Eucharist is taken away from the Church, all its activities would die. That is the small grain of mustard which extends its roots: the Eucharist... That is why the Church must take care of the daily practice of the Eucharist... The Church has been born of My open side and only on My lap it can subsist.

8) It is not possible to love My Mother without loving the Eucharist... The Hail Mary is divine praise for Her, and the Rosary is like a crown of pearls on Her head. But all that together is like a little flower in the field, compared to the

immense happiness that Her Immaculate Heart receives when a Mass is given to Her.

<sup>9)</sup> So, when you return home, do not miss Mass, My little daughter. Pray for those whom you love and pray for yourself. Offer My blood for your salvation and for your loved ones... You will benefit more from participating in one Mass than from visiting all the sanctuaries of the world... Enjoy all the fruits that you receive from it and find Me!

### THE EUCHARIST: CONTACT WITH ME

**ARK-84**

8-May-95

The Lord

<sup>1)</sup> Through Holy Communion, I touch you in a unique sense. The arms and the heart that I open to you are nothing less than all the forces of the world together which, penetrated with My will, My desires and My temperament, draw you in to form, nurture and pull you to the central ardor of My fire. Hence, in the Host, what I offer you is your own life.

<sup>2)</sup> Then, upon receiving the Eucharist, you react by means of the total effort of your lives: your life of today and your life of tomorrow; of your individual life and of your allied life.

<sup>3)</sup> The Eucharist must invade your life. This must make, thanks to the Sacrament, a contact with Me, without limit and without end. This is a veil, the species under which I take you so that you can take Me.

<sup>4)</sup> Love Me, children; lose yourself in the unfathomable; sink yourself in the inexhaustible; pacify yourself in the incorruptible; offer yourself to fire and to transparency...

## I AM THE BREAD

ARK-85

11-May-95

The Lord

1) The small grain of wheat dies when it is thrown into the furrow. It will then decompose in order that an internal vital force produces the true transformation of the dead matter into a living being, the plant. In your organism something similar happens, what before was bread, becomes flesh, blood, life for your body...

2) That transubstantiation of the Eucharistic bread into My body and My blood, I accomplish it because of and for you... *What job can be more pleasant for your Lord: to form from a handful of mud the whole organism of the body of a man and to change the substance of the bread in a human body that already existed!*

3) And this your same God transformed on another day the bread into His body, so that whoever eats of it reaches eternal life.

4) Because of the love of the Father, from that little mud was born and will be born all men for temporal death in payment for sin. And because of the love of the Son, those being worthy of divine grace who eat this celestial dinner are born to eternal life.

5) By what virtue was it that the Son of Man, being immense His grandeur and infinite His majesty, was able to become man?

6) Does it fit in the understanding of man to comprehend how that Mother, being born of a woman, may keep and conserve her virginity before, during and after giving birth?

7) Only by love. You will understand in Heaven... On earth, you should only live by faith...

## FORGIVE THEM! ... BECAUSE THEY DO NOT KNOW WHAT THEY DO

**ARK-86**

12-May-95

The Lord

<sup>1)</sup> I have not put My flock together to create divisions. Wrath, impatience and pride are not My laws... And all of this in you is sin. Why? By virtue of what can you deprive yourself of grace? By the comforts of life, impatience, wrath and pride. Can we and should we hurt our neighbor? What have I been preaching to you but love, profound charity and tolerance for others?

<sup>2)</sup> Go to church and look for a confessor... To deprive oneself of grace is to deprive oneself of life.

<sup>3)</sup> The angels committed one sin. It was not stealing or homicide or dishonesty; it was the thought of pride. And at that instant, many angels were thrown out from on high to the torments of Hell, created at that moment to punish their malice.

<sup>4)</sup> They were My creatures, like you! Made by My hands, like you! Enriched with My gifts, like you! Destined to enjoy eternity, like you! And nevertheless, they were not pardoned!

<sup>5)</sup> I call you; I love you. With eternal love I offer My death for you, to free you everyday from eternal damnation. How can earthly things find more shelter in your souls than My word?

<sup>6)</sup> On the altar, as in Calvary, I ask forgiveness for you from the Father: Father, forgive them for they know not what they do...! They know not Me nor do they know You. They know not the seriousness of the sin they commit. Here is the death of Your Son! They are Ours, Father, and if they are hurt, allow Me to heal them with My love. Allow Me to gently isolate the weed so that it does not contaminate them.

## MERCY

**ARK-87**

14-May-95

The Lord

<sup>1)</sup> In Jerusalem there was a pool called "la probática". There every once in a while, an angel came down to move its waters to heal those who felt sick. Today, My new law of love, Mercy, makes possible that at Mass, which is the true and only pool of holy health, I, the King of the Angels, come down to pardon and heal every spiritual illness.

<sup>2)</sup> At Mass, he who gives himself to Me, falls into the depths of love where I await him, in order to let himself be taken by Me through My will which is manifested at every instant. It does not matter where I take him, he must know that he is in the arms of his loving Father...

## LOVE ME! ... YOU NEED NOTHING MORE

**ARK-88**

17-May-95

The Lord

<sup>1)</sup> Why are you scared! The only thing that you should dread is the withering of your will until it is debilitated. Do not lose hope; do not stop fighting for Me... You will have new sufferings and your friends will harm you as Mine hurt Me. Why not? I am the beginning and the end and I have united your smallness to My greatness, your weakness to My strength, your fears to My glory.

<sup>2)</sup> Go away; disappear for a time; yes, you will understand. I want it that way. Be quiet; slide away; escape, only for Me. Leave your friends aside. Even the Priest who is traveling will recognize Me. Among humans, there will always be interest; be quiet; observe; shun... Love Me; you need nothing more!...

## LOVE AND SUFFERING

**ARK-89**

19-May-95

The Lord

<sup>1)</sup> I have known the sadness of being alone, hurt by My friends. Think of Me. Suffer. Your suffering consoles Me because it brings you closer to Mine... It does not matter what they think; it does not matter to you what they murmur. I have created your heart to love and to be loved.

<sup>2)</sup> Be careful that your sensitivity does not become hardened. Let them appreciate what they had almost lost; let them think, meditate, read, study... In the proper moment I will tell you to speak... Do not let human ingratitude turn you off. What you do for Me, do humbly but with firmness. Go to Confession, clean your soul of torture; unburden yourself and wait for Me always.

## I SUSTAIN YOU

**ARK-90**

23-May-95

The Lord

<sup>1)</sup> Why do you look ahead with worried eyes and taut heart? There is almost no room there for Me... You have Me. What else matters? I carry you in My arms. I sustain you. I am your true friend... Contemplate the sun. It also warms the bodies of the traitors, liars and blasphemers; it also warms the bodies of the pious, good and loyal... Smile, little daughter!... That is much better... One day they will find Me again in you, in your peace, in your gaze... Allow Me to enjoy your loneliness and you enjoy My presence.

<sup>2)</sup> The infinite charity that surrounds Me will not be diminished neither by the malevolence of some nor the interests of a few.

<sup>3)</sup> Rise up from the ashes of deceptions and give Me your hand; hold on tight to Mine and walk securely. Satan cannot destroy My work. My work has the seal of the Holy Spirit; it possesses the gift of the Father... The fruits of My trees are recognized by mankind... Those of My enemy collapse. They dazzle and blind, but they soon lose their brightness. What is Mine lasts...

## I WANT A COURAGEOUS CHURCH

**ARK-91**

25-May-95

The Lord

<sup>1)</sup> Ask for wisdom because it is the greater inexhaustible treasure. To want its inspiration is to love it...

<sup>2)</sup> He who has more knowledge is not wise; the wise one is he who knows how to communicate it to others... Do not be afraid; I will open other ways. He who is strong with My word and carries it to those who are in darkness, must act without fear of compromising himself too much. The time for timidness or prudence has past. In the name of prudence, My Church is being devoured...

<sup>3)</sup> I want a courageous Church, a determined Church, one that knows how to recognize Me and that has the courage to defend Me. Nurture yourself with the Gospels; feed yourself with the Gospels. Speak!...

<sup>4)</sup> Do not worry; your vulnerability is harmful only in the flesh. For you, as for many other souls, it is a means of sanctification by the deep contrition which generally accompanies it.

<sup>5)</sup> Your privilege has been to be so poor, so unfortunate and at the same time so receptive to the sweetness of My Mother, that I chose you as one of Mine, even before you were born... My little bird, without direction, fearful and anxious to live, to fly...

You did not suspect that your mission would be to fly and to fly after your God, guided by Mary!

<sup>6)</sup> Immerse yourself in My heart and make yours a dock for My repose...

## SINCERITY AND PURITY

**ARK-92**

28-May-95

The Lord

<sup>1)</sup> Do not suffer anymore. The evil that has infiltrated among you is to blame for this situation. My beloved children do not take an interest because of the evil one... I will pull out the weeds that darken My bouquet. The veil hides and darkens but it is nothing more but that, a veil. Love and will power will make it fall.

<sup>2)</sup> My love needs sincere, pure and generous hearts to destroy Satan who is the king of deception, even to the point of constructing false manifestations of devotion. Very soon its falseness will be seen; it will explode in a least expected moment and it will be spectacular...

<sup>3)</sup> Work for Me; help your confessor; spread My words... A little more and all will be discovered. Is it not worth more pain to make them love Me?

<sup>4)</sup> When the moment arrives, admonish yourselves with love, with meekness, but with firmness. Pray a lot so that, when the moment comes, all will be at peace... Avoid judging because many are already being judged by Me. Distrust those who adorn themselves with peacock's feathers. Do not pay attention. Faced with vulnerability, ask for humility; faced with despondency, ask for strength, energy and enthusiasm.

<sup>5)</sup> Very soon you will have the opportunity to fill your time in My service. I am making of this person an instrument of Mine

for this end. We will have many hours together. It is better to ignore the outrageous when it comes from lack of charity. You, My little love, so similar to My suffering is yours that, in this moment, I pour Myself into you...

### **I WANT YOU ALONE, HIDDEN...**

**ARK-93**

30-May-95

The Lord

<sup>1)</sup> It is enough already, stop those thoughts. The communication of that priest arrived, so bring it to an end... They are as human as you. Some men need to disguise themselves in order to please themselves and they do not assume responsibilities, as they should. To every one I give souls to save and they do not even know how to save themselves. What do you expect? You are not much better.

<sup>2)</sup> Be yourself, more internal than external. Today I want you like that, alone, hidden, getting ready, praying for them, suffering as I suffered My friends: their abandonment, their denial, their prudence... Be reborn in love, making yours their pressing needs. Love is born and reborn in the soul that welcomes it...

### **PRAY AND TRUST**

**ARK-94**

1-Jun-95

The Lord

<sup>1)</sup> Keep your peace and your confidence; men do not stop being fragile and vulnerable creatures. Stay hidden and continue that way; escape.

<sup>2)</sup> Let Me do a little bit more, while you pray and trust...

## ABANDON YOURSELF TO ME!

**ARK-95**

2-Jun-95

The Lord

<sup>1)</sup> Do not uproot that which belongs to Me... A little more time... You are the work of My hands; you are the chosen of My Eucharistic Heart. No one should try to discover the Mystery of My will. To whom does it matter if what I mark with My seal is worthy or unworthy? It is My love, for My glory, and I use it because it belongs to Me.

<sup>2)</sup> Partake of My long lasting happiness because it is a Gift but the other kind [of happiness], the selfish one, does not last. Disappear in the silence of My love; take a moment of rest... Abandon yourself to Me! Feel My Spirit upon you, within you...

## LET US PRAY TO THE FATHER!

**ARK-96**

3-Jun-95

The Lord

<sup>1)</sup> Let us pray, you and I. Only I, the Son of the Eternal, possess one thought: to desire and work with Him.

<sup>2)</sup> “**My Father**, at this moment, I come to You, to Your infinite Mercy, because no interference exists. Nothing separates me from You. On the contrary, I feel a Spiritual union with You. You are the Father who always takes care of me. I nourish myself in You; with Your hand You cover and caress my head. With Your breath You warm my cold. At night You watch over my sleep and inspire my walk during the day!

<sup>3)</sup> “For that reason, I abandon myself to You with unlimited trust, secure that, wherever I go, You are with me, dazzling with a glow that dissipates the darkness of fear and every other

anguish. I ask You, Father, at this moment, to take possession of my being with Your Spirit and calm this torrent of emotions.

4) "Good Father, give me the strength to get through this sea of incomprehension. Give me a lot of love so that I will not judge those who judge me. I do not want that I may have in me neither combat nor resistance. Please contemplate my limitations and my poverty. Satisfy me completely with Your embracing love. Only in that way I will be purified in Your flame to receive the Gifts of Your Spirit. You are my all and I Your nothing, but I have everything in Your free love. Make of me a living transparency of Your love and of Your essence!

5) "I know that Your justice exists but I always appeal to Your Mercy; that is what attracts me. Pardon me, Father, as I had pardoned those who harm me and deliver me from evil..."

## THE DAYS OF THE WORLD ARE BECOMING SHORT

**ARK-97**

6-Jun-95

The Lord

1) I am compassion, Mercy and love. All this you will find in Me if you work for Me. Why do they not know how even today to recognize My words? I struggle to rescue everyone from the degradation that characterizes the world. Listen to your faith; open the eyes of the soul. Listen to the words and look for the astuteness of the one who wants to imitate Me. Many times it is necessary to be hurt in order to be able to love. I want sincerity in your hearts.

2) It grieves Me to talk to you in this way but I in holy justice, take into account who is who. Let Me work; I steer this ship. Learn how to be an example without considering yourself exemplary.

3) Many work in My vineyard, but not all harvest My grapes. Do you think that if I wanted to talk to them more, I would not have had My little daughter writing day and night? Why do they look and accept words and actions that would be able to confound them?

4) The days of the world are becoming short and you have had the knowledge of a grace distinct from the others. Learn once and for all that I am not where there are lies; I am not where there is conjecture; I am not where there is immodesty... I set Myself apart from arrogance!

5) There exist sufferings that are sought and sufferings that are endured; each one must carry the responsibilities of his actions. Only I have the right to retouch a painting; anyone else can damage it. It is not necessary for you to look for other words. Live with what you have in your hands. I thirst for love and I have received so much doubt and so much ingratitude.

6) I do not lower Myself to live where I do not find things that belong to Me. Understand that in order to work in all of you, I need that there be utmost equality in things, that a group be homogeneous to a certain extent. From another perspective I have been working in one part of your souls while you have been destroying another part. In this case, inconsistent things are bad. My love makes My children to germinate and multiply, but it separates them, it selects them for groups and it molds and works with each group.

7) For those who love Me, everything is possible when one is united with Me.

8) Be attentive and do not allow false revelations to deceive you, so that their terrible events scare everyone. The deathly work of the wolves will be seen in detail before the eyes of

those who stay faithful and everyone will know of their acts of conceit and of pride.

<sup>9)</sup> The hypocrites deceive men, but never God. Close your doors to deceit, to flattery; ask for light with your continuous prayer and let the blind guide the blind because any plant that is not sowed by the Heavenly Father will be uprooted.

## YOU ARE MY SKIN

**ARK-98**

7-Jun-95

The Lord

<sup>1)</sup> When you meet, pray a deep prayer, calmly, and ask with all your being for the presence of the Holy Spirit. When you pray, do it with love; be all Mine. If the heart does not feel the words with the strength that love inspires, it does not have any value.

<sup>2)</sup> I give much but I also ask for much. Reflect. For those who want to attack the workings of this group with false manifestations of devotion (deceived in their weakness by the Prince of Darkness) I want them to run into walls that have been reinforced by strong hearts. Your loyalty has created shields for your bodies and souls.

<sup>3)</sup> I do not speak for only some of the people. I speak for all and I speak for the present and for the future. I wish no harm against false prophets. You should never harm a child of Mine and all are My children. I only exhort you to block your ears and your minds from bad predictions and false messages. I do not want you to get confused. What else could I tell you that I have not told you already?

<sup>4)</sup> Work for Me. I love you and I will trade a hundred for one who gives himself to the Glory of My Father and to the salvation of humanity. Their lack of charity overwhelms Me. Do not judge their intransigence because it may be intransigence of love.

5) Love Me much; you can never love Me enough. I hunger for tenderness. I am Love and I give Myself every second and I go back taking more of Myself to give anew. And I give Myself to you in spite of your incomprehension, overcoming it by the power of insistence.

6) I have entrusted many souls to My little daughter; she is very sensitive, but her strength and tenacity are even greater. Help her and help each other... Her responsibility is greater than all of yours together. This happens with all My elected: incomprehension, slander, rejection, attacks, all which I Myself suffered. Nevertheless, I serve Myself to the creatures in order to decrease the bitter cup that there is to drink.

7) The souls that obey Me and are loyal to Me are like the skin of the body. In the body, between the external skin and the interior of the skin, circulates the blood that gives life to the body so that the members grow. If it was not for the skin and the circulation, the body would look horrible and its members would not grow. Now do you see why the more obedient and loyal souls are so necessary to Me? It will be they who restore the beauty and freshness of the members that have not grown within the Body of My Church.

8) I am like a woman who has two employees: one who is really skillful, virtuous, alert, serious and intelligent while the other is small, timid and messy, seeming unable to do anything important... Needing to bring her jewelry to another house, she calls her friends and consults them. She thinks: if I send the virtuous one, they will rob her... she will attract their attention. But this little one, nobody will think that I would trust My jewelry to her and she will return healthy and safe...

9) I am like that. The more grandiose the work that I want to accomplish, the more I choose souls without an outward appearance that may point them out. The thieves of self-esteem and pride will not pay attention to her and she will do My mandate, defending it with her blood and life...

10) Now, do you want to collaborate with the work that I have entrusted to this soul chosen by Me ?...

### ACT LIKE ME!

**ARK-99**

8-Jun-95

The Lord

1) When I became man, as Son of God, all human nature was ennobled. When I became incarnate, I did not dignify a man but I deified human nature, turning the blood and flesh of human beings into the blood and flesh of God.

2) Through Communion the soul is united with Me. I am in the soul and the soul is in Me. In this way I transmit to it My benefits and My merits... There has never been a mother who has fed her child with her flesh. I have reached that excess of love.

3) Do like My son, Pope Pius X, that you may open the doors of the tabernacle to all men.

4) Do you think that you honor Me a lot by getting together to talk once a week? If you do not have more time, why are you not using those hours to visit hospitals to prepare souls for the Priest?

5) I give, but I also demand, and he who does not feel able to respond to Me should ask My Mother for strength. Receive Me in Communion and I will help and will work in that soul.

6) Receive Communion in order to be like Me: to live like Me...to act like Me... to die like Me on the cross... to reign like Me together with Me in Heaven

7) Understand it and memorize it; this is the goal of Communion. To be transformed in Me is to be transformed in God, because I am God. "Whoever consumes Me will live in Me as I live in the Father" ... This should be your desire: to resemble Me, to be as a depiction of Me ...

8) It is not enough to go to the confessional booth once a month. When you go to slay through word, when you give yourself to sensual pleasures, when you hurt a brother, when you do the minimal effort, think: would Jesus do this?

9) Be transformed in Jesus! And feel as I... Love as I! Act as I!

### FOR THOSE PRIESTS WHO EXCHANGED THE LIFE

**ARK-100**

9-Jun-95

The Lord

1) This is the time to talk to you anew, My child, because you are coming closer to the hour in which you will be due to speak to Me?... You are living your hour, but My hour is now coming near... Stop for a minute and think of your sacred vocation, of your vows. Meditate: how will you explain your life to Me when you arrive at the threshold of eternity?

2) Today you have abandoned yourself to the world surrendering yourself to the desires of the flesh. Now I ask you: are you happy?... You will never be happy because My love, with your past loyalty kept a minuscule particle of grace within you and now this little piece, like the voice of your conscience, does not let you rest day or night; right? Come back, My child... My heart is a fountain of Mercy and if you return to Me

your gaze and forget the world, I will forget your faults. But if you forget Me, you will be judged for your sins...

## THAT THEIR VIRTUES ARE NOT PRETENTIOUS VIRTUES

**ARK-101**

10-Jun-95

The Lord

1) It is My custom to cover My greatest works with the most simplest things, so that nobody points them out and I am freer to act and then to deliver a surprise.

2) I see in some of you so many divine rivers that will inundate all the blessed and will flow over the earth doing good to souls... Do not move from the channel! I have a different measure for everyone. And truly, the least will be the greatest.

3) Learn to be active in silence, not a slumbering whisper. Lend counsel to and help both the poor and the rich. Do not be a source of sadness around them.

4) Reflect about charity; do not stop on the way. If you feel the impulse to be a leader among your brothers, your ambitions should be last, while those of the others should be first. But among you there are neither chiefs nor leaders. The glory is Mine.

5) Ah, if all of you would propose to serve Me seriously with the same determination that you put in serving your ambitions, your vanities, your sensuality...!

6) Be careful when you show off exterior manifestations of religiosity! Many times I wanted to tell you: Please, be less Christian. Your virtues should not be pretentious virtues.

7) Detach yourselves from the goods of the world and be content practicing spiritual poverty. It is enough to pass life in a sober and temperate manner. Otherwise, you will never be true apostles.

8) Learn to recognize My words in prudent people who do not boast. I am beyond the noise, the spectacles, those whose strength escapes from them through their mouths and those who manifest easily the graces received. Do not forget that on earth, everything which is big began small. What is born big is monstrous and dies soon. My life passed unnoticed for 30 years; with My elected I do the same thing, brick by brick.

9) My works are neither for leverage nor advancement. They urge discernment and intelligence in you, the apostolate... Be happy if you see others working in My fields; pray for abundant grace for them. But you, on your way, persuade yourselves that you have no other way. In apostolic work, disobedience and two-facedness are not pardoned... Simplicity is neither imprudent nor indiscreet.

10) You have the obligation to sanctify yourself. To all, without exception, I said: Be perfect, as My Heavenly Father is perfect...

## MY FRIENDSHIP WITH YOU

**ARK-102**

14-Jun-95

The Lord

1) I love mankind so much that I created the sky for him. That could have been enough, but I wanted to adorn it with stars, filling it with beauty so that his eyes could enjoy even more the works of his Creator. I made the earth and I adorn it with so many plants and flowers so that no created thing might go without ornament.

2) What is the benefit of gaining the whole world, if you lose your soul? Without Me, who will free you from so many dangers? Who will console you in your sufferings and bitterness?... Reflect on friendship. Friendship is a requirement of the human heart. I who formed you in My image and

likeness, have planted in the middle of your heart the need to search for another heart that thinks like you and loves you and may be loved by you. That is the Mystery of the Trinity; one in essence and triune in persons. And this is the mystery of every human soul. Nobody is sufficient in himself; everybody needs other people for the thousand demands of the body and for the thousand longings of the soul.

3) Of all the friends that you have had, have you found a true one who gathers all of the following qualities: one who is prudent, kind, nice, powerful, compassionate, self-sacrificing, unselfish, generous, patient and faithful, with an unbreakable fidelity? Where you can find strength, comfort, light, loyalty, sincerity and eternal love?

4) The flickering of the lamp on the Altar, with its intense brightness, shows you where your friend lives, the Friend who loves to make you happy... I am in the Tabernacle... Only I can lead the vessels of your hearts to the port of the eternal happiness...

5) For this reason I stay day and night with you, in your cities, in your towns, close to your homes. Your spirit, like the one of Tobias, needs a secure guide, a faithful companion, a friend to share the pains and the happiness of life. It was not enough for Me to be with you only during the moments that the Mass lasts, but I wanted to stay as your Friend every minute of the day and of the night.

6) My goodness extends to all the miseries of humanity: I feed the multitudes; I bless the children; I give comfort to those that mourn; I pardon the sinners; and I caress the lepers, cleaning them of that horrible illness.

7) My patience receives all of you, receives at every hour, listens to all the problems of the heart and never is in a hurry to let you go. My patience is generous: “nobody has a greater love than the one who gives his life for his friends” and I have given Mine. To love you, cost Me a poor and persecuted life, scourgings, blows and death.

8) My generosity gives you My body as food; it gives you My blood as drink. It gives you My Father as your Father; it gives you My Mother as your Mother, and My house as your eternal inheritance together with My divine family.

9) In the manger I am your brother; on the Altar I am your Bread of life; on Calvary I am your rescuer and in Heaven, your reward.

10) As immortal King of the centuries and Supreme Lord of everything that exists, My power is made available for mankind’s disposal; it is enough only to ask for it lovingly.

11) My compassion always pardons. Every sin of yours is an infidelity; it should break the friendship. I hide it and I pardon all who ask for pardon. Nevertheless, it takes you more time to come to Me than for Me to grant you pardon. It is so difficult for you to say: Pardon me, Lord!

12) My fidelity is as eternal as I.

13) Approach the Tabernacle; ask Me to teach you to converse with Me, to love Me as My saints did. Write My Name in your hearts as that of your best friend, and I will also write your names as Friend and Father in the book of eternal life...

## MY TITLE IS CHARITY: THE APOSTOLATE OF THE NEW COVENANT

**ARK-103**

16-Jun-95

The Lord

1) You have already verified it; to live in union with Me through Communion is to receive the essence that provides a foretaste of life in paradise. Let Me act... Go and look for the Monsignor and tell him that My title is Charity...

2) The crimes of humanity are immense and they call for the deserved punishment. Still My love is stronger than My justice. If the world wants to be saved, human beings must learn to love themselves by loving their souls and for that there is nothing better than the bread of life that I give them.

3) I will pour My Spirit upon them and they will know that I always come where they do not expect Me... If the sterile tree is recognized by its withered branches that do not produce fruit, the healthy tree is recognized by its fruits. He who does not want to see, does not see and he who does not want to hear, does not hear. But, when he waits for the light, the darkness is not to be feared... I want the power of attraction of My love in you to flow out upon this world. I need strong beings, defenders of the faith, which is threatened today and destroyed by much thoughtlessness.

4) I need that you become an Apostle of the Eucharist (written in capitals). Why do they question My decisions? Woe to those responsible for the chaos in which souls struggle and perish...!  
(*Comfort me, love me...!*)

5) They have inserted mistake, hypocrisy and lies through false doors into My Holy Church, sowing doubt about the true faith. How far will the recklessness of mankind advance? The day is

coming in which the weeds must be pulled out so that they cannot advance and choke the symbol of fidelity that still maintains itself unalterable.

6) Obedience is the restraint upon disorder and disorder is such that it can only be overcome with obedience at any price. My will is not the same for everyone and it gives to each one that for which it is called. The language of love would be understood by all if the spirit of contrariness, of meanness, would not come to obscure the harmony of its diversity in everyone. Thus, to express judgment about sensitive things is to admit your limits. To love immensely makes it easy to know My will.

7) I want that the *Apostolate of the New Covenant* to be worked on in advance, laid out over time, and carefully planned. This bishop, these priests, these people will serve as examples: they will be the wick that will set the whole world on fire in order to shed Heavenly Mercy on My people. Did I not choose this place to honor the Eucharist...?

8) I Myself will guide this Apostolate. The instruments advance when the Master uses them. You, think of your mission; you need to accept the renunciation, the sacrifices and the wounds. You need a lot of courage and even more love! I want you available so that I can act through you each moment!

9) (*Lord, I am unworthy; they will not believe in me...*)

10) You will say: "I Jesus was found by those who were not looking for Me. I allowed them to see Me, those who were not asking for Me..."

11) (*I do not understand these words between quotation marks; I am scared, Lord...*)

12) Others will understand.

<sup>13)</sup> Say what I inspire you to say without fear, for it is not you who is talking. I am with you. I only ask you to proclaim My desire that souls come to look for the Bread of life, for the truth that I want to give them, because when they really look for it, they will cry and will groan when they could not [earlier] find it.

<sup>14)</sup> What some do not give Me, I acquire from others and I multiply in them a hundred times the graces of the ones who reject Me. In that way I receive more love and glory. And when I observe that the creature cannot give more despite her good will, I lead her toward My love in which she encounters the virtue to multiply an act for all those whom she loves, and in that way she gives Me the glory, the love and the honor which others do not give Me.

<sup>15)</sup> A man builds his capital in Heaven with all that he does for Me on earth. Do you not know that My yoke is sweet for those who love Me? Can it be hard when it is soft and smooth? Can something perhaps be bitter, when it is sweet?

<sup>16)</sup> I am the All. I am your happiness and I should be, not only when I speak to you but also when I tell you to speak on My behalf... This is the hour for Me to speak, but the hour is close in which all of you will have to speak to Me.

<sup>17)</sup> My beloved priests! How are all of you going to render an account to Me when I ask what you did to bring Communion to the dying? There are not too many priests available... Prepare lay people...!

<sup>18)</sup> Work in My Vineyard, because "If your eye is clean, you will take advantage of the light, but if it is blurred, your whole being will be confused." If that having that light in you, you did not become confused, how you will be in the darkness...!

## EUCCHARISTIC UNION

**ARK-104**

18-Jun-95

The Lord

<sup>1)</sup> Beloved, you are together with Me in this Eucharistic union and in this sweetest consortium. My heart pours out that soft and precious grace that will make our union lasting... A union even more admirable and happy insofar as it does not consist of the making up and mixing of each of us, but in the complete transformation of one into the other, through which My affection, love, desire and joy become yours. And here you have consummated that union by which I must be found in you, and you, a human person in body and soul, will find yourself in Me.

<sup>2)</sup> That is the reason by which the well-disposed soul lives by Me, for Me and in Me, in Communion. There he flies happily, living always in Me and everywhere, fed frequently by this Sacrament in such a way that he resembles Me, that he sees in his life My own life wherever My Spirit takes him.

<sup>3)</sup> The world does not understand; it cannot understand this admirable manner of My love, this secret and divine communication in the Eucharistic Sacrament and in the hearts of those who love Me.

<sup>4)</sup> But you [Catalina] will understand it if you stay pure of heart.

## I AM ALIVE IN THE EUCHARIST

**ARK-105**

20-Jun-95

The Lord

1) Soon will come the day in which mankind will fall to their knees to feed on the celestial manna that I send them. I had never spoken so much of the Eucharist as I have through you. You are My missionary of the Eucharist; that is what you are for Me. It is for that reason that through you I want to reach the hierarchy of the Church, to the Bishops and Priests of your country. Soon the day will come when things must be defined: white or black, Me or Satan. And for this, all of you should prepare the souls faithful to Me for that moment, so that the enemy of the souls does not seduce them.

2) I desire that this country now begin a campaign in which you go out to evangelize on the streets, to set up portable confession booths, to bring the Eucharist to places where the Priests do not have easy access. The King of Mercy wants to travel to the poor, the sick, the imprisoned, to the ones who cannot get to the Tabernacle.

3) I desire movements in schools, in youth groups, in married groups, in all social spheres, to bring them close to the altars. Tell them that here I am, a few steps from their houses, offices and factories. I am just as I truly am: full of life and of love with the purpose of offering them happiness.

4) Here in each Tabernacle is a fountain of peace, of happiness and of pardon, as tender as in Bethlehem and as active as in Nazareth, as an apostle as in My public ministry for the byways, towns and cities... as generous and as sacrificed as on the cross.

5) I am not here for the angels that adore Me in the Heavenly Glory, nor for My holy Mother whose happiness I share in Heaven, nor for My Father at whose right hand I am seated, but here for mankind: because of you and for you. I know all of you, I know your last names, your readings, all the passages of your lives. I know your problems and your perils, the absolute need that you have of Me for your salvation...

6) I wait for you every day, every week... I wait for you, always watching over you! I wait, not because I need you, but because without Me you would be spoiled in time and in eternity.

7) Why do your lips say yes, that you believe in My presence in the Tabernacle, but your behavior says otherwise? Why you do not come to visit Me? Why do you say that you have no time, if you have time for everything else? Why does it seem to you that time spent in Church is like lost time? Why you do not talk to Me like a friend and tell Me your sorrows and ask Me, as your best friend, what you need to be happy and to free you of the defects of which you have too many and to give you the virtues that you do not have?...

## THE DEVOTION TO MY SACRED HEART

**ARK-106**

22-Jun-95

The Lord

1) The devotion to My Heart has a very worthy purpose, since this Heart is perfect in its own substance. The flesh of which it is formed is a seed transmitted without stain through the ages, preserved by the sanctifying action of the eternal Word, carried by the Virgin in Her pure womb, which made Her worthy to be conceived without sin.

2) The whole Trinity worked to form My Heart, manifesting in it Its grace and Its mercy.

3) The Father created it with a perfection that makes it worthy to be the Heart of His Son. He made it shine with the living image of His eternal beauty.

4) I, the Word, in becoming flesh, ennoble it, deify it; I make it sensitive to the glory of God and to the interests of men, and I make it throb in that insoluble charity that unites Me with God and men.

5) The Holy Spirit fills My Heart. It penetrates it and illuminates it with His divine flames that will consume it eternally. It makes of it a temple for Itself and your tabernacle; It consecrates it with Its presence; It illumines it with Its brightness; It animates and sustains it with a life without weakness nor decadence.

6) In this way the Father, the Word and the Holy Spirit form the Heart of the Man-God. The Father brings to this work the power that creates, the Word that healing love, the Holy Spirit that which makes fertile.

7) Such is My Heart, such is the purest organ of holy humility which I concealed in Mary's bosom and I united it to Me, personally, when I became man. This Heart is the generous spring from which gushed blood during My agony in the Garden of Gethsemane, when, oppressed under the weight of your guilt, I redoubled My prayers, bathing all My body in a mortal sweat.

8) This Heart gave out drops of redemptive blood from the thorns of the holy crown and from the lashes of the whip. During three hours this heart bathed the summit of Calvary with the precious blood that paid for the rescue of the world. This Heart opened itself up after My death to pay completely with the excess of My love, a rescue that could have been paid

with just one drop. After having slept for three days in the sepulcher, this Heart awoke with all the energy and all the strength of its love, arming itself in the resurrected body of the Man-God, with the most wonderful proprieties that Heaven gives to My glorified body: the movement, the brightness and the grandeur of a life without end.

<sup>9)</sup> See in this sensitive substance, the Heart that I showed to Margaret Mary, telling her: "Look at this Heart that has loved mankind so much." This sensitive and material Heart should not be more than a secondary purpose of your devotion. There is a spiritual purpose that is the principal part: My love for mankind, whose symbol is the Heart and the flames that come out of it, and which should show you its great sentiments.

<sup>10)</sup> This love should be for you an inexhaustible motive for admiration and gratitude.

<sup>11)</sup> Out of love I left Heaven for Bethlehem and I left My Father's bosom for Mary's bosom. In My Father's bosom My light is inaccessible; coming out of Him I manifest it, I pour it out, I lavish it, I begin to draw back the veil of so great and consoling a mystery.

<sup>12)</sup> For the love of the Jews, I reveal Myself to the shepherds and for the love of the gentiles, I reveal Myself to the magi. In this way, the Church forms around My Heart, like surrounding a divine center and at the same time born among the pagans and the Jews, whose destiny will embrace all time and all places.

<sup>13)</sup> Bethlehem saw the glory of My birth in the heavens and on earth. Nazareth will see the interior glory of My hidden life.

<sup>14)</sup> Poor, unnoticed, disregarded, for love I give eloquent lessons on obscurity, silence, humility, simplicity, mortification and self-forgetfulness. In this type of life, I grow in age and in

knowledge before God and men. In this way I live, act, keep quiet, work and hide for the love of mankind.

<sup>15)</sup> When My public life begins, the same love leads Me to baptism, where I offer Myself to atone for your sins and to the desert where I humiliate Myself, where I am tempted, where I even allow Myself to be taken on the wings of the fallen angel to the platform of the temple, all for love. Heart of the Messiah, the Savior and the Father, all is possible with My love as long as I may persuade you to follow Me in combat. For the battle with the devil, I lend you those words, those arrows taken out of Scriptures, with which you will always harm the tempter. But it is necessary that they come from your hearts as from My Heart, when you may have purified yourselves in solitude and in fasting, when mortification may have made you strong, magnanimous, winners of yourselves.

<sup>16)</sup> My public life is nothing but My Heart in action and in suffering. It acts and suffers at the same time for your love with an activity that makes Me run to conquer your souls, and with a merciful patience that doubles the price of My zeal.

<sup>17)</sup> I preach and reconcile the sinners; I heal the sick; I welcome the children. I instruct and form My disciples; I feed the hungry crowds, and with miracles, benefits and conversations, I pour out My Heart from which flows infinite charity without ever running dry.

<sup>18)</sup> I cry over the sepulcher of Lazarus who is My friend, over the unfaithful Jerusalem that is My native country, over the world, object of divine anger.

<sup>19)</sup> My Heart for mankind is what has poured out these tears; love has torn them out from My Heart, and the desire of seeing

them weep for you is what made Me give the tears their own virtue, and to declare blessed those who shed them.

<sup>20)</sup> The sacrifice of tears was not in My life but was a prelude to the sacrifice of blood, which poured out from My feet, My hands, My head and My Heart successively and abundantly.

<sup>21)</sup> This Heart revealed itself completely on the cross, now with words of pardon, now with a testament of love, now with the extinguished scream of its zeal and the thirst that ascends from the Heart to the lips until finally love and justice are satisfied and there is nothing else to now expiate, nothing else to pardon, nothing else to love.

<sup>22)</sup> Consummated it is. But no, all has not ended, because I rise and My risen Heart expands itself; it triumphs; it abounds in happiness; it enjoys this triumph; it is overjoyed by its own merits and it obtains a complement of joy and of glory that will be of great profit to earth.

<sup>23)</sup> All the apparitions that follow My glorious resurrection are triumphs of My Heart. Magdalene recognized Me by My voice, the disciples of Emmaus by the breaking of the bread, Thomas for the wound of My open side, and all the apostles and disciples recognized Me by the peace that I desire for them and bring to them.

<sup>24)</sup> Finally, when victorious over death, I ascend to the highest of the heavens and go to seat Myself on the eternal throne prepared for My glory, to achieve My own victory over the heart of My Father and to win the descent of the Holy Spirit as I promised upon My rising Church. In this way My Heart grows even in its triumph and earth experiences more than ever its divine influence.

<sup>25)</sup> This love is perfect when it speaks and when it remains silent, when it promises and when it gives, when it pardons and when it exalts itself; it is perfect on earth and in Heaven. All My life proceeds from the Heart: love is My first word and I have loved you to the end, to exhaustion, even to an extreme folly of love.

<sup>26)</sup> Little children: you have a Redeemer; come to Me, for I am full of Mercy for those who want to be redeemed. I am the spring of living water, the plentiful river, that proceeds from the throne of God, that without receiving anything, to all I give abundantly without diminishing My currents. Run to Me, all who are thirsty, to quench your thirst in Me. It is a mine without limit of eternal treasures. Come, greedy to receive My graces; never will you have so many treasures, and never will you be lacking to share with others infinitely.

<sup>27)</sup> Come the blind to the light, the afflicted and tormented to the joy without end; come the imprisoned to liberty, the exiled to your motherland, the dead to life. What are you waiting for? What are you doing tied up like vile beasts to the mangers of the world, eating neither straw without juice nor nutritious substances?

<sup>28)</sup> Break your ties; come to the table that is waiting for you, supplied with true delights and invaluable gifts. Wake up and let the light enter through your doors. Open up to Me, do not remain in the darkness and in the shadows of death...

## MY MOTHER IS ALWAYS WITH ME

**ARK-107**

**30-Jun-95**

**The Lord**

<sup>1)</sup> Beloved, do not let your heart be saddened with the conversation that you had with your siblings; give it the time and allow Me to guide you towards the ways that you should

come closer. Of course you will have rejection! Why Me and not you? Nobody is a Prophet in his own land, in his family. Persevere; take care of My things: "...Because those who take saintly care of the holy laws, will be recognized as good and those who allow themselves to be instructed by them, will also find in them their defense..."

2) Tomorrow is the first Saturday of the month and I want to teach you something that is not considered by all the children who come to visit Me:

3) **Greet My Mother at the Tabernacle, where She is also present, always next to Me.**

4) You very well know that you cannot pull off the fruit of life without thanking the tree with whose sap such fruit was formed. No, My little daughter, neither can you eat the Bread of Life without kissing with piety the hands that kneaded it. There cannot be anything more intimately united to each other than the Eucharist and My Mother.

5) What God joined together mankind cannot and should not separate. That means that, from eternity, in the mind of My Father, His will had united inseparably Our hearts. She, having cooperated with His will and with the immaculate blood of Her body, formed the one to be born in Bethlehem and who would have to be broken for your redemption. The one who would stay to the end of time in the Eucharist to be food for your souls... My body and blood are Her body and blood. Hence, it is to Her that you owe that immense treasure since I would not be God if I was not the Son of God and I would not be a Man without being the Son of Mary.

6) That is why I had instructed you about the cover of the future book. It will be as in the first Christian era, when they painted

tabernacles on the chest of the images of My Mother in the catacombs.

7) She conceived Me first in Her soul and then in Her bosom. In this way She took Me to the mountains of Judea to visit Her cousin, from whom I received the first praise of humanity when she said: "Blessed is the fruit of your womb."

8) From Her virginal bosom, I did the sanctification of John and today, from the Host I do the sanctification of the souls that were redeemed on Calvary. The beauty and the purity of Her soul were so pleasing to My Father that He put His throne of redemptive Love in the heart of Mary, in order to reign in the souls through Her, through all times. And for Love, I have stayed in the Tabernacle since two thousand years ago.

9) For having received from Her human nature, the institution of the Eucharist was My payment to Her; She was the first one to receive My body and My blood. In this way the intimate union of Our hearts continued after My return to the Father, the hearts that have most loved each other on earth.

10) Imagine how much I will love you, My children. Even the Host that you receive is the same body, blood and divinity that My Mother received every day, Her being so saintly and you such sinners.

11) It is My Mother who attracts Me to souls. No other thing demonstrates that fact like the one who professes devotion to Mary, which makes the devotion to the Eucharist flourish like in a beautiful garden. That is the way that I had wanted it. Out of necessity, the heart where the love of My Mother is planted will grow the fruit of My love.

12) In this way, the devotion and love to My Mother gets crystallized with the adoration to My form in the Eucharist; that

is the reason why during this century, She has been bringing you nearer to Communion at all the places touched by Her grace.

<sup>13)</sup> Thus during all this time, We have come instructing and bringing you closer to this mystery of love in order to form the foundations on which will be constructed the pillars of salvation of the world, where My Church (and not that of men) will lay the foundation of its triumph, a platform in which evil will have no place. But beforehand, I will have to expel the Pharisees who are the sore that causes suffering to the Church... The criminals had infiltrated her. The wrongdoer and disrespectful rituals torture Me; they treat Me as an inferior being. The conscience keeps quiet because it encounters the voice of men and not the voice of its Master.

<sup>14)</sup> *That is why this third renewal is so important... My daughter, how much the earth weighs on Me!*

<sup>15)</sup> Love My Mother, She is the first link of Mercy. Remember that My Kingdom will always be formed for those who live in My will. My Mother, the Queen of this court, needs the crown of fidelity of Her children.

<sup>16)</sup> I feel so happy when I am this way with you that when you write new things, I am creating new graces to reward your fidelity and I propose to give you new truths. Have you noticed how I come back continually, to sow new seeds of truth in your soul?... Always be attentive...

<sup>17)</sup> I want you to repeat this always: I want to create much love, much adoration, many blessings, much glory to My God for supplying everything ...

## GO OUT TO SPREAD MY LOVE

**ARK-108**

30-Jun-95

The Lord

<sup>1)</sup> Pray, My daughter. Give yourself to prayer because pain and wickedness have begun to extend their stench on the earth. The hour of truth and of bravery has begun; the moment has come when I need all the integrity of My Church, of My chosen ones, of My good lambs. The malignant poison is coming to this place in a desperate attempt to destroy My things, My work, My Kingdom.

<sup>2)</sup> You should not permit it so why do you disobey the urgency of your Father? Why the hurry to read the next message without analyzing thoroughly and fulfilling the previous?

<sup>3)</sup> Put aside the useless and work to spread My love. I do not want cowards; I do not want any more fear. I am fed up with the caution of My Church... Bring My message of love; spread the desire to pour out Mercy on My children... Do you want to cry? Cry with Me...!

<sup>4)</sup> Your happiness is not in the understanding, even less in the senses of your body; your happiness is only in the heart and in the life of the heart. It is Me and without Me, no heart can be happy.

<sup>5)</sup> Love Me, My little daughter, because I always loved you: in the bosom of the Eternal Father; in the bosom of My Immaculate Mother; in the manger; on the Cross and in the Tabernacle... I loved you in your childhood, in your adolescence, in your youthfulness.

<sup>6)</sup> Yes, I loved you and I love you so much that aside your crib I kept watch over you. I walked mountains and valleys as an attentive shepherd, to protect you from the dangers that

threaten your salvation. Is it that perhaps you have not seen your name written with letters of blood on each wound of My flesh?

7) Teach others to love. Tell them that love does not talk of curses but of blessings. It is not born out of fear in the face of suffering and pain, but of the tranquil hope of happiness...

## MESSAGE TO THE YOUTH

**ARK-109**

The Lord

*1) My children, eat and drink from the tree of life; why do you offend Me? Think of Hell, in that jail cell, in that loneliness and those torments. Is that a reason to offend Me? From all of that I have freed you!*

*2) You, My child, think of Heaven in its beauty, its happiness and its marvels. The eye has never seen, nor the ear heard, nor could the heart of man ever desire happiness like that which has been prepared for those who serve God... All of that was Mine and only for your love did I make it yours. Is it a secret motive of your pride to offend Me?*

*3) Think of Calvary. The same soldiers that entertain themselves playing cards do not believe in Me. They only look out for their interests, but even to them it seems monstrous to continue tearing My flesh, shuddering in pain.*

*4) See every wound, every drop of blood and even today I ask you: If I am here nailed and dying for you to make you happy, why do you hurt Me? What harm have I done to you?*

*5) Child, are you going to tell Me that before the pleasures of your body become the torments of My body?*

*6) ... that your immodest clothing is more valuable than the covering of My blood?*

*7) ...that the love of those who drink the blood of your youth is sweeter than My infinite love?*

*8) Do you find in My behavior some reason to offend Me? What harm have I done to you?*

*9) Come closer!... Come to the Tabernacle that is closest to your house, your place of studies, your work and look at Me, tired of waiting for you yet, nevertheless, filled with love.*

*10) Do you want to use all the strength of your human weakness to declare war on this little Host? Why do you offend Me by throwing rocks from afar, from the immoral spectacle, with that immodesty, with those thoughts, with those images, with those drugs and drinks that undermine your organism? Why do you hurt Me with your blasphemies, with your fights, with your swearing? Why do you harm Me with your forgetfulness, with your indifference?*

*11) Remember, behind the door of the Tabernacle, I await the return of My souls; open the door to your heart to Me and let us celebrate the banquet of My love and My grace.*

*12) I do not want you perfect because perfection is not of this world. What I desire is that My mercy reaches you.*

*13) The sting pricks the natural tendencies of your youth, but your heart is not yet corrupted with the venom of the world; give it to Me!*

*14) I am here to fulfill your desire to love and to guide you towards what you need so much, even though you do not know that you need it.*

*15) Work in My vineyard. Its field is ample and I am the master of the impossible... Because I have compassion for you, I want to save you, to enrich you with My gifts... Pause for a moment in your young life. Be open to the ways of love. I am the infinite Being and I am filled with Charity for each one of you. Young soul, you are the purpose of the glory of creation. Be capable of being the decorum and the good name of My works and the accomplishment of My redemption.*

## HOW MUCH I LOVE YOU!

**ARK-110**

7-Jul-95

The Lord

1) Beloved, reread the Message about My friendship. Cling to My love; cling to the Gospel ... That is the glorious flag of liberty for the men of the world.

2) He is not selfish who says, "Take and eat My body and My blood."

3) He who said to the despised woman, "My daughter, your sins are forgiven", is not showing favoritism. Yes, perhaps I have preference for the poor, for the humble, for the simple and for the sinners, just as a mother has for her sick little child.

4) You are so stubborn in your suffering that I will tell you something to make you smile: I am God, blessed by millions more angels than all the habitants in the world. I am who loves you! Yet am I the loved one of your heart?

5) *(My God, how can you even doubt it?...)*

6) I was hated by My enemies, abandoned by My friends... I made you so you can love Me and My Father begot Me to be loved by you. The fire burns when fuel is thrown on it. The graces are the fuel of love and you... receive so many!

7) Look at Me: making Myself so tiny in Bethlehem and even smaller on the Altar for you, for your love... Look at Me: living poor for you, working for you, preaching for you, sweating blood for you, suffering scourging, saliva, slaps on the face, insults, the cross, death... for you. Because I loved you and I love you!

8) Listen: while you work, while you eat, sleep, go for a walk, or sin, I am shut in the Tabernacle, prisoner of love. Look at Me always, from wherever you are, for I am filled of love for you...

9) *(It is so much love that I feel within myself, that I think that my chest could explode. Immense gratitude, comfort, caress... My God is with me.)*

## PRAY FOR THOSE WHO DO NOT KNOW ME

**ARK-111**

16-Jul-95

The Lord

1) Today I want you to bring Me a legion of souls redeemed with My blood. Not the souls who live by My sacramental love, not even great sinners that need to be healed of their terrible wounds, but the other sheep, the souls of the infidels, the poor atheists. Visit Me on behalf of all of them.

2) They do not know Me and have never heard My voice; nobody had preached My Gospel to them; they have not received My Sacraments.

3) They live enveloped in the darkness of idolatry and paganism, adoring their false gods in whom the evil one lives, and they go on their way to eternal damnation.

4) My Tabernacle is the Calvary where every day and every second of the day I renew My Sacrifice of the Cross, a unique sacrifice intended for the salvation of souls. Think... you have so much and they have nothing... You have faith and with faith you have the light of life, comfort in time of suffering, hope in eternal happiness.

5) You have My Commandments, which are for your heart sweet like honey because they dignify you; they unite you to My Divine Will and are a guarantee of eternal salvation.

6) You possess the immense treasure of prayer. You can talk with Me; open up your heart to Me, and confide in Me like to a father, like to a best friend. You can ask Me for favors and feel

the caress of My voice that speaks sweet words of peace to the depth of your soul.

7) You have My Sacraments, fountains of clear water where your soul, thirsty for eternity, drinks until satisfied: Baptism, that reconciles you with Heaven; Confirmation, that makes you My soldier; Reconciliation, that pardons your sins and gives you back My grace and My love; and Extreme Unction, the bridge that has its support on earth and reaches to glory.

8) You have, above all, the Eucharist, where I give Myself totally to you and make Myself your food and your drink. I transform you into Me, like fire with iron, giving you proof that one day you will participate in My joy and greatness on a throne of glory like Mine.

9) Through the Eucharist I am your sacrifice; I am your Bread of eternal life; I am your companion in this valley of tears. You have Me and with Me you have everything.

10) Others... do not have anything. They do not know My name; they do not know that I have created them. They do not know that I have shed My blood for them. They do not know that I love them so much. They are born without God; live without God, and die without God. Can you, My little daughter, conceive of a greater poverty and misery?

11) The Eucharist is Calvary. I have died for all men. The Tabernacle is also for pagans. My torn body on the Cross is of infinite value because My redemption is extended to all who are marked by the sin of Adam. That blood of Mine is in every one of the consecrated Hosts.

12) Prayer is the Eighth Sacrament and through it you can, Christians, take My blood and apply it to all those poor souls.

13) I love you and since I want the salvation of all souls, I had created those souls not for the eternal fire but to make them eternally blessed. My body, broken on the cross and My blood, offered in sacrifice, give witness to My sovereign will. The same way as My blood is eternal, so is the infinite sacrifice that is being offered forever for men on the Altar. Offer this Sacrifice to the Father for pagan souls.

14) Start working now. The Tabernacle is the center of the world. That is why Missions have been placed in the most remote regions. The Host is the sign of light and love. It is necessary that the Eucharist be elevated in all the places of the world as the humanity's only redemptive sacrifice.

15) I need you to be true missionaries of the Eucharist. Start right now with the assignment that I impose on you and... where doors are not open to you, simply shake the dust from your sandals and go on...

#### **SHORT PRAYER TO BE REPEATED AT EVERY COMMUNION**

**ARK-112**

The Lord

1) "Lord, wash in Your divine blood all the souls of the world."

#### **NURTURE YOURSELVES WITH MY WORD**

**ARK-113**

1-Aug-95

The Lord

1) Look at Me, little daughter; nobody looks at Me but at himself, about himself. Come to receive your Lord in this nuptial banquet in which you will have to unite yourself with Me and, pierced by love, you will live anew My pain... Love of My love, do not fear, pray...

2) *I would like to write on every house that Bolivia will not be destroyed, only purified of all its pride and its egoism... My Mother takes care of you; She is with you. That is why you must love Her and make reparation in union with Her.*

3) I like it when you receive Communion because it shows you have the desire to learn, to accompany the Mother, to be My escort in that little pilgrimage of love. I go with My two little daughters, to give Myself to the sick and in that way, we are four in a communion of love and of presence.

4) Little daughter, in the same way that I have selected different souls for the final plan, I have chosen you to fight to restore My presence on the Altars and already you see it... The fight is not becoming difficult... I have worked arduously with you in many ways; just look around you.

5) Now, prepare yourself spiritually, get nurtured with My word to carry forward with faith and much courage the Eucharistic apostolate...

6) Go ahead, run to receive Me; I am waiting for you full of love...

### **THE SAME DAY:**

7) Find Me in the Gospels. Why are you neglecting the study of the Bible?... You will give a message after the first day of the month. You have had much, go back to the Gospels and study them along with all the teachings that we are leaving you.

### **DO NOT REFUSE MY HELP**

**ARK-114**

**3-Aug-95**

**The Lord**

1) My daughter, I am so hurt! So great is the audacity of human pride and ignorance, that small and myopic human understanding, swelling with pride on a false pedestal of

arrogance. They refuse the help that I give them by placing in their souls the magnifying glass to increase faith so that the brilliance of My revelations and Mysteries will not blind them. Contemplating the sun of divine truth, they so foolishly say: "I do not believe in the reality of Jesus present in the Host of the Tabernacles because I do not understand."

2) Do they perhaps understand how their understanding works, making use of their brain?

3) Could they deny in themselves the existence of their understanding because they do not understand how it happens, or how it exists in their heads?

4) And in the supernatural order, who can comprehend man's understanding, being born yesterday from nothing and tomorrow converted into a handful of negligible dust? What can the understanding of man say of the Divine nature, who is God? Of the Mystery of the Holy Trinity, of Its perfections, of the way the creator works and of the preservation of His creatures...?

5) Invoke the Angels... The army of angels takes part in the fight.

6) Frequently repeat to My Mother in every Mystery of the Rosary: Virgin Mary, our Immaculate Mother, show us Your power, defeat the enemy!

7) Make reparation; I am going to instruct you...

## THE QUEEN OF PEACE

**ARK-115**

15-Aug-95

The Lord

1) My child, receive Me in the Eucharistic Sacrament and you will feel that My presence comforts you, that it inundates your

soul with happiness, that It encourages and enlivens you to be better.

2) Receive the Holy Communion fervently and you will feel that a supernatural force lifts you up from earthly material things to desire love, virtue and goodness. And you will feel that a light of happiness illuminates your steps through the path of a beauty much more splendid than all perceptible things of beauty and towards a better world than the one that offers you the sensual pleasures of this crude world.

3) There, if you are proud, you will feel the desire to be humble. If you are irritable and bad-tempered, you will find love, kindness and meekness. If you are lustful, you will feel that My blood extinguishes the fire of your sensuality...

4) Faith is necessary to come closer to Me, as is vision to see people whom the heart later embraces. And behind that faith you will feel My true presence, pardoning the sinners and sanctifying the just.

5) Fire burns, but it does not burn from afar, nor when the material is not suitable. Holy Communion works within you in the same way. Understand that the sanctifying action is not only the result of My merits as in the other Sacraments: It is Myself who directly produces such fruits of sanctity and eternal life in the soul.

6) It is My Mother who comes preparing the peace for the world. When She finishes Her mission, She will give Me everything and I will give peace to the world, but only at that hour. Do you see why it is important to obey the requests of Mary?

7) Pray, My children: Glory be to the Father, glory be to the Son, glory be to the Holy Spirit, through the Blessed Virgin, the Queen of Peace.

8) The moment of the conversion of the world is hidden. Pray and have confidence in Her. The celestial Father has done great things to Mary. He blessed Her with the power of a queen and put in Her hands the salvation of the world. The victory is in Her hands... Her power over the world is a blessing and a grace for all souls, for all nations. If the power over the world were not granted to Her, the world already would have fallen to hell long ago. Her power is that of a mother over her children. Her power represents power over all the angels that the celestial Father has put to Her side to combat the demon and his followers when the moment of Her victory arrives.

9) According to My words in the Gospels, all those who live by the sword, by the sword they will perish. I speak of those who, instead of accepting My will, wander in the labyrinths of the world, esteeming more the external things than the spiritual things, trusting more in their obscure vision than in My light.

10) My children, pray that your charity cures the wounds of this perverted world.

## WHY DOES CHRIST CRY?

**ARK-116**

**24-Aug-95**

**The Lord**

1) *(In the house of the family that has the Statue of the Christ\* that cries. When the scientists where there, it started to cry.)*

2) You will say that it is love for the love that wants to grow eternally until it pours out over the world... You will say that is the light that comes to illuminate the darkness. You will say that it is the truth that comes to unveil the hidden, the eternal

that comes to destroy the temporary. I Am who I Am, the essence that comes to occupy the matter.

[\*Note: The Statue of Christ of Limpas in Cochabamba, Bolivia]

## I INVITE YOU TO UNITE YOURSELF WITH ME

**ARK-117**

25-Aug-95

The Lord

<sup>1)</sup> Being the king in his recliner, My nard emitted its fragrance. When I come to inhabit a soul through Holy Communion, how clearly the soul sees and understands its meanness and baseness by the light that I bring with Me.

<sup>2)</sup> And in the same way as the plant of the nard is recognized as the most humble among all the flowers, the soul humiliates itself and then, what a gentle fragrance it gives off for Me so that I invite the soul to unite more and more with Me!

<sup>3)</sup> My child, if you want Me to rest in you, see your baseness and discard all pride that pushes you further away from Me and prevents Me from dwelling in your soul.

## LOOK AT YOUR KING!

**ARK-118**

26-Aug-95

The Lord

<sup>1)</sup> Go out, daughters of Zion, and see King Solomon with the crown that his mother put on him on the day of his wedding and on the joyful day of his heart...

<sup>2)</sup> Children of grace, souls that love Me, come out from the darkness of the world and look at your King, crowned with a crown of thorns, crowned with the contempt and pain with which the ruthless Synagogue crowned Me on the day of the wedding, that is to say, on the day of My death, the day on which I married souls on the altar of the Cross. Go out again to

contemplate Me, full of piety and tenderness when I come to unite Myself to you in the Sacrament of love.

### WOUNDS, BLOOD AND LOVE

**ARK-119**

27-Aug-95

The Lord

1) After being cut, the little tree of myrrh pours out through its wounds tears and a healing balm. I, in My Passion, desired to pour out with so much pain My divine blood through My wounds, in order to give it to you afterwards with this bread of life for your salvation.

2) Enjoy Me as a thirsty person enjoys a cluster of chosen grapes.

3) They are for you a cluster of cipro from the vineyards of Engaddi. I desire to satiate you with My holy love...

4) Make reparation...

### PERSONAL MESSAGES

**ARK-120**

Oct-94

The Blessed Mother

1) The moment will come when the Father will allow each of you to see your souls as He sees them. Then unity will come, but also the great battle.

2) Be prepared. Love, adore, revere and honor Jesus. He is your God, the Second Person of the Holy Trinity. He suffers everyday for your sins, for your pride and your lack of faith. Family of Jesus, please, surrender yourselves to the Lord. Please, confess your sins and receive the Lord with dignity.

Note: the number/letter of the following ARK-120 messages follows that of the Spanish text.

1) No soul can replace another. Every one is unique. I love each soul with a special love that is not the same one as I have for others.

2) You have to know that for My Father, a life is an empty page if it has not made any effort to save souls.

3) That is why your [Catalina] principal interest in this life is to be the salvation of souls and to fight for the Eucharist.

4) *When you pray the Rosary for someone, every bead is a drop of My blood and those drops fall on the person for whom it is offered. That is the reason why the souls in Purgatory are saved with your Rosaries, because they implore My saving blood.*

5) When you are tired, confused or you do not have the strength to say your prayers, only tell Me with love, faith and trust: *"Jesus, I love you."* When you repeat My name and tell Me that you love Me, it is already a powerful prayer.

6) Salvation is dialog and union with God. If those who in their souls stained My divine beauty, recognize their misery and sin and turn back to Me, they will be pardoned. But those who persist in their sins, they ruin themselves.

7) If one of your loved ones is far away from Us, pray for him. Give him to My Mother and She will bring him in Her arms to Me. When you ask this of Her, you ask it of Me.

8) I want you so pure that when you see other people's miseries, it moves you to compassion and not anger, to pray and not to detest.

9) I am pouring My mercy onto the world. Pray for the sinners to convert and to amend their lives. Those who have not converted in this period of grace will die eternally.

10) Pray and trust in the power of prayer.

**ARK-120b**

Nov-94

The Lord

1) The world has been graced that the time before the punishment has been prolonged, due to the sacrifices and prayers of all the victim souls of the world.

2) I pray with you. Even when you breathe, you must make prayers of expiation.

**ARK-120c**

Nov-94

The Blessed Mother

1) The victory of Jesus will come when there is light and faith only in a few souls because of the seductions of the devil... Pray My daughter, so that those souls might instill faith in many others.

2) Laziness is a great sin. That does not mean the absence of fervor, but also negligence in fulfilling one's obligations. Be careful of laziness because it is the beginning of many sins of the soul and of the body. *Consecrate yourself to Jesus.* Only the love of Jesus can liberate you from laziness.

**ARK-120d**

Nov-94

The Lord

1) Wickedness engenders more wickedness. The world has reached the point to where the very wickedness asks for a break... Only that part of humanity that is under the refuge of My Mother's mantle and that asks Mercy of Me through Her will be saved.

2) You must know that the Holy Trinity will only bless the world through the hands of My Mother.

3) I do not deny My Mercy to anyone, even if they live in the most distant place of My empire. I know the secrets of their

hearts... That is why when My Mother talks to you, you should repent, because if you do not convert, you will experience the severity of My justice.

4) When will you be convinced that there is not earthy evil that does not serve for the improvement of those who fear God? Tried and purified by fire, the good will become better.

5) The time of the conversion of the world is hidden. All the armies of the world cannot resist My Mother; the victory is in Her hands.

6) My Mother is not only the Mediator of all Graces, but also the Slave of the Lord. She is the smallest and, nonetheless, the first one after God.

7) *(On hearing the news of an inconceivable assassination, I was annoyed. I wanted to hit the assassin, whom I did not even know.)*

8) Those who are tortured by another human being and die, receive special graces and will receive an indescribable eternal happiness. The other one is also My child; might you want to hit him? I assure you that the actions of the murderer gives Me less pain than if you, whom I love so much, want to take revenge or wish to do him harm... It is better to pray for him.

9) The wound on My heart will never scar over; it will always be a triumphant sign of My love.

**ARK-120e**

**Nov-94**

**The Blessed Mother**

1) Let the Lord and I take charge of the just; you may work for the cruel and the blind, for the deaf and the lukewarm, for those suffering coldness of heart.

1) Do not ask Me for the day of the conversion of the world; ask yourself when you will convert... Do not tremble for the condition of the world, but better to tremble for yourself and have thirst for My Truth.

2) Understand this once and for all: if you love Me, you do not need to ask Me for anything. You only have to love Me; everything else will be given to you, My poor and beloved little daughter.

3) Go to Confession again. When the priest gives you absolution, I open My wounds and My blood flows drop by drop...

4) Never take a step that takes you far away from Me. Do not stop praying.

5) At the final judgment, when you see that your sins have already been pardoned, you will shine because of My love.

6) The only thing that I ask of you is that you do not offend Me. I will do the rest for you. I also will take care of the material and spiritual well being of your family... The only thing that matters is that you be always close to Me.

7) Pray much for My priests, make sacrifices for them, so that upon the judgment, they not be empty-handed like they are today.

1) Unite your efforts of penance with the prayers of My Mother. With Her the penance will be perfect. Prayer and reparation brings many graces from Heaven and they are so scarce...

2) Pray for the religious because their sins weigh more than those of the laity and they provoke the rage of the Father.

1) Happy are My children who with My immense love, build solid dwellings of peace with their brother because My love will be always their food.

2) Prayer and penance are the only way. He who obeys never falls into error.

3) So that the world does not tempt you, you must live with the only desire to serve your Master.

4) Remember, little daughter, that man is not saved only by his work, however good it may be. It is necessary that he himself becomes a work of God. Once he has reached complete abandonment, he can have unlimited credit.

5) A pure heart is that which in the midst of all his miseries, ceases not to adore his Lord. and is able to vibrate with the eternal joy of God. You must find your peace in knowing that Jesus is Jesus triune, and consequently, your God. Therefore, He will make the [heavenly] blue of your soul. Thank Him for being who He is.

1) Love My Mother, sweet expression, indescribable delight of the human heart, delicious ambrosia on the lips and pleasing harmony in the ears of the ones who follow Her. Happy are you whom I constitute children of the Queen of Heaven and Earth, My Mother.

**ARK-120j**

Jan-95

The Blessed Mother

<sup>1)</sup> Trust in our Lord; cultivate in friendship, sincerity and love. Allow the sea to be at peace and that the work of the Lord changes its course. Be not discouraged, My beloved child.

**ARK-120k**

Jan-95

The Lord

<sup>1)</sup> Give Me the glass of your life, and I will fill it up...  
<sup>2)</sup> Fast and pray for the priests who do not live according to the teachings of the faith.  
<sup>3)</sup> From My heart's throne of Mercy, I call all to forgiveness.  
<sup>4)</sup> I am with you; give Me your suffering. I also was alone and hurt... Free your heart; do not look further than the glory of your Lord and allow yourself to be irradiated by it. Then a great peace will come to you.

**ARK-120l**

Feb-95

The Lord

<sup>1)</sup> If you might not have limitations, I would give them to you. The important thing is that you love Me always. Then I will not see your faults and sins because love makes Me blind... You will always be imperfect and if I wait for you to be totally clean, I would never love you...  
<sup>2)</sup> Your only concern must be to love Me. Do not strive to be a saint; leave that to Me. Your sole concern must be to love Me and to believe firmly in My love. In this way you will receive My graces and in every moment, your soul will be filled with joy.  
<sup>3)</sup> My little daughter, a soul is clean only if I live in it. The only thing that I cannot resist is love. When loving you, I am only

able to love Myself [in you] and the Father in Me, ... If you are occupied with something that is not Mine, I cannot talk to you.

4) The essence of the union with Me is to know that I am for the soul and the soul is for Me.

5) You should not think that I make an exception with you. I pour out My grace in abundance on all souls. The only task all of you have is to recognize it.

6) My daughter, when they hurt you, think that I knew it and I permitted it. Accept and forgive because you must humiliate yourself for the sins of others. Do not even consider your pain.

7) My grace, My fullness will manifest itself on your family. There will not be any doubt about those in whom I pour My Spirit... Strengthen yours and cleanse them with My blood.

8) Here in this Sacrament, throne of My love, place of rest and peace, dwelling place of joy and comfort, look for Me always.

9) Make yourself worthy to see right here with My light, this light in which I live, to occupy yourself tirelessly with Me and delight with the marvels that I work in the company of the Father and Holy Spirit.

10) Communicate fully and gently, heart to heart with Me in this Sacrament.

11) I want to fill you so that you live only of Me and for Me.

**ARK-120m**

**Mar-95**

**The Lord**

1) *(During a Baptismal Ceremony)*

2) I pour out a special blessing upon this girl that will be a bond of My grace and Mercy, a love through which many conversions will make known the nature of the tree [the cross\*].

3) Why do you look for goodness outside of Me, if all goodness is in Me?

4) Give Me your heart so that you may love with extraordinary affection the angelical virtues and loathe all that may be contrary.

5) Pray with understanding, with the heart and with the mouth according to My teachings whenever it is possible to do so, because I will assist you with My grace.

6) You [Catalina] know that the love for hardships and humiliations is the most precious virtue.

7) I loved you this way and washed you of your sins with My blood and offered Myself for you on the Cross, so that with the delicate scent of this flaming sacrifice and with the fire of My love, I could satisfy and placate the Father.

8) All My life was being obedient, yours continuous disobedience. Your today has been your will, your rule of conduct: vain cravings... Learn to be obedient to My divine inspirations, renouncing your will.

9) Here I am, consuming fire, trying to assure that My soul burns your soul with love and that you feel consumed and lost in the furnace of My Heart... Receive it!

10) If it is so easy to enjoy Me in the exile, how will it be in the true motherland? If so sweetly you feel My comforts in this Sacrament, what and how will they be in My Kingdom? If hidden I captivate the hearts, what will happen when you see Me and intoxicate yourself in the torrents of My pleasures?

[\* Note: See references to "the tree of the cross" in ARK-61:6 and "the tree of life ... at the foot of the cross" in ARK-63:11-12 ]

**ARK-120n**

**Apr 95**

**The Lord**

1) Pray, little daughter for this multitude of infidels that ignore what it is to have Me as a Redeemer. Dying in this ignorance,

they lose so miserably the eternal happiness that I prepared for them with My sufferings.

2) Pray for them, because they cannot control their tongues and fall so easily into the temptation of judgment and condemnation.

3) Today I want you to pray for the wicked religious, for those who, although they know Me, prefer the idle pursuits of their imagination rather than My Holy Doctrine. Denying the faith, they tear at the very fabric of the Church and they precipitate in an enormous number of souls that are Mine a hell everyday.

4) Already you are afar, but so close to Me. Pray for those brothers and sisters who are each time more confused, each day with new questions, as if what is Mine needs to be questioned! Poor humanity, so blind!

5) This dawn, pray for those who insult and blaspheme against My Name. Pray for the lack of piety of the wicked Christians.

6) Pray today for the restoration of families, so that I can reign again in their homes, as in many other Temples that were consecrated to the love, worship and glorification of My Heart. Pray for your family and friends and even your enemies so that with the help of My Grace, they may be sanctified in achieving what is necessary... Pray for those near death, so that they may find the help of My Mother who is the guardian of the dying.

**ARK-120o**

**Apr 95**

**The Lord**

1) Ask for much; do not forget that you must ask for spiritual goods. Remember the encounter of Catherine Laboure with My Mother, "These rocks without light represent the graces that are not granted because they are not requested," said Mary.

2) In the Holy Mass, I come closer to you, with the altar being the manger of the Eucharist where I make Myself present with the same reality as in the manger in Bethlehem.

3) In Communion, you come closer to My Father who lives so intimately united to Me, that you participate of My very life. Remember, as the Father lives in Me, I live in the Father; in this way he who consumes Me will live My very life.

4) The visit to My Eucharistic Form is like a demand of the faith and a fair interchange for the infinite love that I show you by living together with you night and day.

5) Love never says enough and Mine wants to love you eternally. Since by your nature you cannot be God, My love has conceived a way through the Eucharist so that we, you and all who are redeemed with My blood, may be able to live My same life, forming with Me one nature.

6) Communion: common union between two, between you and Me. Look for Me; enjoy Me!

7) I do not like the rapid form of praying, as if the only goal is to get it over with. Those who develop many activities, can only lose peace in their hearts, even if they consider those activities indispensable... I prefer one prayer, but in entire communion with Me.

8) Do you want to do My will? Without Me you can do nothing. Then, to fulfill My will is to abandon yourself to Me. Come to Me so that I can make your desire a reality.

9) Tell you something? I tell it to you all the time: I love you...

10) The smoke of Satan continues to rise between the elected groups. The division will be manifested in the tangle of futile discussions. My word cannot be divided for a single group. Be firm in defending this truth. Let them understand that the evil

one has managed to introduce himself in the middle, tearing the precious bond of their mutual and reciprocal affection.

<sup>11)</sup> Become My living word and wherever you go, bring the light of My presence into the darkness that is becoming more dense on earth...

<sup>12)</sup> That little light has its significance: it is the weak light that is being extinguished on all sides ... Pray.

**PRAYERS TO THE LORD AND  
TO THE BLESSED MOTHER**

**ARK-121a**

**Apr 95**

<sup>1)</sup> The Jesus of My life, grant me that I may always remember you, that I may love You always and everywhere. Make my heart a clean, pure and holy dwelling for You, so that in it, I may enjoy You and possess You. Sanctify my soul in order that it may be the glory of Your loving Heart.

<sup>2)</sup> Lord, give me the grace to love You, to unite myself to You with all my soul, to give myself to Your love and to Your service with all my strength.

<sup>3)</sup> Love of Jesus, give me the grace to abandon myself to You and to melt myself into You, in such a way that I will never find myself but in You, Jesus, My sweet love, love of my life.

<sup>4)</sup> Beloved Lord, I believe all that you put forward through your Church and in whose faith I want to live and die... Beloved Jesus, absorb me so that the plenitude of your sea absorbs this small drop of water.

<sup>5)</sup> Lord, infuse into my heart the humility and the charity of Your heart, so that I might love as myself, all mankind with Your same love...

6) Send us Your Spirit, beloved Jesus, so that we can live together in holy peace until we enter into the Kingdom of Your eternal love.

7) Sweet Jesus, have mercy on me and do not allow me to succumb to vanity. Give me the fire that you came to light on earth, so that with more passion I may love you more perfectly in conformance solely with You so that I may follow you more closely.

8) Lord, renew my being; uproot this languid and miserable spirit, and animate me always with the Spirit of Your fervent love. Please do not allow me to become lukewarm...

9) Lord, pardon Your people and see with eyes of Mercy Your servants whom You redeemed with Your most precious blood.

10) Oh, Mother of Jesus and my Mother, I offer You my poor heart; purify it to be a worthy dwelling place for You and Your Son. You will always be worthy of my veneration, of my love and of my confidence.

11) Our Lady, please be so kind as to open Your heart and receive me in it with Your children and true servants. Obtain for me the grace to imitate You; help me when I am in danger; comfort me in sorrow and help me in the hour of my death.

12) Lord, I have recourse to Your heart, so that You can shelter me in it with Your warmth and to defend and comfort me.

**ARK-121b**

**May-95**

1) My Jesus, bring me closer to Your Heart through the wound on Your side, so that I will live in You and not in me. United with Yours, make that my heart be closed eternally to Your

enemies, dead to worldly things, open for You, breathing for You and loving You above all things.

2) Oh Lord, remove all impediments in me so that I come closer to You.

3) Jesus received in the Sacrament, be for us that sanctifying fire, that purifying fire, that transforming fire, that illuminating fire. Imprison our hearts in such a way, that being captives of Your love, our hearts will never be free nor far from You.

4) O most loved Spouse of my soul, enlighten me; shine your light on me so that I may recognize You perfectly and may adore You fervently.

5) When You come to me through Communion, destroy in my soul whatever is contrary to Your Spirit. Renew and sanctify my body and soul so that, consecrated and animated by You, I be only Yours.

**ARK-121c**

**Jun-95**

1) Infinite sweetness, You live and reign. Be triumphant in me for Your honor and so that all may be pleasing to Your heart and may become Your glory.

2) Lord, cure my repeated illnesses, correct my defects and increase my strength so that I will not weaken on life's journey.

3) My Jesus, teach me to do Your Holy will and direct my steps until the end.

4) Lord, remove from our hearts all harmful suspicion, all rage, all disgust and everything that can adversely affect charity and diminish fraternal love.

5) Beloved Jesus, make my life a perfect and perpetual sacrifice of Your love.

6) Lord, give us strength to resist, patience to tolerate and constancy to persevere.

7) Everything that is in Heaven and on earth is Yours, oh Lord. I offer myself to You in voluntary sacrifice and I want to remain yours forever.

8) Lord, I commend myself to Your Mercy; into your hands I give myself. Allow me, like Catherine of Sienna, to tell You in every Confession: "I have gone to the blood of Christ."

9) Lord, I recognize your grandeur; I recognize my smallness. I am conscious of my nothingness and I love You and adore You, because a God so immensely Omnipotent loves me as I am, a sinner, miserably unworthy of that love. Please Jesus, mold me to be worthy of all You give me.

10) If You keep quiet, my Lord, I suffer. If You do not visit me, my God, all is lacking in me. Do not leave me without this loving presence, my love, for I am waiting for You.

11) Please, my Jesus, help me not to fail You nor to fail my friend. I want to fulfill her needs; make me agile and help me to serve her according to her needs. In this way I serve You and in loving her, I will love You more.

12) Please, my Lord, help XX, save her and cure her. Jesus, You are life and this is the time when You come again to teach Your Mercy. All glory goes to You for saving that young life. I ask it of You in the name of Your Mother. Help her, my love, my ALL.

<sup>13)</sup> Jesus, loving spouse of my soul, how much I desire You, how much I need You to fill my spirit. You are my life and my happiness, my virtue, my richness, my rest, my sweetness and all my happiness.

<sup>14)</sup> Lamb of God, You who takes away sins, be obedient to the goodness of Your heart and come full of Mercy.

**ARK-121d**

**Jul-95**

<sup>1)</sup> Lord, I knew that the Holy Mass was important, but I am so clumsy and so unworthy that I never imagine the extent of its Majesty. Pardon me for always looking for an excuse not to attend daily my encounter with You. Help me, my beloved, to go to that daily encounter and to glorify the Father and in Him, You and the Holy Spirit.

<sup>2)</sup> Jesus of my life, today I want to ask You again for XX. Lord, You are life; You are health, just as Your Father is the creator. I implore you, send Your Healing Spirit to her and give her the time needed to realize her motherly dreams.

<sup>3)</sup> I ask You through Your Mother, who is “health for the sick and hope for the needy.” Listen to my prayer, oh God, and help her for the greater glory of the Most High and the good of that family.





## **APPENDIX A**

### **THE CHURCH DECREE COMMISSIONING THE APOSTOLATE OF THE NEW EVANGELIZATION**

*Translated from the original official document in Spanish:*

#### **ARCHDIOCESE OF COCHABAMBA**

Casilla 129-Telfs.: (042) 56562 (042) 56563

Fax (042) 50522-Cochabamba, Bolivia

#### **DECREE 1999/118**

#### **MONSGR. RENÉ FERNÁNDEZ APAZA ARCHBISHOP OF COCHABAMBA**

Considering that the founders of “the Apostolate of the New Evangelization” (A.N.E.) have applied with the following documentation for formation as a private catholic association.

That the goals and objectives of “the Apostolate of the New Evangelization” concur with the directives for the lay apostolate as per the Second Vatican Council and the Magisterium of the Catholic Church.

That according to the Code of Canon Law the rightful Church authority to form an association of a private nature for the faithful and to grant it legal solicitorship is the diocesan Bishop within its territory (c.312).

#### **WE DECREE**

Article 1. To approve the constitution of “the Apostolate of the New Evangelization” (A.N.E.) as a private Catholic association, with ecclesiastic legal solicitorship in accordance to the Code of Canon Law (cc. 113-123, 298-329) and other standard appropriateness.

Article 2. To consider reviewed the statute of “the Apostolate of the New Evangelization,” attached to this decree.

We strongly urge the founders, directors, and members of the A.N.E. to faithfully comply with the goals of the association and to promote the New Evangelization under the guidance of the Church magisterial and its legitimate pastors.

Given by the Archbishop of Cochabamba on the first day of May, 1999.

[seal of Archdiocese]

/signed/

+ MONSGR. RENÉ FERNÁNDEZ APAZA  
ARCHBISHOP OF COCHABAMBA

BY ORDER OF THE ARCHBISHOP

/signed/

ENRIQUE JIMENEZ, CHANCELLOR

## **APPENDIX B**

### **WHAT IS THE ANE AND ITS MINISTRIES?**

**W**e are a lay apostolic movement who have listened to the call of the Lord, and we have decided to place ourselves at His service.

We try to carry the Good News of the Gospel to all our sisters and brothers, in order to contribute to establishing the Kingdom of God among men and women.

Committed to Jesus Christ and the Catholic Church, we respond to the call of John Paul, II as he insistently declared in his three most often repeated phrases during the course of his pontificate:

“Be saints”; “This is the time for the laity”; and “Let us promote the New Evangelization of the world”. We assume responsibility for working with energy and creativity on the New Evangelization, by attempting to utilize effective strategies and methods to call to conversion men and women of our times.

#### **Our Goals**

To spread among men and women the living presence of our Lord Jesus Christ and to help them to live their faith in accordance with the Gospel, united to Mary in prayer.

To establish small church communities “Little Houses of Prayer” where we are formed in prayer and knowledge of the Gospel, within the lines set out by the Magisterium of the Church, attempting to give witness to a life that is consistent with the teachings of Jesus.

To promote the spiritual and human growth of those who join the Apostolate, motivating the sacramental life of each one of them and facilitating the study of Sacred Scriptures, documents of the Church, lives of Saints and ANE's own bibliographical material.

Members of ANE have the duty to evangelize each other, and to evangelize and assist and help those most in need, which is nothing more than "evangelizing" through their witness and example.

### **Our Ministries**

"Come, you who are blessed by my Father. Inherit the Kingdom prepared for you from the foundation of the world. For I was hungry and you gave Me food, I was thirsty and you gave Me drink, a stranger and you welcomed Me, naked and you clothed Me, ill and you cared for Me, in prison and you visited Me... Amen, I say to you, whatever you did for one of these least brothers of Mine, you did for Me." (Mt 25, 34-35. 40)

Among those Ministries, the following are the most outstanding:

**Caring for the Sick:** Spiritually assisting the sick and their family members, especially in hospitals and other health centers: a) Helping those sisters and brothers who go before us, to have a "good death", through prayer and frequent receiving of the Sacraments; b) Consoling and strengthening in God, family members of the sick; c) Encouraging those who are temporarily sick to offer their suffering to the Lord and to draw near Him by using whatever circumstance they are living through.

**Support for the Church:** Seeking the resources to be able to work together with people who need material help: Parishes, nuns and priests, seminaries, marginal families and in general, those with scant resources.

**Ministry of Communication:** Producing the messages of evangelization intended for wide distribution, whether through radio, television, videos, daily papers, our magazine, the Internet, audio tapes and CD's.

**Catechesis:** Planning, coordinating and supervising catechetical formation of those working for ANE as well as the contents of the Catechism during the carrying out of evangelization.

**Penitential Work:** Accompanying those sisters and brothers who have suffered the misfortune of temporarily losing their freedom by inviting them to experience liberation of soul through the Lord, by reminding them that there is a reality which is different from that harsh environment that surrounds them and that our true hope must be placed in God. In the Prison at Mérida, our Apostolate is in charge of the section of those suffering from AIDS.

**ANE Pro-Life:** Unceasingly working to spread campaigns for the defense of life and responsible fatherhood, and against abortion, euthanasia and cloning.

**ANE Homes:** "Centers of Assistance from the Apostolate of New Evangelization". Helping in a direct way those most in need through meals and clothing for people, medical dispensaries, catechesis and evangelization programs, rehabilitation programs, literacy planning, delivery of provisions and counseling services.

**Small Houses of Prayer:** Coordinating the work for the orderly development of the structure of ANE and promoting the link between the different groups which make up our Apostolate.

## Apostolate of the New Evangelization

### APPENDIX C

#### NOTE FROM THE ANE

The books of “The Great Crusade” make up a collection of volumes, which are already more than 15 in number [in Spanish], and its teachings convey the spirituality of the Apostolate of the New Evangelization (ANE), which is based on Sacred Scripture and the Catechism of the Catholic Church.

The ANE is a Catholic lay movement, which arises in response to the insistent call of John Paul II to all the baptized, to commit themselves to the task of promoting the Good News, that Christ has died and risen again in order to save us from sin.

As Catholics that we are, we fully abide by the Magisterium of the Catholic Church, which states the following in regards to the matter of private revelations:

**Canon 66:** “The Christian economy, therefore, since it is the new and definitive Covenant, will never pass away; and no new public revelation is to be expected before the glorious manifestation of our Lord Jesus Christ. (Vatican Council II, Dogmatic Constitution ‘*Dei Verbum*’ 3 AAS 58)

Yet even if Revelation is already complete, it has not been made completely explicit; it remains for Christian faith

gradually to grasp its full significance over the course of the centuries.”

**Canon 67:** “Throughout the ages, there have been so-called “private” revelations, some of which have been recognized by the authority of the Church. They do not belong, however, to the deposit of faith. It is not their role to improve or complete Christ's definitive Revelation, but to help live more fully by it in a certain period of history.

Guided by the Magisterium of the Church, the *sensus fidelium* knows how to discern and welcome in these revelations whatever constitutes an authentic call of Christ or his saints to the Church.

Christian faith cannot accept ‘revelations’ that claim to surpass or correct the Revelation of which Christ is the fulfillment, as is the case in certain non-Christian religions and also in certain recent sects which base themselves on such ‘revelations’.”

*Catechism of the Catholic Church*  
*Canons 66 & 67*

You will notice on the inside page of our books the stamp or “IMPRIMATUR” granted by the Bishops of the Catholic Church, of the Latin and Chaldean Rites. Some have been translated into more than eight languages and have been recommended by several bishops who judge that the reading of them will facilitate spiritual growth among faithful Catholics.

The first books of the “Great Crusade” series were not printed with “offset” but were distributed by photocopies taken directly from the first original transcriptions.

With the passage of time, certain persons –clearly with the best of intentions– collaborated in “a second transcription and

formatting of the texts” to photocopy them, given the fact that “the copies of the copies” turned out to be illegible in some cases. Unfortunately, in the process, there were so many spelling and typographical errors committed, that the meaning of the texts was altered and many problems were created.

Precisely for that reason, the Apostolate of New Evangelization, at the suggestion of some priests and bishops, took the decision to request that readers should not make any further transcriptions of these texts, for any reason or under any circumstance, without the strict surveillance and the due authorization of our Director General.

## **Apostolate of the New Evangelization**

### **APPENDIX D**

#### **HELP THE ANE TO HELP**

**A**ll these books constitute a true gift from God for people who desire to grow spiritually, and it is for that reason that the sale price barely covers the cost of their printing and distribution.

However, as disciples of Christ, the Apostolate of New Evangelization, among other activities, is developing a wide range of spiritual and corporal works of mercy to the needy in seven charitable locations which distribute food and clothing to the people, and hundreds of places supplied with basic foodstuffs from the family basket, by promoting evangelization and catechesis in distant villages, and by providing spiritual and material support to our brothers and sisters in any number of jails and hospitals (mainly in Latin America).

All this work can only be carried out through the generosity of people who responding to the Voice of the Lord, are supporting those who are most in need and are donating their time, their efforts and their material resources for the purpose of this charity.

If you, the reader of this book find within yourself the desire to help us in the building of the Kingdom, please get in contact with us through the addresses and telephone numbers at the end of this Appendix. The harvest is great, but the workers will always be few.

Likewise, if you wish to contribute monetarily to the development of this Work, you can do so by making your tax deductible donation check payable to: “**ANE-USA**”. and mailed to: Love & Mercy Publications, P.O. Box 1160, Hampstead, NC 28443, USA. Donations can be sent along with book and video orders but they must be made with separate checks with the book and video order check made payable to: **Love and Mercy Publications**. Donations will then be transferred to the ANE International Headquarters.

In the name of the Lord, we thank you in advance for any help you can offer us, and we entreat Him who is generous and provident, to reward you one hundredfold.

May God bless you,

**Apostolate of the New Evangelization**

## **ANE OFFICES**

www.a-n-e.net - www.jesucristovivo.org

### **HEADQUARTERS:**

Calle 1- H N° 104 X 20  
Col. México Norte, C.P. 97128  
Mérida, Yucatán, México  
Telephone: (52) (999) 944 0540  
(52) (999) 948 30 05  
Telefax: (52) (999) 948 1777

### **CONTACT FOR HELP:**

ane.internacional@gmail.com

## **APPENDIX E**

### **LOVE AND MERCY PUBLICATIONS BOOKS & VIDEOS**

**L**ove and Mercy Publications is part of a non-profit (IRS 501c approved), religious, educational organization dedicated to the dissemination of books, videos and other religious materials concerning the great Love and Mercy of God. As part of its mission, this organization distributes with permission the books containing messages dictated by Jesus and the Virgin Mary to Catalina (Katya) Rivas as well as other related materials. The contents of these have been reviewed by Catholic Church authorities and found to be consistent with the faith and teachings of the Church. Further information on this can be found at the beginning of each book.

The books are available in the original Spanish, in English and some other languages at no cost on the Internet at:

[www.LoveAndMercy.org](http://www.LoveAndMercy.org) . Also, they are available to order as printed books from Love and Mercy Publications as follows:

### **Books on the Eucharist**

**The Holy Mass:** A profound teaching and testimony with a 2004 Imprimatur on the Holy Mass containing visions at the Mass and messages dictated by the Virgin Mary and Jesus to Catalina that can deepen one's spiritual experience at the Divine Liturgy. This is the most widely read of Catalina's books.

**Holy Hour:** A beautiful devotion with a 1998 Imprimatur to read and pray before the Blessed Sacrament that was dictated by the Virgin Mary to Catalina and includes traditional prayers and verses from the Bible. A reader can see and experience the great love that the Mother of God has for this most blessed of Sacraments.

**In Adoration:** A very special meditation with a 2007 Imprimatur about our faith and the Eucharist. It is a testimony of sublime teachings by Jesus and Mary on the love in the Eucharist and the Mercy of the Lord and contains 12 extraordinary promises from Our Lord for those who visit Him frequently in the Blessed Sacrament.

### **Books on the Passion**

**The Passion:** Reflections on the mystery of Jesus' suffering and the value that it has on Redemption as dictated by Jesus, God the Father and the Virgin Mary to Catalina. This is truly a profound account of the Passion of the Christ with a 1998 Imprimatur that will deeply touch and change hearts, increasing one's love for Jesus.

**The Stations of the Cross:** The meditations on the Passion of the Christ in this booklet were almost all extracted from "The

Passion” (see above) and the remainder was from the Bible. The mediations are organized to follow the traditional Stations of the Cross and will provide the reader with a very moving spiritual experience of walking with Jesus and hearing Him describe and explain His Passion as it transpired.

**From Sinai to Calvary:** Profound visions and teachings that were dictated by Jesus to Catalina concerning His seven last words during His Passion that were given to Catalina in December 2003-January 2004 time period. Completed in 2004 with an Imprimatur.

**I Have Given My Life for You:** A compilation of messages with a 2009 Imprimatur, that were given by Jesus to Catalina during the Lents of 2005, 2006, 2007, 2008 and 2009. Their beautiful content is a new call of the Lord to each reader, to unite to Him in the dramatic moments in which He prepared to surrender His Life for the salvation of humanity.

### **Books on other Themes**

**Divine Providence:** A profound teaching on death and reconciliation including visions and messages dictated by Jesus to Catalina as well as her personal account coinciding with and concerning the deaths of her mother and brother within days of each other in June 2003. This book has a formal recommendation of the Archbishop Emeritus of Cochabamba. This book can give much hope and comfort to all people, for all experience during life the death of loved ones and all will ultimately experience death and a birth to eternal life. A reader of the book can also gain a deeper understanding of the Sacraments of Reconciliation and the Anointing of the Sick.

**My Broken Christ Walks over the Waters:** Catalina’s testimony with a 2005 Imprimatur on the written work of Fr. Ramón Cué,

SJ, "My Broken Christ" which profoundly touched her. Catalina seeks not to draw attention to herself but rather to Jesus and thus, she has shared little of her personal story in the past. But in her recent books, this one especially, we begin to perceive the essence of Catalina's soul and the depth of her spirituality and love of Jesus and His Mother

**The Visible Face of an Invisible God:** A testimony with a 2005 Imprimatur that speaks to us about the importance of living our Christianity consciously and of deepening our conversion. It invites us to rediscover the commitment that we, being baptized, have acquired, so that we can assume this responsibility with the befitting seriousness.

**Praying the Rosary:** At the beginning of "The Holy Mass", Catalina referred to the Lord and the Virgin Mary providing instructions to her on how to pray the Rosary. These messages having been dictated in the Formational Books (see below), all of which had received a 1998 Imprimatur. This booklet is a compilation by Love and Mercy Publications of a number of these messages.

### **Set of 7 Books of Formational Teachings**

These are the initial books of teachings dictated by Jesus and Mary to Catalina from 1993 to 1998, all with a 1998 Imprimatur. A person cannot seriously read and study the full set of these formational teachings of Jesus and Mary without finding one's faith, hope and love for God and neighbor profoundly strengthened and deepened. It is strongly recommended that the books be read in chronological order which is: **Springs of Mercy, Ark of the New Covenant, The Passion** (*same book as described above*), **The Great Crusade of Love, The Door to**

## **Heaven, The Great Crusade of Mercy and The Great Crusade of Salvation.**

Catalina continues to receive messages. Please visit [www.LoveAndMercy.org](http://www.LoveAndMercy.org) to check on current availability of the books of Catalina.

### **Other Recommended Book & Videos**

**Related Book - "Reason to Believe":** A statue weeps and bleeds in the same city that Catalina Rivas writes profound teachings she says are dictated by Christ. Elsewhere, a communion host (bread) changes to living flesh. Are these claims true? What does Science have to say? This is a fascinating journey of Australian lawyer, Ron Tesoriero, in pursuit of answers. On the way he invites a well-known and highly respected journalist Mike Willesee to join him. What they discover will confront the mind and heart of every reader.

### **DVD-Video - A Plea to Humanity**

This video documents recent remarkable supernatural events in Bolivia. The video was produced by the Australian attorney and documentary producer, Ron Tesoriero. The video also includes footage from the 2-hour, prime-time, FOX TV broadcast, "*Signs from God - Science Tests Faith*," on the bleeding statue of Christ and on Catalina's messages.

### **DVD-Video - The Eucharist - In Communion with Me**

This documentary is an educational and evangelical instrument to acquaint people with this most important Sacrament. It also deals briefly with certain Eucharistic miracles approved by the Catholic Church. These are powerful reminders of the true presence of Jesus Christ in the Eucharist. This documentary was produced by Michael Willesee and Ron Tesoriero.

## NEW DVD JUST RELEASED

### SCIENCE TESTS FAITH

*~ Following the Trail of the Blood of Christ ~*

**Hear the Story unfold as Science finds: Blood & Flesh, Human DNA, Heart Muscle and White Blood Cells, all in a Bleeding Consecrated Host as the Truth of the Eucharist is revealed by Science!** Yet science cannot produce a detailed DNA profile from not only the Host but also from a bleeding statue of Christ. These intriguing and very extraordinary scientific findings are presented in detail in this DVD by compelling and thought provoking witnesses to their faith, Ron Tesoriero, attorney and documentary producer, and Mike Willesse, senior Australian TV Investigative Journalist, who build a powerful fact-based case for belief in the Eucharist. The DVD includes their September 2009 USA presentation and exclusive interview covering the scientific results of these Catholic Church commissioned investigations into a bleeding statue of Christ and a recent Eucharistic miracle. The DNA and forensic studies present a strong testimony for a renewed love and belief in the true presence of Jesus in this Most Holy Sacrament.

**Also on this DVD are PDF files of Catalina's books in both regular and large print versions.** Just insert the DVD into a computer DVD drive and open the "Book\_Menu" file on the DVD to select and read/print the books for free.

**LOVE AND MERCY PUBLICATIONS  
P.O. Box 1160, Hampstead, NC 28443 USA  
[www.LoveAndMercy.org](http://www.LoveAndMercy.org)**

## PURCHASING BOOKS & VIDEOS

Please visit [www.LoveAndMercy.org](http://www.LoveAndMercy.org) for the most current information on available books and DVDs including pricing, shipping and ordering information.

